

## Community Directory

**New Plymouth, South Taranaki, Stratford**

Created 05/05/2021

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# Addiction

**Alcohol & Drug Service - Taranaki District Health Board**

FSD0005043 Last updated 24/10/2020

Taranaki District Health Board, Alcohol and Drug Service will, in conjunction with relevant community agencies, both urban and non Maori, actively promote public health policies.

Taranaki Base Hospital 27A David Street Westown New Plymouth 4310



paula.pepper@tdhb.org.nz  Monday-Thursday, 8am-4.30pm

(06) 753 7838 Friday 8am-4pm http://www.tdhb.org.nz

Freephone 0508 292 4672 All services free of charge. No referral required.

**CoastalCare**

FSD0023051 Last updated 16/11/2020

We provide a facility and structure that hosts modern health and social service delivery for the people of Coastal Taranaki and support people required to go out of the region to receive care.

See Services for a list of the services and organisations hosted.

26 Napier Opunake 4616



info@coastalcare.co.nz  Mon - Fri 8.30am - 5pm (06) 761 8488 Sat - 9am - 12 midday Pharmacy only (021) 729 471 Some charges may apply. http://coastalcare.co.nz/ No referral required.

**Families Overcoming Addiction**

FSD0023389 Last updated 17/11/2020

We provide support and information for people affected by a loved-one's alcohol and/or drug use.

familyaddictionhelpnz@gmail.com  Our group meets weekly, Monday evenings, 6pm (027) 335 0391 - 8.30pm, Ph: 0273550391 for venue and other

details.

All services free of charge. No referral required.

**Future 4U Limited**

FSD0020563 Last updated 16/02/2021

Future 4U assists individuals and families to rebuild lives impacted by alcohol or drug addictions. If you have an alcohol or drug addiction Future 4U can help. We provide counseling support in the area of Sex & Porn addiction. Yvonne provides support to families/ significant others in chemical and non chemical addiction. General counseling is provided by Future 4U.

Level 3, Devon Centre Building 44 Liardet Street New Plymouth 4342



yvonne@future4u.co.nz  Tuesdays to Friday : 9am to 5pm.

(027) 235 4197

http://www.future4u.co.nz Thursday Yvonne works in Stratford at the Stratford Community House.

Some charges may apply. Referral may apply.

**Life Education Trust - Taranaki**

FSD0005023 Last updated 16/04/2021

Two mobile classrooms and two educators reach every Primary and Intermediate school student in Taranaki with a positive health based message giving knowledge & skills that will keep them free from harmful substances.

137 Wairau Road Kaitake New Plymouth 4310 taranaki@lifeed.org.nz  Please feel free to contact us via email any time.



(021) 842 445 All services free of charge.

(027) 543 3019 Referral may apply. http://www.lifeeducation.org.nz/

**Taranaki District Health Board Resource Centre**

FSD0019566 Last updated 20/07/2020

Provide health education resources on the following topics:

* Breast Screening
* Child Health & Safety
* Communicable Disease
* Diabetes
* Education
* Elderly
* Environmental Health
* Family Violence
* Food Safety
* Hearing
* Immunisation
* Mental Health
* Newborn
* Nutrition & Physical Activity
* Oral Health
* Sexual Health
* Substance Misuse
* Women's Health & Pregnancy

Public Health Unit - Lvl 1, Barrett Building - Tukapa Street Westown New Plymouth 4310 resource.room@tdhb.org.nz  Monday to Friday: 8.00am - 4.00pm



(06) 753 7777 extn 8862 All services free of charge. http://www.tdhb.org.nz/services/public\_he No referral required. alth/health\_promotion.shtml

**The Salvation Army - New Plymouth**

FSD0005098 Last updated 19/04/2021

Worship, community and welfare services of The Salvation Army

 Cnr Dawson & Powderham Streets 118 Powderham Street New Plymouth 4310 newplymouth\_corps@nzf.salvationarmy.o  10am - 2pm Monday to Friday. rg Some charges may apply.

(06) 758 9338 No referral required.

https://www.salvationarmy.org.nz/centres/ nz/taranaki/new-plymouth/new-plymouthcorps

**Tui Ora Ltd**

FSD0005120 Last updated 18/12/2020

Committed to enhancing health and wellbeing of Taranaki Maori through our provider network. Tui Ora is an integrated care organisation. Integration involves the principles of tikanga, quality, partnership, excellence.

36 Maratahu Street New Plymouth 4310



reception@tuiora.co.nz  8:30am - 5:00pm Monday to Friday.

(0508) 496 884 (Youth Service only) Some charges may apply.

(06) 759 4064 (Main reception) Referral may apply. http://www.tuiora.co.nz

**Classification : YS**

# Basic Needs

**Active Intentions**

FSD0004949 Last updated 27/10/2020

To provide quality, effective counselling service. Also offering education, mediation and workplace interventions.

Powderham Business Centre 117 Powderham Street New Plymouth 4310 counsellor.sylvia@gmail.com  Monday- Friday, 9am - 5pm (excluding



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| --- | --- |
| (027) 600 0302 http://www.sylvia-huitsonactiveintentions.co.nz      **Aurora Centre** | Wednesdays)  Some charges may apply. No referral required. |
| FSD0005036 | Last updated 22/11/2020 |

A team of qualified, professional counsellors/therapists who respect the individuality of people and their cultures.

59 Lemon St New Plymouth 4310



Beth@auroracentre.org.nz  8.30 am - 6.30pm Monday - Friday

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| (06) 758 4579  (027) 287 6722 (text only) http://auroracentre.org.nz      **Barnardos - Taranaki** | Some charges may apply. No referral required. |
| FSD0006799 | Last updated 21/03/2021 |

Barnardos provide a range of care, education and support services developed specifically for New Zealand children and their families. The services we provide reflect our commitment to ensuring that all children are able to receive the very best start to life.

 186A Tukapa Street New Plymouth 4310

|  |  |
| --- | --- |
| taranaki.amu@barnardos.org.nz  (06) 753 3484 (0800) 227 627 http://www.barnardos.org.nz | 8 am - 4 pm Mon - Fri  Some charges may apply.  No referral required. |

**Cancer Society of NZ - Central Districts Division - Taranaki Centre**

FSD0004971 Last updated 03/05/2021

To provide information, care and support to people and their families affected by cancer (refer children/teenagers to child cancer or Canteen). Support and volunteer service, health promotion and education. Shuttle service.

TSB Cancer Support Centre 71 Lorna Street Westown New Plymouth 4310 enquiries.tar@cancercd.org.nz  9am - 3.30pm Monday to Friday



(06) 757 3006 All services free of charge. https://www.cancer.org.nz/about-us/find- No referral required. a-cancer-society-office-near-you/taranaki/

**Citizens Advice Bureau - Central Taranaki**

FSD0006904 Last updated 08/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

270 Broadway Stratford centraltaranaki@cab.org.nz  Mondays: closed.



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| (06) 765 5250 http://www.cab.org.nz | Tuesday to Friday 10am - 1pm All services free of charge.  No referral required. |

**Citizens Advice Bureau - Hawera**

FSD0006892 Last updated 08/04/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

22 Union Street Hawera



hawera@cab.org.nz  Mon - Fri 9.30am - 12.30pm Note we are only

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| (06) 278 3156 (0800) 367 222 http://www.cab.org.nz | open via phone, email and online chat All services free of charge.  No referral required. |

**Citizens Advice Bureau - New Plymouth**

FSD0006898 Last updated 01/10/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau.

The service can be accessed by phone, email or in person.

Community House 32 Leach Street New Plymouth



newplymouth@cab.org.nz  Mon - Fri 9.30am - 3.30pm.

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| --- | --- |
| (06) 758 9542 (0800) 367 222 http://www.cab.org.nz      **CoastalCare** | Legal Services Mon 7.15pm - 9pm (by appointment only).  JP Services Mon 10am - 12.30pm.  All services free of charge. No referral required. |
| FSD0023051 | Last updated 16/11/2020 |

We provide a facility and structure that hosts modern health and social service delivery for the people of Coastal Taranaki and support people required to go out of the region to receive care.

See Services for a list of the services and organisations hosted.

26 Napier Opunake 4616



info@coastalcare.co.nz  Mon - Fri 8.30am - 5pm

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| (06) 761 8488  (021) 729 471 http://coastalcare.co.nz/ | Sat - 9am - 12 midday Pharmacy only Some charges may apply.  No referral required. |

**Community Housing Action Taranaki - CHAT**

FSD0005140 Last updated 06/07/2020

Providing short term emergency housing for families.

28 Young Street New Plymouth



info@taranakidic.org.nz  9am - 5pm Monday to Friday

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| --- | --- |
| (06) 759 0019 | Some charges may apply. Referral may apply. |

**Dress for Success New Plymouth**

FSD0023398 Last updated 26/03/2021

Our job at Dress for Success New Plymouth is to help you look and feel great by providing a range of free services and advice to boost your confidence and increase your chances of getting a job.

Level 2, Devon Centre 44 Liardet Street New Plymouth 4310 newplymouth@dressforsuccess.org  Monday to Friday 8am - 3pm (022) 407 5997 All services free of charge. https://newplymouth.dressforsuccess.org/ Referral may apply.



**Eltham Care Rest Home**

FSD0005090 Last updated 15/06/2020

To enable residents whether able or disabled to live with dignity and pursue their own concept of a full and happy lifestyle. Our aim is to care for the whole person, providing for each individuals physical, mental, emotional, cultural and spiritual wellbeing.

54 Maata Road RD18 Eltham 4398 carly@elthamcare.co.nz  RN Manager on site Mon - Fri 8am - 5pm.



(06) 764 8330 Carers on Site 24/7

(021) 028 60682 RN clinical on site Mon - Fri https://www.facebook.com/elthamcare/?re Some charges may apply. f=bookmarks No referral required.

**ELTHAM Community Care Group**

FSD0005149 Last updated 27/09/2020

Provide trained advocates for beneficiaries; counselling, financial information and budget services for low income earners; liaison with Work and Income about job contacts.

Food, clothing and furniture emergency post.

82 Bridge Street Eltham 4322



(06) 764 8384  Office: Wednesday 10.30 - 12.00

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| **Family Works Taranaki** | OP Shop opening hours: Tues-Friday 10am-2pm Some charges may apply. No referral required. |
| FSD0002175 | Last updated 23/07/2020 |

Family Works is a family-focused social service agency. We support and empower children, teens, families, whnau and communities to thrive and reach their full potential. Our vision is for Aotearoa New Zealand to be the best place in the world to grow up – a place where children, families and whnau truly flourish.

Our services include social work, counselling for children, teens and adults, couples, and families, parenting advice and education, Family Dispute Resolution, and support for people who have experienced family violence. We provide these services throughout Taranaki including New Plymouth, Stratford, Waitara and Hawera.

 69 Corbett Road Bell Block New Plymouth 4310

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| familyworks-taranaki@psc.org.nz  (06) 758 5037 http://www.familyworkscentral.org.nz | Office Monday-Friday 8:30am-5pm Some charges may apply.  No referral required. |

**Foodbank - Inglewood Community**

FSD0004954 Last updated 12/03/2021

To provide food for individuals and families in emergency situations.

Forrestal Lodge 23 Rimu Street Inglewood 4330



(027) 282 2106  9.30am-10.30am on Fridays

(06) 756 8222emergency All services free of charge. https://www.foodbank.co.nz/inglewood- Referral may apply. foodbank

**Habitat for Humanity Taranaki**

FSD0004979 Last updated 22/02/2021

Selects families for homeownership:

Families are selected according to their housing need, and their ability to repay the loan and their commitment to partner with Habitat after an initial tenancy agreement between 3 to 5 years.

Habitat does not discriminate according to race, religion or ethnic group.

The families invest 450 hours of "sweat equity" in their new Habitat home and 50 hours of education.

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| taranaki@habitat.org.nz  (06) 755 1225  (021) 296 4164 https://habitat.org.nz/taranaki/ | Answerphone available all hours.  Some charges may apply.  No referral required. |

**Hawera Budget Advisory Service**

FSD0004956 Last updated 23/06/2020

To work with individuals and families to build on their financial capability, and future proof themselves by learning skills and goal settings. We also advocate on behalf of clients to help them reduce debt and ensure they are getting their correct entitlements

46 Union Street Hawera



info@hawerabudget.co.nz  9.30am - 2.30pm Mon- Thur plus other times by

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| --- | --- |
| (06) 278 8448  (0800) 333 048    **Classification : BFC**    **Hawera Foodbank (Inc)** | appointment, including evenings All services free of charge. No referral required. |
| FSD0005025 | Last updated 03/08/2020 |

We are a voluntary organisation with approximately 25 members. We feed people from Manaia to Patea. We have donations of food and moneys. We rely on grants.

Shore Building 70 Albion Street Hawera



(06) 278 6615  Mondays 10.00am to 12noon or by referral from

WINZ, Budget Service or Police.

Koha/donation may apply. Referral may apply.

**Hoiho Whakaora Tangata**

FSD0023153 Last updated 25/03/2021

To provide specialist support with Equine Assisted Counselling using EAGALA principles. Located in Taranaki we are proud to be a part of the development of horse assisted counselling and therapy in New Zealand.

hoihowhakaoratangata@gmail.com  Please email to discuss.

http://horseshelpingpeople.co.nz Some charges may apply.

No referral required.

**LinkPeople**

FSD0023215 Last updated 11/09/2020

To assist and navigate with consumers coming from secondary mental health services back into their communities and supporting their GP's.

Puriri House 220 Devon Street West New Plymouth 4340



info@linkpeople.co.nz  8.30am-5.00pm Monday-Friday

(06) 769 9160 All services free of charge.

(0800) 932 432 Referral may apply. http://www.linkpeople.co.nz

**Manna Healing Centre**

FSD0005073 Last updated 20/11/2020

Short-term respite care (up to three weeks at a time) providing breaks for people needing time out. People come through Mental Health, drug and alcohol, church groups or word of mouth, We are Christian based.

134 Wairau Road RD 4 New Plymouth mannahealingcentre@gmail.com  Office Hours 8am - 8:30pm, Monday - Sunday.



(06) 752 7620 Some charges may apply.

No referral required.

**Migrant Connections Taranaki**

FSD0021625 Last updated 28/09/2020

Migrant Connections Taranaki is a free service aimed at a broad migrant support which includes skilled and non-skilled migrants and their families.

Level 1, Vero Building 10 Devon Street East New Plymouth 4310 mctnz@xtra.co.nz  Monday-Friday (06) 759 0828 9.00am -3.00pm



http://www.migrantconnections.org.nz All services free of charge. Referral may apply.

**Classification : PACIFIC**

**Mininstry of Social Development - Stratford Service Centre**

FSD0007978 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

65-67 Miranda Street Stratford 4332



(0800) 559 009  8:30am-5:00pm Monday, Tuesday, Thursday,

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| http://www.workandincome.govt.nz | Friday.  9:30am-5:00pm Wednesday.  All services free of charge.  No referral required. |

**Ministry of Social Development - Hawera Community Link**

FSD0007975 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Unit 1 15 Union Street Hawera



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Ministry of Social Development - New Plymouth Community Link**

FSD0007977 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Dawson House 160 Devon Street West New Plymouth 4310



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Ministry of Social Development - Waitara Service Centre**

FSD0007982 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

25 Queen Street Waitara



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**New Plymouth Budget Advisory Service**

FSD0005062 Last updated 25/09/2020

All services offered are free:

1. One on one financial/budget mentoring – Experienced, skilled mentors available in NewPlymouth, Waitara, Bell Block, Oakura & Inglewood.
2. Total Money Management – A type of budgeting assistance where the client assigns all or partof their income to the budgeting service to pay bills/debts on their behalf.
3. Nga Tangata Micro Finance loans – The Trust offers small, safe, fair loans to qualifyingapplicants. No interest or fees are charged on the loans, conditions apply. 4. Money Mates (Managing your money courses) – Financial literacy program

Please do not hesitate to contact us if you would like to hear more.

We help individuals and families develop good money management skills through advocacy support information and advice. Our educational and awareness programmes aim to inform people of was to avoid a financial crisis.

Community House 32 Leach Street New Plymouth



office@npbudget.co.nz  9.00am - 5.00pm Monday to Friday. other times

(06) 758 5996 available by appointment (027) 319 4358 Koha/donation may apply. https://www.facebook.com/newplymouthb No referral required. udgetadvisoryservice/

**Classification : BFC**

**New Plymouth Community Foodbank**

FSD0023223 Last updated 20/04/2021

The New Plymouth Community Foodbank was established to provide food assistance to the poor and disadvantaged in New Plymouth. We provide a helping hand up not a hand out and work with local business' and organisations to reduce food waste in order to provide food assistance to the community.

40 Vivian Street New Plymouth 4310



manager@newplymouthfoodbank.org.nz  Monday, Wednesday and Friday 12.30 to 2pm

(06) 758 2757 for clients and 9am to 2pm for donations. (021) 077 8346 All services free of charge.

No referral required.

**New Zealand Red Cross - Inglewood**

FSD0004994 Last updated 16/04/2021

Providing necessary services to residents of the district who need them and who are unable to provide them by other means.

10 Koromiko Street Inglewood



donreevenz@gmail.com  24/7

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| (06) 756 8388 (0800) 733 276 https://www.redcross.org.nz | Meeting: 1:30pm, 3rd Wednesday of the month All services free of charge.  Referral may apply. |

**New Zealand Red Cross - Taranaki Service Centre**

FSD0004983 Last updated 30/07/2020

To Improve the lives of vulnerable people and enhance community resilience.

Red Cross - Taranaki Service Center 116 Gill Street New Plymouth New Plymouth newplymouth@redcross.org.nz  Office hours - Mon - Fri 9.00a.m. - 4.00p.m.



(027) 474 5318 Some charges may apply.

(0800) 733 276 (RED CROSS) Referral may apply. http://www.redcross.org.nz

**Ngati Ruanui Tahua Limited**

FSD0005031 Last updated 05/02/2021

The vision of Ruanui health centre is to provide professional health services and education which will lead to independent health lifestyles and well being of it's whanau, hapu and iwi members. Oranga Wairua-Spiritual Wellness, Uranga Hinengaro-Mental Wellness, Oranga Tinana-Physical Wellness, Oranga Whanau-Family Wellness.

 41 Hunter Street Hawera 4610

admin.rhc@ngatiruanui.org  8.30am-5pm Monday to Friday

(06) 278 1310 Some charges may apply. https://www.facebook.com/ngatiruanuihea Referral may apply. lthcare/

**On The House**

FSD0024404 Last updated 28/09/2020

On The House collects surplus food from cafes and restaurants around New Plymouth. The food is then redistributed to individuals and families who need it. We do not have an application process nor do we ask questions, we operate on a zero judgement policy. Any food that is leftover after our shifts is donated to communities in New Plymouth who we know need it.

In the Community Hall 10 Henui Street Strandon New Plymouth 4312



info@onthehouse.org.nz  We are currently open on THURSDAYS, 4.45pm http://onthehouse.org.nz - 5.45pm. There is plenty of off and on street parking.

All services free of charge. No referral required.

**Opunake & District Foodbank**

FSD0005060 Last updated 12/12/2020

To provide emergency food parcels.

26 Napier Street Opunake 4616



info@coastalcare.co.nz  Mon - Fri - 9:30am - 3:00pm (06) 761 8488 All services free of charge.

No referral required.

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| **Positively Psyched**  FSD0019082 | Last updated 04/05/2021 |
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Positively Psyched Psychologists, Patrick and Kaye, are solution and family focused professionals who have a range of collective experience.

1A Rimu Business Park 55 Rimu Street Strandon New Plymouth 4312 patrick@positivelypsyched.co.nz  Monday to Friday 9am to 5pm



(027) 553 5534 Some charges may apply.

(021) 027 17672 No referral required. http://positivelypsyched.co.nz

**Pregnancy Help Inc - Taranaki Branch**

FSD0007398 Last updated 09/11/2020

Pregnancy Help supports the well being of pregnant and recently pregnant women, parents, caregivers and and their families/whanau by providing information and practical support with care, concern and confidentiality.

6 Romeo Street Stratford



taranaki@pregnancyhelp.org.nz  9:00am - 3pm Tuesday and Thursday

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| --- | --- |
| (06) 765 5042 http://www.pregnancyhelp.org.nz      **Raumano Health Trust** | 10.00am-4pm Wednesday  All services free of charge. No referral required. |
| FSD0004972 | Last updated 06/11/2020 |

Mission Statement: strive to be the leader of quality Maori Healthcare service. Objective:- oranga wairua - spiritual wellness, oranga hinengaro - mental wellness. Oranga tinana - physical wellness, oranga whanua - family wellness. Provide Mental Health services to Adults & Children.

39 Stafford Street Patea 4545



raumanotrust@gmail.com  Contact by phone or email only

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| (06) 273 6011  (027) 205 9660 | All services free of charge. Referral may apply. |

**Resolve Counselling**

FSD0023544 Last updated 29/03/2021

To deliver a quality, evidence-based counselling service to families that will address the mental health needs of their children and adolescents, and support the parents with the parenting issues they face.

1004 Plymouth Road Koru 4374 support@resolvecounselling.nz  By appointment. Thursday afternoons & Fridays.



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| (021) 147 3674 http://www.resolvecounselling.nz | Other times can be arranged.  Some charges may apply.  No referral required. |

**Society of St Vincent de Paul - New Plymouth**

FSD0005051 Last updated 11/01/2021

Assist with emergency assistance: food parcels, furniture, white ware, accommodation etc.

573c Devon Street East Fitzroy New Plymouth 4312



nunu92@hotmail.com  10am - 3.30pm, Monday to Friday (06) 758 6740 Some charges may apply.

No referral required.

**South Taranaki Whanau Centre**

FSD0005173 Last updated 01/02/2021

The centre provides Free empowerment courses like: Surviving Parenting, Self Esteem courses for Women and Teens(10-17) these courses are approved by the Ministry of Social Development.

These courses are designed around the awareness of Family Violence.

Other free courses we offer are: Free Grandparents raising Whanau; Free Positive Relationship; Free Raising Complex Kids (ADHD children); We provide support, advocacy to our clients and information to all Whanau.

 56 Disraeli Street Hawera 4610

stwc@xtra.co.nz  Mondays 9am -2.30pm (06) 278 3260 Tuesdays - Thursdays 9am - 4.30pm (027) 239 9831 All services free of charge. http://stwchawera.webs.com No referral required.

**Classification : FVSS**

**St Vincent de Paul - Hawera**

FSD0002187 Last updated 08/01/2021

Provide a service with sale of second hand clothing and other goods. To assist in practical ways in times of need.

243 High Street Hawera 4610



(06) 278 8266  9.30am -3.30pm, Monday to Friday

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| http://www.svdp.org.nz/ | All services free of charge. No referral required. |

**Stratford Community Foodbank**

FSD0004952 Last updated 23/03/2021

A foodbank to help people in emergency.

Stratford Community House 52 Juliet Street Stratford 4332 schadmin@stratfordcommunityhouse.org.  10am-12pm Tuesdays nz All services free of charge.



(021) 0241 7741 Referral may apply.

**Taranaki Women's Refuge**

FSD0007665 Last updated 15/04/2021

Women's Refuges work to raise public awareness of violence against women and children, promoting the prevention and elimination of violence, and the rights of women and children to care and protection. For support, please ring our free Taranaki Crisis Line: 0800 827 973. In an emergency, please ring 111 and ask for the Police.

We also offer a voluntary service (ASPIRE) for men who wish to make change and live a life free from Domestic Violence. A male social worker will work one-on-one with male clients.

NB: Face-to-face (kanohi ki te kanohi) service is provided from Mokau in the north and south to Patea and along the coast.

Level 2, Kings Building 36 Devon Street West Central New Plymouth 4340 admin@taranakiwomensrefuge.co.nz  24 hours (Support Crisis phone line).



|  |  |
| --- | --- |
| (06) 769 5553 (0800) 827 973 http://www.womensrefuge.org.nz      **Te Ara Pae Trust** | Community Office: Mon-Friday 9am-3pm Some charges may apply. Referral may apply. |
| FSD0006017 | Last updated 14/02/2021 |

Te Ara Pae provides counselling, social work and advocacy services, and an anger change programme to South Taranaki families and whnau.

276 High Street Hawera 4610



info@tearapae.org.nz  Te Ara Pae is open Monday to Thursday - from

|  |  |
| --- | --- |
| (06) 278 6399    **Classification : FVSS, SHSS** | 9am to 3pm.  All services free of charge.  Referral may apply. |

**Tenancy Services - New Plymouth**

FSD0006227 Last updated 18/03/2021

We offer advice and information for landlords and tenants who rent their homes. We administer the Residential Tenancies Act 1986. We receive and hold bonds until the end of a tenancy, we provide dispute resolution services, and we administer the State Housing Appeals Authority.

|  |  |
| --- | --- |
| info@tenancy.govt.nz (0800) 836 262 (0800) TENANCY  https://www.tenancy.govt.nz/ | To visit us for personal assistance you MUST make an appointment by calling 0800 836 262 Some charges may apply.  No referral required. |

**The Salvation Army - Central Taranaki**

FSD0002201 Last updated 22/03/2021

Worship, community and welfare services of The Salvation Army

- Cnr Fenton & Juliet Streets Stratford 4332



centraltaranaki.corps@salvationarmy.org.  Tuesday-Thursday 9.30am - 3.00pm nz Some charges may apply.

(06) 765 7969 No referral required.

https://www.salvationarmy.org.nz/centres/ nz/taranaki/stratford/central-taranakicorps

**The Salvation Army - Hawera**

FSD0002194 Last updated 17/04/2021

Worship, community and welfare services of The Salvation Army

19-23 Regent Street Hawera 4640



hawera.corps@salvationarmy.org.nz  By Phone, Food Bank Friday morning

(06) 278 8516 All services free of charge. http://salvationarmy.org.nz/centres/nz/tara No referral required. naki/hawera/

**The Salvation Army - New Plymouth**

FSD0005098 Last updated 19/04/2021

Worship, community and welfare services of The Salvation Army

 Cnr Dawson & Powderham Streets 118 Powderham Street New Plymouth 4310 newplymouth\_corps@nzf.salvationarmy.o  10am - 2pm Monday to Friday. rg Some charges may apply.

(06) 758 9338 No referral required.

https://www.salvationarmy.org.nz/centres/ nz/taranaki/new-plymouth/new-plymouthcorps

**Tu Tama Wahine o Taranaki - Tangata Whenua Development and**

**Liberation Service**

FSD0005091 Last updated 01/09/2020

To provide Kaupapa Maori based whanau services, this includes: Whanau Support, family violence services, counselling, social work, education programmes, training and community development projects. Empowering whanau, hapu and iwi is the basis for our work. Our services facilitate opportunities for whanau to gain a better understanding of development and liberation from the effects of oppression and historical trauma in the context of their lives today.

62 Powderham Street New Plymouth 4310



reception@tutamawahine.org.nz  9am - 4.30pm Monday to Friday and by

(06) 758 5795 arrangement. http://www.tutamawahine.org.nz Some charges may apply.

Referral may apply.

**Classification : FVSS, THP**

**Waitara Foodbank - Pataka Kai**

FSD0005079 Last updated 01/09/2020

To work with the people of Waitara in New Zealand and surrounding districts in establishing and maintaining a foodbank and in providing emergency food parcels to those in need.

To promote positive attitudes of self-sufficiency in recipients of provision from the foodbank.

To encourage recipients to seek budgetary advice and other assistance to avoid reliance on the foodbank.

To encourage and stimulate community involvement in and support for the foodbank.

To collaborate with other like-minded community organisations to provide community meals.

5 West Quay Waitara 4320



kaipotaka@gmail.com  Monday Wednesday and Friday 10-11am

Fill out a form and we will ring you to return to collect.

No walk-in requests.

Online form available

See Facebook page: Waitara Foodbank - Pataka

Kai

All services free of charge. No referral required.

**Work and Income - Taranaki Regional Office**

FSD0015270 Last updated 07/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

37 Dawson Street New Plymouth 4310 gail.bennett001@msd.govt.nz  All services free of charge.



(0800) 559 009 No referral required.

http://www.workandincome.govt.nz

# Budgeting / Financial Capability

**Citizens Advice Bureau - Central Taranaki**

FSD0006904 Last updated 08/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

270 Broadway Stratford centraltaranaki@cab.org.nz  Mondays: closed.



|  |  |
| --- | --- |
| (06) 765 5250 http://www.cab.org.nz | Tuesday to Friday 10am - 1pm All services free of charge.  No referral required. |

**Citizens Advice Bureau - Hawera**

FSD0006892 Last updated 08/04/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

22 Union Street Hawera



hawera@cab.org.nz  Mon - Fri 9.30am - 12.30pm Note we are only

|  |  |
| --- | --- |
| (06) 278 3156 (0800) 367 222 http://www.cab.org.nz | open via phone, email and online chat All services free of charge.  No referral required. |

**Citizens Advice Bureau - New Plymouth**

FSD0006898 Last updated 01/10/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau.

The service can be accessed by phone, email or in person.

Community House 32 Leach Street New Plymouth



newplymouth@cab.org.nz  Mon - Fri 9.30am - 3.30pm.

|  |  |
| --- | --- |
| (06) 758 9542 (0800) 367 222 http://www.cab.org.nz      **CoastalCare** | Legal Services Mon 7.15pm - 9pm (by appointment only).  JP Services Mon 10am - 12.30pm.  All services free of charge. No referral required. |
| FSD0023051 | Last updated 16/11/2020 |

We provide a facility and structure that hosts modern health and social service delivery for the people of Coastal Taranaki and support people required to go out of the region to receive care.

See Services for a list of the services and organisations hosted.

26 Napier Opunake 4616



info@coastalcare.co.nz  Mon - Fri 8.30am - 5pm

|  |  |
| --- | --- |
| (06) 761 8488  (021) 729 471 http://coastalcare.co.nz/ | Sat - 9am - 12 midday Pharmacy only Some charges may apply.  No referral required. |

**ELTHAM Community Care Group**

FSD0005149 Last updated 27/09/2020

Provide trained advocates for beneficiaries; counselling, financial information and budget services for low income earners; liaison with Work and Income about job contacts.

Food, clothing and furniture emergency post.

 82 Bridge Street Eltham 4322

(06) 764 8384  Office: Wednesday 10.30 - 12.00

OP Shop opening hours: Tues-Friday 10am-2pm Some charges may apply. No referral required.

**Hawera Budget Advisory Service**

FSD0004956 Last updated 23/06/2020

To work with individuals and families to build on their financial capability, and future proof themselves by learning skills and goal settings. We also advocate on behalf of clients to help them reduce debt and ensure they are getting their correct entitlements

46 Union Street Hawera



info@hawerabudget.co.nz  9.30am - 2.30pm Mon- Thur plus other times by

|  |  |
| --- | --- |
| (06) 278 8448  (0800) 333 048    **Classification : BFC** | appointment, including evenings All services free of charge.  No referral required. |

**Mininstry of Social Development - Stratford Service Centre**

FSD0007978 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

65-67 Miranda Street Stratford 4332



(0800) 559 009  8:30am-5:00pm Monday, Tuesday, Thursday, http://www.workandincome.govt.nz Friday.

9:30am-5:00pm Wednesday.

All services free of charge. No referral required.

**Ministry of Social Development - Hawera Community Link**

FSD0007975 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Unit 1 15 Union Street Hawera



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

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| --- | --- |
| http://www.workandincome.govt.nz | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**Ministry of Social Development - New Plymouth Community Link**

FSD0007977 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Dawson House 160 Devon Street West New Plymouth 4310



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Ministry of Social Development - Waitara Service Centre**

FSD0007982 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

25 Queen Street Waitara



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

|  |  |
| --- | --- |
| http://www.workandincome.govt.nz | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**New Plymouth Budget Advisory Service**

FSD0005062 Last updated 25/09/2020

All services offered are free:

1. One on one financial/budget mentoring – Experienced, skilled mentors available in NewPlymouth, Waitara, Bell Block, Oakura & Inglewood.
2. Total Money Management – A type of budgeting assistance where the client assigns all or partof their income to the budgeting service to pay bills/debts on their behalf.
3. Nga Tangata Micro Finance loans – The Trust offers small, safe, fair loans to qualifyingapplicants. No interest or fees are charged on the loans, conditions apply. 4. Money Mates (Managing your money courses) – Financial literacy program

Please do not hesitate to contact us if you would like to hear more.

We help individuals and families develop good money management skills through advocacy support information and advice. Our educational and awareness programmes aim to inform people of was to avoid a financial crisis.

 Community House 32 Leach Street New Plymouth

office@npbudget.co.nz  9.00am - 5.00pm Monday to Friday. other times

(06) 758 5996 available by appointment (027) 319 4358 Koha/donation may apply. https://www.facebook.com/newplymouthb No referral required. udgetadvisoryservice/

**Classification : BFC**

**Ngati Ruanui Tahua Limited**

FSD0005031 Last updated 05/02/2021

The vision of Ruanui health centre is to provide professional health services and education which will lead to independent health lifestyles and well being of it's whanau, hapu and iwi members. Oranga Wairua-Spiritual Wellness, Uranga Hinengaro-Mental Wellness, Oranga Tinana-Physical Wellness, Oranga Whanau-Family Wellness.

41 Hunter Street Hawera 4610



admin.rhc@ngatiruanui.org  8.30am-5pm Monday to Friday

(06) 278 1310 Some charges may apply. https://www.facebook.com/ngatiruanuihea Referral may apply. lthcare/

**Ngati Ruanui Tahua Ltd**

FSD0006025 Last updated 21/12/2020

Programmes to support whanau development. Whanau will have the opportunity to gain skills and knowledge that will assist them to function well and support their children's growth and development.

41 Hunter Street Hawera 4610



admin.rhc@ngatiruanui.org  All services free of charge.

(06) 278 1310 No referral required.

**Classification : BFC**

**Raumano Health Trust**

FSD0004972 Last updated 06/11/2020

Mission Statement: strive to be the leader of quality Maori Healthcare service. Objective:- oranga wairua - spiritual wellness, oranga hinengaro - mental wellness. Oranga tinana - physical wellness, oranga whanua - family wellness. Provide Mental Health services to Adults & Children.

39 Stafford Street Patea 4545



raumanotrust@gmail.com  Contact by phone or email only

|  |  |
| --- | --- |
| (06) 273 6011  (027) 205 9660 | All services free of charge. Referral may apply. |

**South Taranaki Whanau Centre**

FSD0005173 Last updated 01/02/2021

The centre provides Free empowerment courses like: Surviving Parenting, Self Esteem courses for Women and Teens(10-17) these courses are approved by the Ministry of Social Development.

These courses are designed around the awareness of Family Violence.

Other free courses we offer are: Free Grandparents raising Whanau; Free Positive Relationship; Free Raising Complex Kids (ADHD children); We provide support, advocacy to our clients and information to all Whanau.

56 Disraeli Street Hawera 4610



stwc@xtra.co.nz  Mondays 9am -2.30pm (06) 278 3260 Tuesdays - Thursdays 9am - 4.30pm (027) 239 9831 All services free of charge. http://stwchawera.webs.com No referral required.

**Classification : FVSS**

**The Salvation Army - Hawera**

FSD0002194 Last updated 17/04/2021

Worship, community and welfare services of The Salvation Army

 19-23 Regent Street Hawera 4640

hawera.corps@salvationarmy.org.nz  By Phone, Food Bank Friday morning

(06) 278 8516 All services free of charge. http://salvationarmy.org.nz/centres/nz/tara No referral required. naki/hawera/

**Work and Income - Taranaki Regional Office**

FSD0015270 Last updated 07/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

37 Dawson Street New Plymouth 4310 gail.bennett001@msd.govt.nz  All services free of charge.



(0800) 559 009 No referral required.

http://www.workandincome.govt.nz

# Child Care

**Barnardos - Taranaki**

FSD0006799 Last updated 21/03/2021

Barnardos provide a range of care, education and support services developed specifically for New Zealand children and their families. The services we provide reflect our commitment to ensuring that all children are able to receive the very best start to life.

186A Tukapa Street New Plymouth 4310



taranaki.amu@barnardos.org.nz  8 am - 4 pm Mon - Fri

(06) 753 3484 Some charges may apply.

(0800) 227 627 No referral required. http://www.barnardos.org.nz

**Bell Block Kelly Club Limited**

FSD0024149 Last updated 09/02/2021

After school club programme run at Bell Block school.

Kelly Club has been committed to providing the very best in before- and after-school programmes for busy families like yours.

We understand how hard it is to juggle the workday schedule, and the anxiety associated with finding safe, fun, high-quality care for your children. That’s why our programmes are developed in consultation with the school and the local community to feature a diverse mix of entertainment, education and relaxation. Your kids will feel right at home doing activities like cooking, crafts or games, as well as having time to do their homework and relax after a busy day of learning.

31 Bell Block Court Bell Block New Plymouth 4312



bellblock@kellyclub.co.nz  Monday to Friday 3.00pm to 5.30pm

(021) 158 3632 Some charges may apply. http://www.kellyclub.co.nz No referral required.

**Cherish Childcare**

FSD0023323 Last updated 07/09/2020

Safe, fun and familiar environment for your child where they can learn, make friends and have a great time all within the school grounds.

We are OSCAR approved and all our staff are police vetted and have experience in caring for school children, they have a passion to provide a positive environment so you can feel comfortable with the knowledge when the school bell has gone and children released from their class they will get quality care and aroha.

Our holiday programme caters for the wider community based in Bell Block at puketapu school.

Fun and exciting activity's are planned daily with plenty of time fro free choice and outside play.

Block f 15 Dillon Drive New Plymouth 4312



oscar@cherischildcare.co.nz  Before school care 7.15-8.30am

(06) 544 8758 After school care 3-6pm

http://cherishchildcare.co.nz Holiday programme 7.30am-5.30pm Some charges may apply. No referral required.

**Classification : OSCAR**

**GrowingKids**

FSD0023543 Last updated 08/07/2020

Out of School Care (OSCAR) for primary age children (5-13), based at Inglewood Primary School.

Inglewood Primary School 33 Kelly Street Inglewood 4330



office@growingkids.co.nz  Monday-Friday 7am-8.30am

|  |  |
| --- | --- |
| (027) 543 0625 http://growingkids.co.nz    **Classification : OSCAR** | Monday-Friday 3pm-5.30pm Some charges may apply.  No referral required. |

**Inglewood Community Childcare Centre**

FSD0017992 Last updated 24/07/2020

The Centre offers quality yet affordable childcare for children aged 0-5, and runs an OSCAR approved before & after school programme, and holiday programme for children aged 5-13.

 3 Rata St Inglewood 4330

inglewoodchildcare@xtra.co.nz 

(06) 756 8882

(06) 756 8810 http://www.inglewoodchildcare.co.nz

**Classification : OSCAR**

**Kelly Club Oakura**

FSD0023138

After School Care Kelly Club Oakura

Year 0 - 8

Weekdays 7:30am - 5:30pm

Closed weekends, public and statutory holidays.

Some charges may apply. No referral required.

Last updated 30/06/2020

Our before and after care programme is focused around various activities including sports, cooking, art and crafts as well as our structured free time. These activities will be incorporated into themed subjects each week that give children the opportunity to extend their learning outside of the school classroom. We provide quality childcare in safe and fun surroundings.

38 Carthew Street Okato 4335 oakura@kellyclub.co.nz  After school club 3.00pm - 5.30pm.



|  |  |
| --- | --- |
| (027) 874 5575 http://www.kellyclub.co.nz    **Classification : OSCAR** | Contact for info 9am - 5pm weekdays.  Some charges may apply.  No referral required. |

**Kiwi Clubhouse Learning Centre**

FSD0021476 Last updated 21/08/2020

Community based Childcare for children from 3 month - 5 years old.

OSCAR approved programmes - After School and Holiday programmes for children 5 years - 13 years old.

33 Manawapou Road Hawera 4610



admin@kiwiclubhouse.co.nz  Open at 7.15am close at 5.30pm

(06) 278 0810 Some charges may apply.

No referral required.

**Classification : OSCAR**

**Mininstry of Social Development - Stratford Service Centre**

FSD0007978 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

65-67 Miranda Street Stratford 4332



(0800) 559 009  8:30am-5:00pm Monday, Tuesday, Thursday,

|  |  |
| --- | --- |
| http://www.workandincome.govt.nz | Friday.  9:30am-5:00pm Wednesday.  All services free of charge.  No referral required. |

**Ministry of Social Development - Hawera Community Link**

FSD0007975 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Unit 1 15 Union Street Hawera



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Ministry of Social Development - New Plymouth Community Link**

FSD0007977 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Dawson House 160 Devon Street West New Plymouth 4310



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Ministry of Social Development - Waitara Service Centre**

FSD0007982 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

25 Queen Street Waitara



(0800) 559 009 http://www.workandincome.govt.nz

Monday, Tuesday, Thursday, Friday 8:30am 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**MountainView Vineyard Church (Kidz.com)**

FSD0021937 Last updated 11/03/2021

We offer childcare to under 5's through Gr8Kidz Childcare Centre with kidz.com providing before and after school care and school holiday programme.

We are a contemporary church who seeks to serve our community.

159 Orlando Street Stratford 4332



office@mountainviewvineyard.org  Childcare available Monday to Friday 7.00am -

|  |  |
| --- | --- |
| (06) 765 0401 (027) 222 9824 http://www.mountainviewvineyard.org    **Classification : OSCAR** | 5.30pm  Some charges may apply.  No referral required. |

**Parents Centre New Zealand Inc - South Taranaki**

FSD0007328 Last updated 14/09/2020

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

34 Fairfield Road Hawera



sth.taranaki@parentscentre.org.nz  Play Groups

|  |  |  |
| --- | --- | --- |
| (027) 437 4926 http://www.parentscentre.org.nz      **Playball Taranaki** | Monday (Under 2's) 10 - 11.30am | |
| Tuesday 9.30 - 11.30am  Friday 9.30 - 11.30am Some charges may apply.  No referral required. |  |
| FSD0024378 |  | Last updated 17/09/2020 |

Playball Taranaki is a sport and movement program for children.

We run sport and movement sessions for children at ECE’s, Preschools and Primary schools throughout the Taranaki regions. We also run Holiday programs for children each school holidays at local Rugby clubrooms.

472 Devon Street East Strandon New Plymouth 4312



coachmike@playball.co.nz  We run Playball sessions each school day -

(027) 313 8588 Monday to Friday from 9-4pm http://www.playball.co.nz Some charges may apply.

Referral may apply.

**School's Out New Plymouth**

FSD0022233 Last updated 26/03/2021

School’s Out caters for children between the ages of 5-13 years who are attending Primary or Intermediate school. Our OSCAR approved daily, weekly and holiday programmes are tailored to meet the needs, interests and abilities of the children in our care.

School's Out New Plymouth operates in a separate building on the Central School playing field.

Sessions run before school, after school and during every school holidays.

At School’s Out, we are committed to providing each child with a safe, positive, fun and happy environment in which to grow.

c/- Central School 33 Pendarves Street New Plymouth



newplymouth@schoolsout.co.nz  Monday-Friday (excluding Stat. holidays)

(021) 127 1818 Before school 7am-8:45am

https://schoolsout.co.nz/newplymouth/ After school 3pm-5:30pm Holiday programme 7am-5:30pm Some charges may apply. No referral required.

**Classification : OSCAR**

**St John Bosco OSCAR Programme**

FSD0022517 Last updated 23/09/2020

A service provided to families who require after school and school holiday care. Sessions run from 3:00p.m - 6:00p.m for after school care. Holiday Programmes run from 8:00a.m. - 5:00p.m.

 21 Clinton Street Fitzroy New Plymouth 4312

|  |  |
| --- | --- |
| afterschoolcare@sjb.school.nz  (06) 758 3073  (027) 227 2177 http://sjb.school.nz    **Classification : OSCAR** | An after school care facility is provided on site from Monday to Friday, 3:00-5.30pm. Also a Holiday programme that runs during term breaks Monday to Friday from 8:00am - 5:30pm.  Some charges may apply.  No referral required. |

**St Joseph's School NP - OSCAR**

FSD0021301 Last updated 22/03/2021

Provide OSCAR approved After School Care and Holiday Care for Children of the school and the wider community.

41A Calvert Road New Plymouth 4310



admin@stjosephsnp.school.nz  Oscar is open during term time 2.50pm until 5.30

(06) 758 0364 pm. School Holidays 7.45am until 5.30pm.

(06) 757 2644 Some charges may apply. http://www.stjosephsnp.school.nz No referral required.

**Classification : OSCAR**

**The Salvation Army - Hawera**

FSD0002194 Last updated 17/04/2021

Worship, community and welfare services of The Salvation Army

19-23 Regent Street Hawera 4640



hawera.corps@salvationarmy.org.nz  By Phone, Food Bank Friday morning

(06) 278 8516 All services free of charge. http://salvationarmy.org.nz/centres/nz/tara No referral required. naki/hawera/

**Work and Income - Taranaki Regional Office**

FSD0015270 Last updated 07/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

37 Dawson Street New Plymouth 4310 gail.bennett001@msd.govt.nz  All services free of charge.



(0800) 559 009 No referral required.

http://www.workandincome.govt.nz

**YMCA - Taranaki**

FSD0016102 Last updated 12/01/2021

YMCA Taranaki offers a range of services for children (0-14), families and community groups. Services include: Second chance learning (16 - 24), Early Childhood Education (0-5), Children's sport and recreation programmes (0-14), after school and holiday programmes (5 - 14), youth development (12 - 18), youth leadership (12 - 24), fitness centre (14 - 100), Climbing (5 - 100), and specialist Massage (babies to adult). Family events and family wellness programmes run on site.

83 Liardet Street New Plymouth 4030



mail@ymcataranaki.org.nz  8am - 6pm Monday, Tuesday, Wednesday &

(06) 758 3666 Friday. http://ymcataranaki.org.nz 8am - 7.30pm Thursday.

8am - 4pm Saturday.

9am - 4pm Sunday.

All services free of charge. Referral may apply.

**Your Place and Mine**

FSD0021297 Last updated 16/04/2021

Introducing Your Place and Mine, a home away from home O.S.C.A.R programme. We are a Government subsidised Before School, After School, and Holiday Care for your children aged 5-13 years old. Pickups and drop offs to schools and sports available.

“Where kids can be kids within our busy modern world!“ R.I.S.E.: Respect, Independence, Self worth, Equality.

14 Reremoana Close Hawera 4610



info@criticaltech.nz  7:30 - 5:30 Monday to Friday

|  |  |
| --- | --- |
| (06) 272 8580 (021) 1537030 http://www.criticaltechgroups.co.nz/ | Extra times available per arrangement Some charges may apply.  No referral required. |

**Classification : OSCAR**

# Disaster Recovery

**Mininstry of Social Development - Stratford Service Centre**

FSD0007978 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

65-67 Miranda Street Stratford 4332



(0800) 559 009  8:30am-5:00pm Monday, Tuesday, Thursday,

|  |  |
| --- | --- |
| http://www.workandincome.govt.nz | Friday.  9:30am-5:00pm Wednesday.  All services free of charge.  No referral required. |

**Ministry of Social Development - Hawera Community Link**

FSD0007975 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Unit 1 15 Union Street Hawera



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Ministry of Social Development - New Plymouth Community Link**

FSD0007977 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Dawson House 160 Devon Street West New Plymouth 4310



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Ministry of Social Development - Waitara Service Centre**

FSD0007982 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

25 Queen Street Waitara



(0800) 559 009 http://www.workandincome.govt.nz

Monday, Tuesday, Thursday, Friday 8:30am 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Work and Income - Taranaki Regional Office**

FSD0015270 Last updated 07/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

37 Dawson Street New Plymouth 4310 gail.bennett001@msd.govt.nz  All services free of charge.



(0800) 559 009 No referral required.

http://www.workandincome.govt.nz

# Education and Training

**Activity Centre - Taranaki**

FSD0004957 Last updated 17/01/2021

Our goal is to return students to mainstream schooling as soon as possible. Students referred by secondary schools for using inappropriate behaviours - usually at-risk youth.

334 Frankley Road Ferndale New Plymouth



taractivity@xtra.co.nz  9am - 3pm, Monday to Friday during school

(06) 753 5179 term.

Some charges may apply. Referral may apply.

**Age Concern Taranaki Inc**

FSD0006667 Last updated 17/11/2020

Your local Age Concern is your first port of call when you and your family/whanau need: information, advice, referral and support.

33 Liardet Street New Plymouth 4310



info@ageconcerntaranaki.org.nz  Some charges may apply.

(06) 759 9196 No referral required.

(0800) 243 625 http://www.ageconcern.org.nz

**Classification : EARS**

**Barnardos - Taranaki**

FSD0006799 Last updated 21/03/2021

Barnardos provide a range of care, education and support services developed specifically for New Zealand children and their families. The services we provide reflect our commitment to ensuring that all children are able to receive the very best start to life.

 186A Tukapa Street New Plymouth 4310

|  |  |
| --- | --- |
| taranaki.amu@barnardos.org.nz  (06) 753 3484 (0800) 227 627 http://www.barnardos.org.nz | 8 am - 4 pm Mon - Fri  Some charges may apply.  No referral required. |

**Cancer Society of NZ - Central Districts Division - Taranaki Centre**

FSD0004971 Last updated 03/05/2021

To provide information, care and support to people and their families affected by cancer (refer children/teenagers to child cancer or Canteen). Support and volunteer service, health promotion and education. Shuttle service.

TSB Cancer Support Centre 71 Lorna Street Westown New Plymouth 4310 enquiries.tar@cancercd.org.nz  9am - 3.30pm Monday to Friday



(06) 757 3006 All services free of charge. https://www.cancer.org.nz/about-us/find- No referral required. a-cancer-society-office-near-you/taranaki/

**CoastalCare**

FSD0023051 Last updated 16/11/2020

We provide a facility and structure that hosts modern health and social service delivery for the people of Coastal Taranaki and support people required to go out of the region to receive care.

See Services for a list of the services and organisations hosted.

26 Napier Opunake 4616



info@coastalcare.co.nz  Mon - Fri 8.30am - 5pm

|  |  |
| --- | --- |
| (06) 761 8488  (021) 729 471 http://coastalcare.co.nz/ | Sat - 9am - 12 midday Pharmacy only Some charges may apply.  No referral required. |

**Educare Training**

FSD0004963 Last updated 15/03/2021

Educare Training provide free training programmes that are perfect for people who are passionate about helping others and are interested in pursuing a career in teaching.

The programmes presents a comprehensive introduction to early childhood education, inclusive practice and teacher aide training and will prepare you for work supporting the learning and development of children in early childhood settings, students in schools and people with impairments within the community.

Gain the New Zealand certificates in: Education Support & Care level 3, Education Support level 4, Early Childhood & Care levels 3 & 4, Study & Career Preparation level 3 & 4 and NCEA levels 1, 2 & 3 all for free.

13 Dawson Street New Plymouth 4310 info@educaretraining.ac.nz  Monday to Thursday 8.30 am to 5.00 pm.



(06) 758 4115 All services free of charge.

(027) 660 8058 No referral required. http://educaretraining.ac.nz

**English Language Partners Taranaki**

FSD0007842 Last updated 01/02/2021

To provide English language skills and social support for effective resettlement of refugees and migrants in Aotearoa New Zealand.

50 Devon Street East New Plymouth 4310



taranaki@englishlanguage.org.nz  Monday, Tuesday, Wednesday, 9am - 3pm,

(06) 759 1118 Thursday 9.00am - 2.30pm

http://englishlanguage.org.nz/new- Friday 9am - 12noon plymouth Appointment is necessary for a registration.

Other times by appointment only.

Some charges may apply. Referral may apply.

**Feats**

FSD0005104 Last updated 21/12/2020

Feats is committed to helping you find your strengths and skills, with zero fee training programmes. Whether you’re looking for an education alternative, a change in direction or the opportunity to upskill; we’re here to set you up for success.

6 Princes Street Hawera 4610



admin@feats.ac.nz  8.00am 5.00pm Monday - Friday

|  |  |
| --- | --- |
| (06) 758 7110 (0800) 505 479 http://www.feats.ac.nz    **Classification : PACIFIC** | All services free of charge. Referral may apply. |

**Francis Douglas Memorial College - Counsellor**

FSD0005085 Last updated 26/01/2021

Guidance and counselling service for the College community.

201 Tukapa Street Westown New Plymouth



c.land@fdmc.school.nz  School hours.

(06) 753 6149 ext 828 All services free of charge.

(027) 814 0161 No referral required. http://www.fdmc.school.nz

**Hawera High School - Counsellor**

FSD0005016 Last updated 12/01/2021

To provide personal counselling and guidance to High School students and their parents/caregivers.

13 Camberwell Road Hawera



enquiries@hawerahs.school.nz  8.30am - 3.30pm Monday - Friday during

|  |  |
| --- | --- |
| (06) 278 4145 ext 824 http://www.hawerahs.school.nz/ | school term.  All services free of charge.  No referral required. |

**Inglewood High School - Counsellor**

FSD0005086 Last updated 14/12/2020

Counselling for students and families in areas such as personal issues, interpersonal issues, school and career guidance.

129 Rata Street Inglewood



office@inglewoodhs.school.nz  8:30am-4:30pm Monday to Friday

|  |  |
| --- | --- |
| (06) 756 8148 x718 http://www.inglewoodhs.school.nz | All services free of charge. No referral required. |

**Migrant Connections Taranaki**

FSD0021625 Last updated 28/09/2020

Migrant Connections Taranaki is a free service aimed at a broad migrant support which includes skilled and non-skilled migrants and their families.

Level 1, Vero Building 10 Devon Street East New Plymouth 4310 mctnz@xtra.co.nz  Monday-Friday (06) 759 0828 9.00am -3.00pm



http://www.migrantconnections.org.nz All services free of charge. Referral may apply.

**Classification : PACIFIC**

**Ministry of Education, Learning Support, Taranaki, Whanganui,**

**Manawatu**

FSD0006556 Last updated 09/10/2020

We work with others to ensure children with additional learning needs have the opportunity to learn alongside their peers.

Level 1, Dawson House 37 Dawson Street New Plymouth 4310 enquiries.whanganui@education.govt.nz  Monday to Friday 8am to 5pm



(0800) 333 032 All services free of charge. https://www.education.govt.nz/school/stud Referral may apply.

ent-support/special-education/

**New Plymouth Boys' High School - Counsellor**

FSD0005011 Last updated 16/03/2021

To provide guidance and counselling for students of NPBHS in educational, social, family and vocational areas of concern.

107 Coronation Avenue New Plymouth



office@npbhs.school.nz  8.30am - 5.00pm Monday - Friday during

(06) 758 5399 x 841 school term. https://www.npbhs.school.nz/ All services free of charge.

Referral may apply.

**New Plymouth Budget Advisory Service**

FSD0005062 Last updated 25/09/2020

All services offered are free:

1. One on one financial/budget mentoring – Experienced, skilled mentors available in NewPlymouth, Waitara, Bell Block, Oakura & Inglewood.
2. Total Money Management – A type of budgeting assistance where the client assigns all or partof their income to the budgeting service to pay bills/debts on their behalf.
3. Nga Tangata Micro Finance loans – The Trust offers small, safe, fair loans to qualifyingapplicants. No interest or fees are charged on the loans, conditions apply. 4. Money Mates (Managing your money courses) – Financial literacy program

Please do not hesitate to contact us if you would like to hear more.

We help individuals and families develop good money management skills through advocacy support information and advice. Our educational and awareness programmes aim to inform people of was to avoid a financial crisis.

Community House 32 Leach Street New Plymouth



office@npbudget.co.nz  9.00am - 5.00pm Monday to Friday. other times

(06) 758 5996 available by appointment (027) 319 4358 Koha/donation may apply. https://www.facebook.com/newplymouthb No referral required.

udgetadvisoryservice/

**Classification : BFC**

**Ngati Ruanui Tahua Limited**

FSD0005031 Last updated 05/02/2021

The vision of Ruanui health centre is to provide professional health services and education which will lead to independent health lifestyles and well being of it's whanau, hapu and iwi members. Oranga Wairua-Spiritual Wellness, Uranga Hinengaro-Mental Wellness, Oranga Tinana-Physical Wellness, Oranga Whanau-Family Wellness.

41 Hunter Street Hawera 4610



admin.rhc@ngatiruanui.org  8.30am-5pm Monday to Friday

(06) 278 1310 Some charges may apply. https://www.facebook.com/ngatiruanuihea Referral may apply. lthcare/

**Open Home Foundation (OHF) - New Plymouth**

FSD0007288 Last updated 27/10/2020

Our Mission is to provide quality child centred family focused Christian social services. The Open Home Foundation is a Christian Child and Family Support Service that works within the provisions of the Children, Young Persons and Their Families Act (1989). We have 14 centres throughout NZ and we provide quality services for children, young people and their family/whanau.

212 Coronation Ave Welbourn New Plymouth



taranaki@ohf.org.nz  8.30am - 5pm Monday to Friday

(06) 758 9971 All services free of charge. http://www.ohf.org.nz/ Referral may apply.

**Opunake High School - Counsellor**

FSD0004991 Last updated 07/12/2020

To provide support, guidance and confidential counseling for students and their families of Opunake High School.

- Tasman Street Opunake



admin@opunake.school.nz  8.00am - 4.00pm Monday - Friday except

|  |  |
| --- | --- |
| (06) 761 8723 http://www.opunake.school.nz | school holidays  All services free of charge.  Referral may apply. |

**Parents Centre New Zealand Inc - South Taranaki**

FSD0007328 Last updated 14/09/2020

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

34 Fairfield Road Hawera



sth.taranaki@parentscentre.org.nz  Play Groups

|  |  |
| --- | --- |
| (027) 437 4926 http://www.parentscentre.org.nz      **S.T.A.R.T Taranaki** | Monday (Under 2's) 10 - 11.30am  Tuesday 9.30 - 11.30am  Friday 9.30 - 11.30am Some charges may apply. No referral required. |
| FSD0019162 | Last updated 29/03/2021 |

We provide an extremely effective intervention for recidivist youth offenders. It is our unique three phase design and focus on building meaningful relationships between young people and positive role models which allows its young people to feel safe to share pieces of themselves without fear of ridicule.

START Taranaki has a holistic approach which looks at each client's skills and strengths then builds individualized plans with young people to make change that is meaningful and sustainable to them. The desired outcome is to equip the young people with the tools to function as an adult in society and contribute towards safer communities through this initiative to reduce crime.

START Taranaki is based in Kaponga on the southern slopes of Mount Taranaki. It is governed by a Board of Trustees.

3 Alamein Street Kaponga 4679



neville@starttaranaki.co.nz  Office hours: 8.30 - 4.00 Monday to Friday

|  |  |
| --- | --- |
| (06) 764 6225 http://www.starttaranaki.co.nz | Some charges may apply. Referral may apply. |

**Sacred Heart Girls' College - Counsellor**

FSD0005026 Last updated 15/04/2021

Counselling at SHGC is free and confidential. Students may self refer by email or phone.

Sacred Heart Girls' College 9 Pukaka Street New Plymouth 4312



wpa@shgcnp.school.nz  8.50am - 3.20pm Monday to Friday, during the

(06) 758 5023 school term. Other times by arrangement. http://www.shgcnp.school.nz All services free of charge.

No referral required.

**South Taranaki Whanau Centre**

FSD0005173 Last updated 01/02/2021

The centre provides Free empowerment courses like: Surviving Parenting, Self Esteem courses for Women and Teens(10-17) these courses are approved by the Ministry of Social Development.

These courses are designed around the awareness of Family Violence.

Other free courses we offer are: Free Grandparents raising Whanau; Free Positive Relationship; Free Raising Complex Kids (ADHD children); We provide support, advocacy to our clients and information to all Whanau.

56 Disraeli Street Hawera 4610



stwc@xtra.co.nz  Mondays 9am -2.30pm

|  |  |
| --- | --- |
| (06) 278 3260 (027) 239 9831 http://stwchawera.webs.com | Tuesdays - Thursdays 9am - 4.30pm All services free of charge.  No referral required. |

**Classification : FVSS**

**SPELD NZ Inc - Taranaki Local Liaison Group**

FSD0007476 Last updated 01/09/2020

SPELD NZ Inc offers one-on-one diagnostic assessment and specialised tuition for people with specific learning disabilities, including dyslexia. It also offers information, support, advice and training.

|  |  |
| --- | --- |
| central@speld.org.nz (0800) 773 536 http://www.speld.org.nz | Office administration open Monday to Friday,  9.00am - 3.00pm.  Some charges may apply.  No referral required. |

**Spotswood College - Counsellor**

FSD0005006 Last updated 15/03/2021

Provide counselling service for students at Spotswood College. Facilitate relationships with outside agencies.

129 South Road New Plymouth 4310



kfo@spotswoodcollege.school.nz  School hours

(06) 751 2416 x 716 All services free of charge. http://www.spotswoodcollege.school.nz No referral required.

**Stratford High School - Guidance Counsellor**

FSD0004987 Last updated 19/01/2021

Counselling and career advice.

Stratford High School - Swansea Road Stratford 4332



mail@stratfordhigh.school.nz  8am-4.30pm Monday-Friday. Excluding school

(06) 765 6039 holidays

http://www.stratfordhigh.school.nz/Home/ All services free of charge. No referral required.

**Taranaki Computer Access Centre**

FSD0024226 Last updated 17/02/2021

Taranaki Computer Access Centre provides Free Technology Training - Introductory level, Selfdirected and self-paced, Tutor support, Sessions at times to suit you, No exams but Opportunities to practice new skills. They tutor – Software Applications, Email; Internet, Basic Digital Photography, Introduction to Social Media and Mobile phone technology, Tablet and Laptop usage. Bring your own device or use their computers.

ICDL (International Computer Drivers Licence) – Work at your own pace. An intermediate level certificate in computing that is recognised internationally. Free tuition and learning. Fee applicable for exams and certificate.

Courses consist of Modules – Microsoft Word, Excel, PowerPoint and Access, Computer Essentials, Online Essentials, Online Collaboration (Cloud) and IT Security.

Level 2, Devon Centre 44 Liardet Street New Plymouth 4310



ccac@xtra.co.nz  Monday to Friday

(06) 759 2149 8.00am to 4.00pm

(022) 165 3170 All services free of charge. https://www.taranakicomputertraining.org. No referral required. nz

**Taranaki Women's Refuge**

FSD0007665 Last updated 15/04/2021

Women's Refuges work to raise public awareness of violence against women and children, promoting the prevention and elimination of violence, and the rights of women and children to care and protection. For support, please ring our free Taranaki Crisis Line: 0800 827 973. In an emergency, please ring 111 and ask for the Police.

We also offer a voluntary service (ASPIRE) for men who wish to make change and live a life free from Domestic Violence. A male social worker will work one-on-one with male clients.

NB: Face-to-face (kanohi ki te kanohi) service is provided from Mokau in the north and south to Patea and along the coast.

 Level 2, Kings Building 36 Devon Street West Central New Plymouth 4340

admin@taranakiwomensrefuge.co.nz 

(06) 769 5553 (0800) 827 973 http://www.womensrefuge.org.nz

**The Salvation Army - Hawera**

FSD0002194

24 hours (Support Crisis phone line). Community Office: Mon-Friday 9am-3pm Some charges may apply. Referral may apply.

Last updated 17/04/2021

Worship, community and welfare services of The Salvation Army

19-23 Regent Street Hawera 4640



hawera.corps@salvationarmy.org.nz  By Phone, Food Bank Friday morning

(06) 278 8516 All services free of charge. http://salvationarmy.org.nz/centres/nz/tara No referral required. naki/hawera/

**Tu Tama Wahine o Taranaki - Tangata Whenua Development and**

**Liberation Service**

FSD0005091 Last updated 01/09/2020

To provide Kaupapa Maori based whanau services, this includes: Whanau Support, family violence services, counselling, social work, education programmes, training and community development projects. Empowering whanau, hapu and iwi is the basis for our work. Our services facilitate opportunities for whanau to gain a better understanding of development and liberation from the effects of oppression and historical trauma in the context of their lives today.

62 Powderham Street New Plymouth 4310



reception@tutamawahine.org.nz  9am - 4.30pm Monday to Friday and by

(06) 758 5795 arrangement. http://www.tutamawahine.org.nz Some charges may apply.

Referral may apply.

**Classification : FVSS, THP**

**Waitara High School - Counsellor**

FSD0005088 Last updated 07/12/2020

To provide counselling and pastoral care to Waitara High School students and their families.

- Princess Street Waitara



office@waitarahs.school.nz  8.30am - 4.00 pm seven days a fortnight:

(06) 754 7514 please phone the office for availability, or leave a (06) 754 7514 ext 715 (for messages message on ext.715 http://waitarahs.school.nz/ All services free of charge.

Referral may apply.

**Whakaahurangi Social Services**

FSD0005122 Last updated 15/09/2020

Primarily a Social Service provider working with Families & Youth in Central Taranaki. We provide information, advocacy, mentoring and a drop-in center to support their needs. We initiates preventive projects in the community in accordance with local needs and priorities and provide services and group activities for the youth and their Families. We strive to develop and maintain support services in the community.

(Through Hall of Remembrance) 289A Broadway Stratford 4332



info@youthworks.org.nz  9.00am - 3.30pm Monday - Friday

(06) 765 0437 All services free of charge. http://www.youthworks.org.nz No referral required.

# Employment

**Active Intentions**

FSD0004949 Last updated 27/10/2020

To provide quality, effective counselling service. Also offering education, mediation and workplace interventions.

Powderham Business Centre 117 Powderham Street New Plymouth 4310 counsellor.sylvia@gmail.com  Monday- Friday, 9am - 5pm (excluding



|  |  |
| --- | --- |
| (027) 600 0302 http://www.sylvia-huitsonactiveintentions.co.nz | Wednesdays)  Some charges may apply.  No referral required. |

**Alpha Training & Development Centre**

FSD0005115 Last updated 12/10/2020

To provide training for employment and skills for successful living, to service industry needs for training and assessments of learning.

1 Smith Street Lepperton New Plymouth 4373



alphatraining@xtra.co.nz  8am-4pm Monday to Thursday

(06) 752 0635 All services free of charge.

(027) 407 9170 No referral required. http://www.alphatraining.co.nz

**Atawhai Industries**

FSD0005134 Last updated 08/04/2021

Supporting people with disabilities into employment and community participation. We look at all of the persons needs and provide a holistic approach.

Our focus is to help people reach their full potential and goals. Employment within the Trust is one option, but we encourage people to move into open employment when an opportunity arises. The Trust has a number of businesses; Forestry, Horticulture/Arbour Service, Packaging & mail outs, Light Engineering, Bread distribution, Supported Independent Living, C.P., Supported Employment.

We do not use Minimum Wage Exemption Permits when employing people within our businesses, people are paid at least the minimum wage or well above.

We will do whatever it takes to help people live a life of their choosing, reach their goals and be as independent as possible.

The Trust is always looking for business opportunities which are financially viable and create employment. Work is a big part of everyone's lives, WORK IS OUR FOCUS.

38g McLean St Fitzroy New Plymouth 4341



gm@atawhai.co.nz  Monday - Friday 7.45am - 4.15pm

(06) 758 0397 All services free of charge. http://www.atawhai.co.nz No referral required.

**AWF - Hawera**

FSD0021082 Last updated 17/11/2020

AWF Labour is New Zealand's leader in the provision of Temporary, staff to the construction and civil sectors and to anywhere else in the workforce where general labour hire or casual / temporary employment is required. Every day all over New Zealand you will see AWF Labour staff members either working on the roads, managing traffic control, operating heavy equipment, directing traffic on our highways, constructing commercial buildings, bridges, tunnels and other city infrastructure or working in general labouring jobs. You'll see them in cities and towns from Invercargill in the south to Kaitaia in the north.

AA Building 121 Princes Street Hawera 4610



Hawera@awf.co.nz  Mon to Fri 7am - 5pm

(0800) 522 687 All services free of charge.

(06) 278 0230 No referral required. http://www.awf.co.nz/

**Central Medical Centre**

FSD0020356 Last updated 22/12/2020

Drug testing service for Work and Income beneficiaries. Prices inclusive of GST.

Onsite screening drug test: $75.00

Evidential drug test: $57.00

72 Vivian Street Central New Plymouth 4310



reception@centralmed.net.nz  8am - 5pm, Mondays to Fridays

(06) 758 6666 Some charges may apply. https://m.facebook.com/CentralMedicalCe Referral may apply. ntre/

**Classification : DTS**

**Choices NZ - Taranaki**

FSD0024081 Last updated 21/10/2020

At Choices NZ, we are dedicated to ensuring people with disabilities and health needs enjoy fulfilling and independent lives.

Choices NZ is all about choosing the assistance you want and the flexibility to control and change that assistance when you want to.

We can assist you to:

* Achieve greater independence
* Develop your social networks to connect with individuals and groups with common interests
* Access community services
* Live independently and help choose the best living situation for you
* Gain employment
* Experience new challenges or pursue new interests

Our Life Coaches and Facilitators are experienced and qualified, and our specialist clinical staff provide expert advice – evaluating and supporting staff to deliver comprehensive and carefullydesigned services.

|  |  |
| --- | --- |
| Jaana.Miller@choicesnz.org.nz  (022) 010 5404 (0800) 723 154 http://www.choicesnz.org.nz/ | Weekdays 8:30am - 5pm  All services free of charge.  Referral may apply. |

**Community Connections/Te Hapori Awhina Tangata - Taranaki, New**

**Plymouth**

FSD0024123 Last updated 13/10/2020

We are a community based disability service offering support to disabled people to live in and to connect with their own community. We have a strong commitment to a person-centred approach so people can live the life they choose. We help people to set their own goals and then offer support so that these goals can become reality.

28 Young Street New Plymouth 4310



hannah.watson@ccslt.org.nz  Monday - Friday 9am-5pm

|  |  |
| --- | --- |
| (021) 730187 (021) 730 187 http://www.ccslt.org.nz      **Deaf Aotearoa - Taranaki** | Some charges may apply. Referral may apply. |
| FSD0006941 | Last updated 03/02/2021 |

Deaf Aotearoa is a Deaf-led, not-for-profit organisation that focuses on promoting Awareness of,

Access to and Advancement of New Zealand Sign Language - to help strengthen the rights of Deaf people and give them the confidence to be an active part of society. As the only nationwide provider of services to Deaf people, it provides information on a range of services for Deaf and works with businesses and organisations to provide information and resources on life for Deaf New Zealanders and NZSL.

28 Young Street New Plymouth national@deaf.org.nz  Office open for enquiries and appointments:



|  |  |
| --- | --- |
| (0800) 332 322 http://www.deaf.org.nz/ | Mon to Wed 9:00am to 4:00pm  Office open for appointment only: Thur and Fri All services free of charge.  No referral required. |

**Dress for Success New Plymouth**

FSD0023398 Last updated 26/03/2021

Our job at Dress for Success New Plymouth is to help you look and feel great by providing a range of free services and advice to boost your confidence and increase your chances of getting a job.

Level 2, Devon Centre 44 Liardet Street New Plymouth 4310 newplymouth@dressforsuccess.org  Monday to Friday 8am - 3pm (022) 407 5997 All services free of charge. https://newplymouth.dressforsuccess.org/ Referral may apply.



**Eastside Medical Centre**

FSD0020208 Last updated 24/10/2020

Drug testing service for Work and Income clients. Prices inclusive of GST. Instant Screening Drug

Test $72.00, Synthetic Drug Test $42.00, ESR (evidential) Drug Test $181.00

General Practice Medical Centre.

488 Devon Street East Strandon New Plymouth 4312



manager@eastsidemedical.co.nz  Monday to Friday 8.30am - 5.00pm

(06) 757 3111 Some charges may apply.

Referral may apply.

**Classification : DTS**

**Feats**

FSD0005104 Last updated 21/12/2020

Feats is committed to helping you find your strengths and skills, with zero fee training programmes. Whether you’re looking for an education alternative, a change in direction or the opportunity to upskill; we’re here to set you up for success.

6 Princes Street Hawera 4610 admin@feats.ac.nz (06) 758 7110 (0800) 505 479 http://www.feats.ac.nz



**Classification : PACIFIC**

8.00am 5.00pm Monday - Friday All services free of charge. Referral may apply.

**Incedo - Taranaki**

FSD0005154 Last updated 20/11/2020

The organisation works to support the empowerment of youth to enable them to help themselves and work towards transformation physically, socially and ultimately spiritually.

52 Young Street New Plymouth 4310



taranaki@incedo.org.nz  By appointment.

(027) 438 9052 Some charges may apply.

(06) 769 9100 No referral required. http://www.incedo.org.nz

**LinkPeople**

FSD0023215 Last updated 11/09/2020

To assist and navigate with consumers coming from secondary mental health services back into their communities and supporting their GP's.

Puriri House 220 Devon Street West New Plymouth 4340



info@linkpeople.co.nz  8.30am-5.00pm Monday-Friday

(06) 769 9160 All services free of charge.

(0800) 932 432 Referral may apply. http://www.linkpeople.co.nz

**Migrant Connections Taranaki**

FSD0021625 Last updated 28/09/2020

Migrant Connections Taranaki is a free service aimed at a broad migrant support which includes skilled and non-skilled migrants and their families.

Level 1, Vero Building 10 Devon Street East New Plymouth 4310 mctnz@xtra.co.nz  Monday-Friday (06) 759 0828 9.00am -3.00pm



http://www.migrantconnections.org.nz All services free of charge. Referral may apply.

**Classification : PACIFIC**

**Mininstry of Social Development - Stratford Service Centre**

FSD0007978 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

65-67 Miranda Street Stratford 4332



(0800) 559 009  8:30am-5:00pm Monday, Tuesday, Thursday,

|  |  |
| --- | --- |
| http://www.workandincome.govt.nz | Friday.  9:30am-5:00pm Wednesday.  All services free of charge.  No referral required. |

**Ministry of Social Development - Hawera Community Link**

FSD0007975 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Unit 1 15 Union Street Hawera



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Ministry of Social Development - New Plymouth Community Link**

FSD0007977 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Dawson House 160 Devon Street West New Plymouth 4310



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Ministry of Social Development - Waitara Service Centre**

FSD0007982 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

25 Queen Street Waitara



(0800) 559 009 http://www.workandincome.govt.nz

Monday, Tuesday, Thursday, Friday 8:30am 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Mountainview Medical**

FSD0021526 Last updated 22/01/2021

Drug testing service for Work and Income clients. Prices inclusive of GST.

On-site screening drug test: $65.00 Evidential drug test: $210.00

65 Victoria St Hawera 4610



admin@mvmedical.co.nz  Hawera practice - 8 am - 5 pm Monday to Friday

(06) 278 0104 Some charges may apply. https://www.itsmyhealth.co.nz/medical- Referral may apply.

centre/mountainview-medicalcentre/765/about

**Classification : DTS**

**S.T.A.R.T Taranaki**

FSD0019162 Last updated 29/03/2021

We provide an extremely effective intervention for recidivist youth offenders. It is our unique three phase design and focus on building meaningful relationships between young people and positive role models which allows its young people to feel safe to share pieces of themselves without fear of ridicule.

START Taranaki has a holistic approach which looks at each client's skills and strengths then builds individualized plans with young people to make change that is meaningful and sustainable to them. The desired outcome is to equip the young people with the tools to function as an adult in society and contribute towards safer communities through this initiative to reduce crime.

START Taranaki is based in Kaponga on the southern slopes of Mount Taranaki. It is governed by a Board of Trustees.

3 Alamein Street Kaponga 4679



neville@starttaranaki.co.nz  Office hours: 8.30 - 4.00 Monday to Friday

|  |  |
| --- | --- |
| (06) 764 6225  http://www.starttaranaki.co.nz | Some charges may apply. Referral may apply. |

**Te Khui Maru Trust**

FSD0024522 Last updated 09/04/2021

Te Khui Maru Trust is committed to supporting positive outcomes for iwi relating to education, employment and the environment.

52 Molesworth Street New Plymouth 4310



admin@ngatimaru.co.nz  Monday - Friday: 830am - 5.00pm http://maru.nz All services free of charge.

Referral may apply.

**The Drug Detection Agency - Taranaki**

FSD0020238 Last updated 17/11/2020

Drug testing service for Work & Income beneficiaries. Prices inclusive of GST:

Office based screening test, by appointment: $74.75

Mobile testing service (not private residences) $89.10

Evidential Laboratory Confirmation Test: $120.00

58e Katere Street New Plymouth 4312



jo.stevenson@tdda.com  Monday - Friday, 8.00am - 2.00pm

(06) 757 3505 Some charges may apply.

(027) 422 5062 Referral may apply. http://www.tdda.com

**Classification : DTS**

**U-Turn Community Training Services**

FSD0024243 Last updated 29/04/2021

To accept referrals from MSD for participants to achieve sustainable employment. The service offered includes:

Updating of CV particulars - Assist with job applications e.g. interview skills, cover letters etc Counselling to alleviate barriers to employment, and make referrals to agencies for specific life issues.

 37 Dawson Street New Plymouth 4310

dani.uturn@gmail.com  5 days per week 8am to 5pm except statutory

(021) 199 6346 holidays

(09) 406 0192 All services free of charge.

Referral may apply.

**Volunteering New Plymouth**

FSD0005008 Last updated 19/03/2021

Our Service is to promote and recognise the importance of volunteers and volunteering within the New Plymouth District community. We act as a preferred point of contact for the recruitment and training of volunteers in order to increase their efficiency, effectiveness and capacity and the promotion of good practice in volunteer management and the recognition of the contribution of volunteers to the community.

Devon Centre, Level 4 44 Liardet Street New Plymouth 4310



manager@volunteeringnewplymouth.nz  9am to 4pm Monday to Thursday

(06) 758 8986 9am to 1pm. Friday

(027) 541 0577 All services free of charge. http://www.volunteeringnewplymouth.org. No referral required. nz

**Work and Income - Taranaki Regional Office**

FSD0015270 Last updated 07/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

37 Dawson Street New Plymouth 4310 gail.bennett001@msd.govt.nz  All services free of charge.



(0800) 559 009 No referral required.

http://www.workandincome.govt.nz

**Workbridge Inc (Taranaki)**

FSD0007863 Last updated 10/02/2021

Workbridge is a specialist employment service that gives employers access to a wide talent pool of people with a disability, injury or illness.

119 Devon Street East New Plymouth 4310



taranaki@workbridge.co.nz  Monday to Friday

(0508) 858 858 8.30am to 5pm

http://www.workbridge.co.nz All services free of charge.

No referral required.

# Ethnic Services

**Citizens Advice Bureau - Central Taranaki**

FSD0006904 Last updated 08/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

270 Broadway Stratford centraltaranaki@cab.org.nz  Mondays: closed.



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| --- | --- |
| (06) 765 5250 http://www.cab.org.nz | Tuesday to Friday 10am - 1pm All services free of charge.  No referral required. |

**Citizens Advice Bureau - Hawera**

FSD0006892 Last updated 08/04/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

22 Union Street Hawera



hawera@cab.org.nz  Mon - Fri 9.30am - 12.30pm Note we are only

|  |  |
| --- | --- |
| (06) 278 3156 (0800) 367 222 http://www.cab.org.nz | open via phone, email and online chat All services free of charge.  No referral required. |

**Citizens Advice Bureau - New Plymouth**

FSD0006898 Last updated 01/10/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau.

The service can be accessed by phone, email or in person.

Community House 32 Leach Street New Plymouth newplymouth@cab.org.nz  Mon - Fri 9.30am - 3.30pm.



|  |  |
| --- | --- |
| (06) 758 9542 (0800) 367 222 http://www.cab.org.nz | Legal Services Mon 7.15pm - 9pm (by appointment only).  JP Services Mon 10am - 12.30pm.  All services free of charge.  No referral required. |

**English Language Partners Taranaki**

FSD0007842 Last updated 01/02/2021

To provide English language skills and social support for effective resettlement of refugees and migrants in Aotearoa New Zealand.

50 Devon Street East New Plymouth 4310



taranaki@englishlanguage.org.nz  Monday, Tuesday, Wednesday, 9am - 3pm,

(06) 759 1118 Thursday 9.00am - 2.30pm

http://englishlanguage.org.nz/new- Friday 9am - 12noon plymouth Appointment is necessary for a registration.

Other times by appointment only.

Some charges may apply. Referral may apply.

**Feats**

FSD0005104 Last updated 21/12/2020

Feats is committed to helping you find your strengths and skills, with zero fee training programmes. Whether you’re looking for an education alternative, a change in direction or the opportunity to upskill; we’re here to set you up for success.

 6 Princes Street Hawera 4610

|  |  |
| --- | --- |
| admin@feats.ac.nz  (06) 758 7110 (0800) 505 479 http://www.feats.ac.nz    **Classification : PACIFIC** | 8.00am 5.00pm Monday - Friday All services free of charge.  Referral may apply. |

**Migrant Connections Taranaki**

FSD0021625 Last updated 28/09/2020

Migrant Connections Taranaki is a free service aimed at a broad migrant support which includes skilled and non-skilled migrants and their families.

Level 1, Vero Building 10 Devon Street East New Plymouth 4310 mctnz@xtra.co.nz  Monday-Friday (06) 759 0828 9.00am -3.00pm



http://www.migrantconnections.org.nz All services free of charge. Referral may apply.

**Classification : PACIFIC**

**Taranaki Multi-Ethnic Council**

FSD0005063 Last updated 27/01/2021

Building bridges of friendship, unity and diversity.

isaia\_s@hotmail.com  All services free of charge.

(021) 086 13561 No referral required.

https://www.facebook.com/taranakimultiet hnicextravaganza/

**Taranaki Women's Refuge**

FSD0007665 Last updated 15/04/2021

Women's Refuges work to raise public awareness of violence against women and children, promoting the prevention and elimination of violence, and the rights of women and children to care and protection. For support, please ring our free Taranaki Crisis Line: 0800 827 973. In an emergency, please ring 111 and ask for the Police.

We also offer a voluntary service (ASPIRE) for men who wish to make change and live a life free from Domestic Violence. A male social worker will work one-on-one with male clients.

NB: Face-to-face (kanohi ki te kanohi) service is provided from Mokau in the north and south to Patea and along the coast.

Level 2, Kings Building 36 Devon Street West Central New Plymouth 4340 admin@taranakiwomensrefuge.co.nz  24 hours (Support Crisis phone line).



|  |  |
| --- | --- |
| (06) 769 5553 (0800) 827 973 http://www.womensrefuge.org.nz | Community Office: Mon-Friday 9am-3pm Some charges may apply.  Referral may apply. |

# Family / Whanau Services

**Active Intentions**

FSD0004949 Last updated 27/10/2020

To provide quality, effective counselling service. Also offering education, mediation and workplace interventions.

Powderham Business Centre 117 Powderham Street New Plymouth 4310 counsellor.sylvia@gmail.com  Monday- Friday, 9am - 5pm (excluding



|  |  |
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| (027) 600 0302 http://www.sylvia-huitsonactiveintentions.co.nz      **Alzheimers Taranaki Inc** | Wednesdays)  Some charges may apply. No referral required. |
| FSD0006739 | Last updated 21/01/2021 |

Alzheimers Taranaki provides support, advocacy, information and advice to people with dementia, their carers and families, through Field Workers, Support Groups, Memory Cafes, Day Programmes and Education Programmes.

Powderham Business Centre 117 Powderham Street New Plymouth 4310



office.alztaranaki@xtra.co.nz  Office open Mon- Fri 8.30am to 4pm although (06) 769 6916 occasionally unattended if we are at meetings.

(0800) 004 001 Some charges may apply. http://www.alzheimers.org.nz/taranaki/ Referral may apply.

**Aotea Maori Women's Welfare League Regional Council**

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| FSD0002180  Support for Maori women |  | Last updated 12/02/2021 |
| admin@mwwl.org.nz (06) 473 6451 http://www.mwwl.org.nz | All services free of charge. No referral required. |  |

**Aurora Centre**

FSD0005036 Last updated 22/11/2020

A team of qualified, professional counsellors/therapists who respect the individuality of people and their cultures.

59 Lemon St New Plymouth 4310



Beth@auroracentre.org.nz  8.30 am - 6.30pm Monday - Friday

|  |  |
| --- | --- |
| (06) 758 4579  (027) 287 6722 (text only) http://auroracentre.org.nz      **Barnardos - Taranaki** | Some charges may apply. No referral required. |
| FSD0006799 | Last updated 21/03/2021 |

Barnardos provide a range of care, education and support services developed specifically for New Zealand children and their families. The services we provide reflect our commitment to ensuring that all children are able to receive the very best start to life.

186A Tukapa Street New Plymouth 4310



taranaki.amu@barnardos.org.nz  8 am - 4 pm Mon - Fri

(06) 753 3484 Some charges may apply.

(0800) 227 627 No referral required. http://www.barnardos.org.nz

**Bell Block Kelly Club Limited**

FSD0024149 Last updated 09/02/2021

After school club programme run at Bell Block school.

Kelly Club has been committed to providing the very best in before- and after-school programmes for busy families like yours.

We understand how hard it is to juggle the workday schedule, and the anxiety associated with finding safe, fun, high-quality care for your children. That’s why our programmes are developed in consultation with the school and the local community to feature a diverse mix of entertainment, education and relaxation. Your kids will feel right at home doing activities like cooking, crafts or games, as well as having time to do their homework and relax after a busy day of learning.

31 Bell Block Court Bell Block New Plymouth 4312



bellblock@kellyclub.co.nz  Monday to Friday 3.00pm to 5.30pm

(021) 158 3632 Some charges may apply. http://www.kellyclub.co.nz No referral required.

**Big Brothers Big Sisters of Taranaki**

FSD0015241 Last updated 26/08/2020

Community based youth mentoring programme.

C/- NP Police 95 Powderham Street New Plymouth 4340 taranaki@bigbrothersbigsisters.org.nz  Day time business hours



(06) 759 8854 All services free of charge.

(027) 260 8851 No referral required.

http://www.bigbrothersbigsisters.org.nz

**Breastfeeding Support - La Leche League Taranaki**

FSD0005015 Last updated 01/05/2021

La Leche League (pronounced La Lay-chay) is a volunteer non-profit organisation which provides information and mother-to-mother support for women breastfeeding their babies or wanting to. We encourage whnau to contact us before their baby is born, as well as while they are breastfeeding.

Support is available through group meetings, coffee groups, phone, Facebook and email.

Disabled Citizens Craft Centre 82 Hine Street New Plymouth 4310



LLLTaranaki@gmail.com  Free monthly meetings are held on the 1st http://www.lalecheleague.org.nz Tuesday of every month 10am - 12noon at the

Disabled Citizens Craft Centre, koha is appreciated to help cover the room hire, whole wnnau welcome

Koha/donation may apply. No referral required.

**Cherish Childcare**

FSD0023323 Last updated 07/09/2020

Safe, fun and familiar environment for your child where they can learn, make friends and have a great time all within the school grounds.

We are OSCAR approved and all our staff are police vetted and have experience in caring for school children, they have a passion to provide a positive environment so you can feel comfortable with the knowledge when the school bell has gone and children released from their class they will get quality care and aroha.

Our holiday programme caters for the wider community based in Bell Block at puketapu school.

Fun and exciting activity's are planned daily with plenty of time fro free choice and outside play.

Block f 15 Dillon Drive New Plymouth 4312



oscar@cherischildcare.co.nz  Before school care 7.15-8.30am

(06) 544 8758 After school care 3-6pm

http://cherishchildcare.co.nz Holiday programme 7.30am-5.30pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Child and Adolescent Community Centre (THL)**

FSD0005027 Last updated 23/11/2020

We aim to provide a fully comprehensive service to enable the children and adolescents of

Taranaki to reach their optimum level of physical, mental, emotional and social development.

Taranaki Base Hospital 27A David Street Westown New Plymouth 4310



(06) 753 7790  8.00am - 5.00pm, Monday to Friday http://www.tdhb.org.nz All services free of charge.

Referral may apply.

**Child protection Team - Taranaki**

FSD0005106 Last updated 09/11/2020

Child protection Team - Taranaki. The child protection team attends to matters involving people under 17 years of age

C/- Police Station 195 Powderham Street New Plymouth



debra.gower@police.govt.nz  24 hours 7 days leave a message or email as a

|  |  |
| --- | --- |
| (021) 191 4863  (021) 191 2640 | these numbers are not available all the time - if necessary try 105 (Police non-emergency number) to get in touch.  All services free of charge.  No referral required. |

**Citizens Advice Bureau - Central Taranaki**

FSD0006904 Last updated 08/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

270 Broadway Stratford centraltaranaki@cab.org.nz  Mondays: closed.



|  |  |
| --- | --- |
| (06) 765 5250 http://www.cab.org.nz | Tuesday to Friday 10am - 1pm All services free of charge.  No referral required. |

**Citizens Advice Bureau - Hawera**

FSD0006892 Last updated 08/04/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

 22 Union Street Hawera

|  |  |
| --- | --- |
| hawera@cab.org.nz  (06) 278 3156 (0800) 367 222 http://www.cab.org.nz | Mon - Fri 9.30am - 12.30pm Note we are only open via phone, email and online chat All services free of charge.  No referral required. |

**Citizens Advice Bureau - New Plymouth**

FSD0006898 Last updated 01/10/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau.

The service can be accessed by phone, email or in person.

Community House 32 Leach Street New Plymouth



newplymouth@cab.org.nz  Mon - Fri 9.30am - 3.30pm.

|  |  |
| --- | --- |
| (06) 758 9542 (0800) 367 222 http://www.cab.org.nz      **CoastalCare** | Legal Services Mon 7.15pm - 9pm (by appointment only).  JP Services Mon 10am - 12.30pm.  All services free of charge. No referral required. |
| FSD0023051 | Last updated 16/11/2020 |

We provide a facility and structure that hosts modern health and social service delivery for the people of Coastal Taranaki and support people required to go out of the region to receive care.

See Services for a list of the services and organisations hosted.

26 Napier Opunake 4616



info@coastalcare.co.nz  Mon - Fri 8.30am - 5pm

|  |  |
| --- | --- |
| (06) 761 8488  (021) 729 471 http://coastalcare.co.nz/ | Sat - 9am - 12 midday Pharmacy only Some charges may apply.  No referral required. |

**Disabled Citizens Society (Taranaki) Inc**

FSD0004961 Last updated 28/10/2020

To provide and maintain clubrooms for rental by disabled, craft and community groups.

83 Hine Street New Plymouth



j.hainsworth@xtra.co.nz  Available for rental at any time

(06) 753 2668 Some charges may apply.

No referral required.

**Eagars Funerals**

FSD0023709 Last updated 23/09/2020

When a death occurs in your family, you will be cared for by ours.

172-174 Lemon Street Strandon New Plymouth 4312 office@eagars.co.nz  Office 8.30am-5.00pm Monday to Friday.



|  |  |
| --- | --- |
| (06) 759 2200  (06) 765 7859 http://www.eagars.co.nz | Phone 24 Hours  Some charges may apply.  No referral required. |

**Families Overcoming Addiction**

FSD0023389 Last updated 17/11/2020

We provide support and information for people affected by a loved-one's alcohol and/or drug use.

familyaddictionhelpnz@gmail.com  Our group meets weekly, Monday evenings, 6pm (027) 335 0391 - 8.30pm, Ph: 0273550391 for venue and other

details.

All services free of charge. No referral required.

**Family Works Taranaki**

FSD0002175 Last updated 23/07/2020

Family Works is a family-focused social service agency. We support and empower children, teens, families, whnau and communities to thrive and reach their full potential. Our vision is for Aotearoa New Zealand to be the best place in the world to grow up – a place where children, families and whnau truly flourish.

Our services include social work, counselling for children, teens and adults, couples, and families, parenting advice and education, Family Dispute Resolution, and support for people who have experienced family violence. We provide these services throughout Taranaki including New Plymouth, Stratford, Waitara and Hawera.

69 Corbett Road Bell Block New Plymouth 4310



familyworks-taranaki@psc.org.nz  Office Monday-Friday 8:30am-5pm

(06) 758 5037 Some charges may apply. http://www.familyworkscentral.org.nz No referral required.

**GrowingKids**

FSD0023543 Last updated 08/07/2020

Out of School Care (OSCAR) for primary age children (5-13), based at Inglewood Primary School.

Inglewood Primary School 33 Kelly Street Inglewood 4330



office@growingkids.co.nz  Monday-Friday 7am-8.30am (027) 543 0625 Monday-Friday 3pm-5.30pm http://growingkids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Guild Research and Consultancy Services Ltd**

FSD0021250 Last updated 17/12/2020

Guild Research and Consultancy offers organisational capability mentoring. The focus of Guild is collaboration, empowering, enabling and building capacity and capability. We build on strengths and what is already known. Guild is committed to building a resilient and sustainable community, social services and not for profit sector.

Guild is agile and flexible and premised on us being part of your team and working hard to support you to deliver your vision, goals, culture and outcomes. Guild is part of the community and works for the community and small business sector. Our services are affordable and we have high standards and deliver quality results that support organisations with their aspirations.

Guild staff are experienced, credible, qualified and professional. They operate with integrity and are easy to work alongside. We pride ourselves on going the extra step for organisations,

guildrcs@gmail.com  Monday to Friday 08:00 to 17:00.

(06) 753 7037 Monday to Friday (evenings on request). (021) 165 1549 Saturday (on request). http://gu1ldrcs.wixsite.com/guildrc Some charges may apply.

No referral required.

**Habitat for Humanity Taranaki**

FSD0004979 Last updated 22/02/2021

Selects families for homeownership:

Families are selected according to their housing need, and their ability to repay the loan and their commitment to partner with Habitat after an initial tenancy agreement between 3 to 5 years.

Habitat does not discriminate according to race, religion or ethnic group.

The families invest 450 hours of "sweat equity" in their new Habitat home and 50 hours of education.

|  |  |
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| taranaki@habitat.org.nz  (06) 755 1225  (021) 296 4164 https://habitat.org.nz/taranaki/      **Harding's Funerals** | Answerphone available all hours.  Some charges may apply. No referral required. |
| FSD0023722 | Last updated 27/10/2020 |

We are a sensitive, fully qualified, locally owned and operated funeral service located in Hawera, South Taranaki. We are happy to serve all of South Taranaki, and are available 24/7.

We welcome all enquiries free of obligation.

17 Regent Street Hawera 4610 hardingsfuneral@xtra.co.nz 



(06) 278 8633 (027) 716 1719 https://www.hardingsfunerals.co.nz/ We are available during normal office hours, Monday to Friday 8.30am until 5pm, and any other time by phone 06 278 8633 Some charges may apply. No referral required.

**Headstone Warehouse (Hawera)**

FSD0023721 Last updated 30/10/2020

We are a fourth generation family business based in beautiful Taranaki, but send memorials all over the country usually at no cost to you. We are proud to provide affordable memorials to families, with absolutely no compromises to quality, service and our beautiful product. Our team of 9 with their vast experience are extremely dedicated and we all love what we do. One-off designs are specialised in, and every memorial big or small is just as important to us as it is as we understand it is a Taonga to each family. We also carry out all levels of renovations, although this is mainly in the greater Taranaki region. Our clients also have peace of mind having the guarantee of workmanship as we are Registered Members of the New Zealand Master Monumental Masons Association

33 High St Hawera South Taranaki 4610



hawera@headstonewarehouse.co.nz  Mon-Fri - 8.00am -4.30pm

(06) 278 5518 Saturday by appointment (027) 560 1460 Some charges may apply. http://www.headstonewarehouse.co.nz No referral required.

**Headstone Warehouse (New Plymouth)**

FSD0023726 Last updated 30/10/2020

We are a fourth-generation family business based in beautiful Taranaki, but send memorials all over the country usually at no cost to you. We are proud to provide affordable granite memorials to families, with absolutely no compromises to quality, service and our beautiful product. Our team of 9 with their vast experience are extremely dedicated, and we all love what we do. One off designs are specialised in, and every memorial big or small is just as important to us as we understand it is a Taonga to each family. We also carry out all levels of renovations, although this is mainly in the greater Taranaki region. Our clients also have peace of mind having the guarantee of workmanship as we are Registered Members of the New Zealand Master Monumental Masons Association.

209 Coronation Ave Welbourn New Plymouth 4310



newplymouth@headstonewarehouse.co.n  Monday-Friday 9.00am - 5.00pm

z Saturday by appointment

(06) 759 9975 Some charges may apply.

(06) 278 5518 No referral required.

http://www.headstonewarehouse.co.nz

**Hoiho Whakaora Tangata**

FSD0023153 Last updated 25/03/2021

To provide specialist support with Equine Assisted Counselling using EAGALA principles. Located in Taranaki we are proud to be a part of the development of horse assisted counselling and therapy in New Zealand.

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| --- | --- |
| hoihowhakaoratangata@gmail.com http://horseshelpingpeople.co.nz      **Hospice Taranaki Inc** | Please email to discuss.  Some charges may apply. No referral required. |
| FSD0008189 | Last updated 04/02/2021 |

Specialist palliative care service for Taranaki. Offers inpatient and community care. Range of services provided including: medical care, nursing care, bereavement and counselling, social work, occupational and physiotherapy, day programme at hospice.

5 David Street Westown New Plymouth 4310



info@hospicetaranaki.org.nz  Te Rangimarie Hospice is open 24hrs/day 7 (06) 753 7830 days per week. Telephone advice is available

http://www.hospicetaranaki.org.nz 24hrs/7days per week

All services free of charge. Referral may apply.

**Implement Limited**

FSD0021122 Last updated 23/04/2021

Offers organisational capability mentoring. Please see service detail for more information.

29 Wallace Place Westown New Plymouth 4310



shona@implement.co.nz  Monday to Friday 8.30 to 5pm

(06) 769 9500 Some charges may apply.

(027) 453 6928 Referral may apply. http://www.implement.co.nz

**Incedo - Taranaki**

FSD0005154 Last updated 20/11/2020

The organisation works to support the empowerment of youth to enable them to help themselves and work towards transformation physically, socially and ultimately spiritually.

52 Young Street New Plymouth 4310



taranaki@incedo.org.nz  By appointment.

(027) 438 9052 Some charges may apply.

(06) 769 9100 No referral required. http://www.incedo.org.nz

**Inglewood Community Childcare Centre**

FSD0017992 Last updated 24/07/2020

The Centre offers quality yet affordable childcare for children aged 0-5, and runs an OSCAR approved before & after school programme, and holiday programme for children aged 5-13.

3 Rata St Inglewood 4330 inglewoodchildcare@xtra.co.nz 



(06) 756 8882

(06) 756 8810 http://www.inglewoodchildcare.co.nz

**Classification : OSCAR**

Weekdays 7:30am - 5:30pm

Closed weekends, public and statutory holidays.

Some charges may apply. No referral required.

**Kelly Club Oakura**

FSD0023138 Last updated 30/06/2020

After School Care Kelly Club Oakura

Year 0 - 8

Our before and after care programme is focused around various activities including sports, cooking, art and crafts as well as our structured free time. These activities will be incorporated into themed subjects each week that give children the opportunity to extend their learning outside of the school classroom. We provide quality childcare in safe and fun surroundings.

38 Carthew Street Okato 4335



oakura@kellyclub.co.nz  After school club 3.00pm - 5.30pm.

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| --- | --- |
| (027) 874 5575 http://www.kellyclub.co.nz    **Classification : OSCAR**    **Kiddylandz Hawera** | Contact for info 9am - 5pm weekdays.  Some charges may apply. No referral required. |
| FSD0005185 | Last updated 18/08/2020 |

We aim to bring good quality, well designed and appropriate toys, within reach of young families in our community,to help them and their children reach their full potential through play.

Assembly of God Church 192-194 High Street Hawera



kiddylandztoylibrary@gmail.com  Thursday - 10.00am - 12noon

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| --- | --- |
| (06) 278 8073 http://www.toylibrary.co.nz/find-toylibrary/central-north-island/kiddylandzhawera/ | Saturday - 10.30 - 11.30am  During school term time Some charges may apply.  No referral required. |

**Kiwi Clubhouse Learning Centre**

FSD0021476 Last updated 21/08/2020

Community based Childcare for children from 3 month - 5 years old.

OSCAR approved programmes - After School and Holiday programmes for children 5 years - 13 years old.

33 Manawapou Road Hawera 4610



admin@kiwiclubhouse.co.nz  Open at 7.15am close at 5.30pm

(06) 278 0810 Some charges may apply.

No referral required.

**Classification : OSCAR**

**Life Education Trust - Taranaki**

FSD0005023 Last updated 16/04/2021

Two mobile classrooms and two educators reach every Primary and Intermediate school student in Taranaki with a positive health based message giving knowledge & skills that will keep them free from harmful substances.

137 Wairau Road Kaitake New Plymouth 4310 taranaki@lifeed.org.nz  Please feel free to contact us via email any time.



(021) 842 445 All services free of charge.

(027) 543 3019 Referral may apply. http://www.lifeeducation.org.nz/

**Life Skills Taranaki - Oranga Punenga O Taranaki**

FSD0005070 Last updated 11/02/2021

To develop and enhance the independence and wellbeing of people with disabilities.

8 Manadon Spotswood New Plymouth 4310 life.skills-np@xtra.co.nz  8.30am - 3.30pm Monday to Friday.



(06) 751 0188 All services free of charge.

(06) 751 0184 Referral may apply.

http://facebook.com/LifeskillsTaranaki

**Manna Healing Centre**

FSD0005073 Last updated 20/11/2020

Short-term respite care (up to three weeks at a time) providing breaks for people needing time out. People come through Mental Health, drug and alcohol, church groups or word of mouth, We are Christian based.

134 Wairau Road RD 4 New Plymouth mannahealingcentre@gmail.com  Office Hours 8am - 8:30pm, Monday - Sunday.



(06) 752 7620 Some charges may apply.

No referral required.

**Marfell Community Trust**

FSD0005130 Last updated 31/10/2020

To provide spiritual and moral support in the areas of: justice for all, respectful and loving relationships, anger management, coping with violence, self-esteem, affirmation, challenge, communication, grief and loss, and care for earth and environment.

D Building 10 Endevour Street Marfell New Plymouth 4310 marfellcommunitytrust@xtra.co.nz  Anytime with message service in place.



(06) 751 1908 All services free of charge. https://www.facebook.com/marfellcommu No referral required. nitytrust/

**Migrant Connections Taranaki**

FSD0021625 Last updated 28/09/2020

Migrant Connections Taranaki is a free service aimed at a broad migrant support which includes skilled and non-skilled migrants and their families.

Level 1, Vero Building 10 Devon Street East New Plymouth 4310 mctnz@xtra.co.nz  Monday-Friday (06) 759 0828 9.00am -3.00pm



http://www.migrantconnections.org.nz All services free of charge. Referral may apply.

**Classification : PACIFIC**

**Mininstry of Social Development - Stratford Service Centre**

FSD0007978 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

65-67 Miranda Street Stratford 4332



(0800) 559 009  8:30am-5:00pm Monday, Tuesday, Thursday,

|  |  |
| --- | --- |
| http://www.workandincome.govt.nz | Friday.  9:30am-5:00pm Wednesday.  All services free of charge.  No referral required. |

**Ministry of Education, Learning Support, Taranaki, Whanganui,**

**Manawatu**

FSD0006556 Last updated 09/10/2020

We work with others to ensure children with additional learning needs have the opportunity to learn alongside their peers.

Level 1, Dawson House 37 Dawson Street New Plymouth 4310 enquiries.whanganui@education.govt.nz  Monday to Friday 8am to 5pm



(0800) 333 032 All services free of charge. https://www.education.govt.nz/school/stud Referral may apply. ent-support/special-education/

**Ministry of Social Development - Hawera Community Link**

FSD0007975 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Unit 1 15 Union Street Hawera



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

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| http://www.workandincome.govt.nz | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**Ministry of Social Development - New Plymouth Community Link**

FSD0007977 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Dawson House 160 Devon Street West New Plymouth 4310



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Ministry of Social Development - Waitara Service Centre**

FSD0007982 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

25 Queen Street Waitara



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

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| http://www.workandincome.govt.nz | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**MountainView Vineyard Church (Kidz.com)**

FSD0021937 Last updated 11/03/2021

We offer childcare to under 5's through Gr8Kidz Childcare Centre with kidz.com providing before and after school care and school holiday programme.

We are a contemporary church who seeks to serve our community.

159 Orlando Street Stratford 4332



office@mountainviewvineyard.org  Childcare available Monday to Friday 7.00am -

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| --- | --- |
| (06) 765 0401 (027) 222 9824 http://www.mountainviewvineyard.org    **Classification : OSCAR** | 5.30pm  Some charges may apply.  No referral required. |

**New Plymouth Local Council Website**

FSD0017660 Last updated 14/09/2020

Find council services and information online by clicking on the website link

|  |  |
| --- | --- |
| updates@familyservices.govt.nz http://www.newplymouthnz.com/      **Ngati Ruanui Tahua Limited** | Online  All services free of charge. No referral required. |
| FSD0005031 | Last updated 05/02/2021 |

The vision of Ruanui health centre is to provide professional health services and education which will lead to independent health lifestyles and well being of it's whanau, hapu and iwi members. Oranga Wairua-Spiritual Wellness, Uranga Hinengaro-Mental Wellness, Oranga Tinana-Physical Wellness, Oranga Whanau-Family Wellness.

41 Hunter Street Hawera 4610



admin.rhc@ngatiruanui.org  8.30am-5pm Monday to Friday

(06) 278 1310 Some charges may apply. https://www.facebook.com/ngatiruanuihea Referral may apply. lthcare/

**Ngati Ruanui Tahua Ltd**

FSD0006025 Last updated 21/12/2020

Programmes to support whanau development. Whanau will have the opportunity to gain skills and knowledge that will assist them to function well and support their children's growth and development.

41 Hunter Street Hawera 4610



admin.rhc@ngatiruanui.org  All services free of charge.

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| (06) 278 1310    **Classification : BFC** | No referral required. |

**Northpoint Baptist Church - Youth Group**

FSD0004945 Last updated 19/03/2021

To equip young people with values and life skills that will enable them to make informed decisions throughout their lives. Also to provide an environment that is fun, exciting, challenging and safe.

116 Mangati Road Bell Block New Plymouth



info@northpoint.org.nz  Office manned Tuesday to Friday from 9.00 am

(06) 755 2374 to 3.00 pm. http://www.northpoint.org.nz Some charges may apply.

Referral may apply.

**On The House**

FSD0024404 Last updated 28/09/2020

On The House collects surplus food from cafes and restaurants around New Plymouth. The food is then redistributed to individuals and families who need it. We do not have an application process nor do we ask questions, we operate on a zero judgement policy. Any food that is leftover after our shifts is donated to communities in New Plymouth who we know need it.

In the Community Hall 10 Henui Street Strandon New Plymouth 4312



info@onthehouse.org.nz  We are currently open on THURSDAYS, 4.45pm http://onthehouse.org.nz - 5.45pm. There is plenty of off and on street parking.

All services free of charge. No referral required.

**Open Home Foundation (OHF) - New Plymouth**

FSD0007288 Last updated 27/10/2020

Our Mission is to provide quality child centred family focused Christian social services. The Open Home Foundation is a Christian Child and Family Support Service that works within the provisions of the Children, Young Persons and Their Families Act (1989). We have 14 centres throughout NZ and we provide quality services for children, young people and their family/whanau.

212 Coronation Ave Welbourn New Plymouth



taranaki@ohf.org.nz  8.30am - 5pm Monday to Friday

(06) 758 9971 All services free of charge.

http://www.ohf.org.nz/ Referral may apply.

**Oranga Tamariki-Ministry for Children, Hawera**

FSD0006968 Last updated 09/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

- Cnr Argyle and High Street Hawera 4610



contact@ot.govt.nz  +64 9 912 3820 (from outside New Zealand) (0508) 326 459 All services free of charge.

(0508) FAMILY No referral required. https://www.orangatamariki.govt.nz/

**Oranga Tamariki-Ministry for Children, New Plymouth**

FSD0006967 Last updated 13/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

Dawson House 160 Devon Street West New Plymouth 4310



contact@ot.govt.nz  If you're overseas:

(0508) 326 459 Call +64 9 912 3820

(0508) FAMILY All services free of charge. https://www.orangatamariki.govt.nz/ No referral required.

**Parents Centre New Zealand Inc - South Taranaki**

FSD0007328 Last updated 14/09/2020

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

34 Fairfield Road Hawera



sth.taranaki@parentscentre.org.nz  Play Groups

|  |  |
| --- | --- |
| (027) 437 4926 http://www.parentscentre.org.nz | Monday (Under 2's) 10 - 11.30am  Tuesday 9.30 - 11.30am  Friday 9.30 - 11.30am Some charges may apply.  No referral required. |

**Parents Centre New Zealand Inc - Stratford**

FSD0007327 Last updated 08/12/2020

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

109 Miranda Street Stratford 4332



stratford@parentscentre.org.nz  Playgroup for 0-6 years

|  |  |  |
| --- | --- | --- |
| (027) 419 0776 http://www.parentscentre.org.nz      **Playball Taranaki** | every Tuesday and Thursday 9.30am - 12.00pm. | |
| Some charges may apply. No referral required. |  |
| FSD0024378 |  | Last updated 17/09/2020 |

Playball Taranaki is a sport and movement program for children.

We run sport and movement sessions for children at ECE’s, Preschools and Primary schools throughout the Taranaki regions. We also run Holiday programs for children each school holidays at local Rugby clubrooms.

472 Devon Street East Strandon New Plymouth 4312



coachmike@playball.co.nz  We run Playball sessions each school day -

(027) 313 8588 Monday to Friday from 9-4pm http://www.playball.co.nz Some charges may apply.

Referral may apply.

**Plunket Taranaki**

FSD0005850 Last updated 28/07/2020

We are New Zealand's largest provider of support services for the development, health and wellbeing of children under 5. Plunket works together with families and communities, to ensure the best start for every child. Whnau whina - caring for families.

If you have any questions on any of the things above, we warmly welcome you to get in touch with us on 06 769 5453 ext 1!

214 Devon Street West New Plymouth 4310



taranaki.admin@plunket.org.nz  Taranaki Area Office: 9:00am-3:00pm Monday to

(06) 769 5453 Friday.

(0800) 933 922 http://www.plunket.org.nz All other clinics are open by appointment.

All services free of charge. No referral required.

**Plunket Taranaki - Area Office**

FSD0007438 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than ninety percent of New Zealand families choose to use Plunket to help them care for their young children.

Taranaki Plunket Hub 214 Devon Street West New Plymouth taranaki.admin@plunket.org.nz  8.30am - 3.30pm Monday to Friday.



(06) 769 5453 All services free of charge.

(0800) 933 922 No referral required. http://www.plunket.org.nz

**Plunket Taranaki - Bell Block Clinic**

FSD0016818 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

130 Parklands Avenue Bell Block 4312



taranaki.admin@plunket.org.nz  By appointment only (06) 769 5453 ex 1 All services free of charge.

(0800) 933 922 No referral required. http://www.plunket.org.nz

**Plunket Taranaki - Eltham Clinic**

FSD0016897 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

213 High Street Eltham 4310 taranaki.admin@plunket.org.nz  Please call for an appointment.



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| --- | --- |
| (06) 769 5453 ex 1 (0800) 933 922 http://www.plunket.org.nz | All services free of charge. No referral required. |

**Plunket Taranaki - Hawera Clinic**

FSD0016907 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

14 Wellington Street Hawera 4610



taranaki.admin@plunket.org.nz  By appointment only

|  |  |
| --- | --- |
| (06) 769 5453 ext 1 (0800) 933 922 http://www.plunket.org.nz | All services free of charge. No referral required. |

**Plunket Taranaki - Inglewood Clinic**

FSD0016772 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

21 Rata Street Inglewood 4330 taranaki.admin@plunket.org.nz  Please phone for an appointment.



|  |  |
| --- | --- |
| (06) 769 5453 ext 1 (0800) 933 922 http://www.plunket.org.nz | All services free of charge. No referral required. |

**Plunket Taranaki - Kaponga Clinic**

FSD0016898 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

56 Victoria Street Kaponga 4679



taranaki.admin@plunket.org.nz  Please call for appointment

|  |  |
| --- | --- |
| (06) 769 5453 ext 1 (0800) 933 922 http://www.plunket.org.nz | All services free of charge. No referral required. |

**Plunket Taranaki - Manaia Clinic**

FSD0016902 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

 30 South Road Manaia 4612

taranaki.admin@plunket.org.nz 

(06) 769 5453 ex 1 (0800) 933 922 http://www.plunket.org.nz By appointment only

All services free of charge. No referral required.

**Plunket Taranaki - New Plymouth Clinic**

FSD0016817 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

Level 1 214 Devon Street West New Plymouth 4310 taranaki.admin@plunket.org.nz  By appointment only (06) 769 5453 All services free of charge.



(0800) 933 922 No referral required. http://www.plunket.org.nz

**Plunket Taranaki - Okato Clinic**

FSD0023994 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

RNZ Plunket Trust, c/o St Pauls Hall 80 Carthew Street Okato



taranaki.admin@plunket.org.nz  by appointment only (06) 769 5453 All services free of charge.

(0800) 933 922 No referral required. http://www.plunket.org.nz

**Plunket Taranaki - Stratford Clinic**

FSD0002200 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

14 Seyton Street Stratford



taranaki.admin@plunket.org.nz  By appointment only

|  |  |
| --- | --- |
| (06) 769 5453 (0800) 933 922 http://www.plunket.org.nz | All services free of charge. No referral required. |

**Plunket Taranaki - Urenui Clinic**

FSD0016822 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

Urenui Health Centre 13 Takiroa Street Urenui 4349



taranaki.admin@plunket.org.nz  Please phone for an appointment

(06) 769 5453 ext 1 All services free of charge.

(0800) 933 922 No referral required. http://www.plunket.org.nz

**Plunket Taranaki - Waitara Clinic**

FSD0016872 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

43 Queen Street Waitara 4320 taranaki.admin@plunket.org.nz  Please call for an appointment.



|  |  |
| --- | --- |
| (06) 769 5453 ext 1 (0800) 933 922 http://www.plunket.org.nz | All services free of charge. No referral required. |

**Plunket Taranaki - Waverley Clinic**

FSD0023993 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

RNZ Plunket Trust, c/o Waverley School 5182 Gloag Street Waverley taranaki.admin@plunket.org.nz  By appointment only (06) 769 5453 All services free of charge.



(0800) 933 922 No referral required. http://www.plunket.org.nz

**Positively Psyched**

FSD0019082 Last updated 04/05/2021

Positively Psyched Psychologists, Patrick and Kaye, are solution and family focused professionals who have a range of collective experience.

1A Rimu Business Park 55 Rimu Street Strandon New Plymouth 4312 patrick@positivelypsyched.co.nz  Monday to Friday 9am to 5pm



(027) 553 5534 Some charges may apply.

(021) 027 17672 No referral required. http://positivelypsyched.co.nz

**Pregnancy Help Inc - Taranaki Branch**

FSD0007398 Last updated 09/11/2020

Pregnancy Help supports the well being of pregnant and recently pregnant women, parents, caregivers and and their families/whanau by providing information and practical support with care, concern and confidentiality.

 6 Romeo Street Stratford

|  |  |
| --- | --- |
| taranaki@pregnancyhelp.org.nz  (06) 765 5042 http://www.pregnancyhelp.org.nz | 9:00am - 3pm Tuesday and Thursday  10.00am-4pm Wednesday  All services free of charge.  No referral required. |

**Prisoners' Aid and Reintegration Societies - Taranaki**

FSD0007245 Last updated 31/07/2020

Provides practical assistance and information to prisoners, prisoner's families, and released prisoners. Focus on reintegration.

We interact with PARS groups throughout the country.

St Josephs Hall 163 Devon Street West New Plymouth



taranakipars@xtra.co.nz  Monday to Friday: 10am-3pm - Open hour to the

(06) 758 1361 public;

(021) 056 6790 accessible by phone or email throughout normal

work hours.

All services free of charge. No referral required.

**Progress to Health - Taranaki**

FSD0005102 Last updated 01/03/2021

Progress to Health is a community based organisation providing individualised and group activities that enhance mental and physical wellbeing. These services are provided throughout Waikato, Taupo and Taranaki.

Our expertise is in mental wellbeing and as this is something that affects us all, we believe there is value in talking about how we might support you, your staff, your clients, your children and their families.

15 Dawson Street New Plymouth 4310 admin@progresstohealth.org.nz  8.30am - 5.00pm Monday to Friday.



(06) 757 5549 All services free of charge. http://www.progresstohealth.org.nz No referral required.

**Public Health Nurse Taranaki**

FSD0008113 Last updated 14/01/2021

Public Health Nurses provide a community health service for children, young people and their families, to help address a wide range of health concerns.

CACC - Tukapa Street Westown New Plymouth 4342



(06) 753 6139nurses  8am - 4.30pm, Monday to Friday.

(06) 753 7790centre All services free of charge. http://tdhb.org.nz Referral may apply.

**Public Health Nurse Taranaki: Patea**

FSD0008117 Last updated 19/04/2021

Public Health Nurses provide a community health service for children, young people and their families, to help address a wide range of health concerns.

Patea Health Centre 1 Lincoln Street Patea



rochelle.jakeman@tdhb.org.nz  Monday to Thursday

(06) 273 8088 At your school or pre-school centre.

http://tdhb.org.nz All services free of charge.

Referral may apply.

**Public Health Nurse Taranaki: Waitara**

FSD0008114 Last updated 16/12/2020

Public Health Nurses provide a community health service for children, young people and their families, to help address a wide range of health concerns.

Waitara Health Centre 26 Grey Street Waitara 4320



gillian.boyce@tdhb.org.nz  8am - 4.30pm, Monday to Friday.

(027) 406 4822 All services free of charge. (027) 229 6322 Referral may apply.

**Public Health Nurses - Taranaki**

FSD0005121 Last updated 12/04/2021

Provides School based health care, before school checks, Immunisation programmes and parenting support.

Child & Adolescent Centre - Tukapa Street New Plymouth



(06) 753 6139  8:30am-5.00pm Monday to Friday. https://www.tdhb.org.nz/services/nursing/ All services free of charge. public\_health\_nursing.shtml Referral may apply.

**Public Health Nurses Taranaki: Hawera**

FSD0008118 Last updated 30/04/2021

Public Health Nurses provide a community health service for children, young people and their families, to help address a wide range of health concerns.

37 Hunter Street Hawera 4610



(06) 278 9939  Monday to Friday may vary

|  |  |
| --- | --- |
| (06) 278 7109 http://tdhb.org.nz | At your school or pre-school centre You can leave a message at call All services free of charge.  Referral may apply. |

**Public Health Nurses Taranaki: Opunake**

FSD0008116 Last updated 16/11/2020

Public Health Nurses provide a community health service for children, young people and their families, to help address a wide range of health concerns.

 CoastalCare 26 Napier Street Opunake 4616

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| --- | --- |
| info@coastalcare.co.nz  (06) 761 8488 http://tdhb.org.nz | Monday to Friday  At your school or pre-school centre All services free of charge.  Referral may apply. |

**Public Health Nurses Taranaki: Stratford**

FSD0008115 Last updated 30/06/2020

Public Health Nurses provide a community health service for children, young people and their families, to help address a wide range of health concerns.

Stratford Health Centre 8 Romeo Street Stratford 4332



(06) 753 6139  Monday to Friday

(06) 765 7189 Ask at your school or pre-school centre or via http://tdhb.org.nz our website referral form

All services free of charge. Referral may apply.

**Raumano Health Trust**

FSD0004972 Last updated 06/11/2020

Mission Statement: strive to be the leader of quality Maori Healthcare service. Objective:- oranga wairua - spiritual wellness, oranga hinengaro - mental wellness. Oranga tinana - physical wellness, oranga whanua - family wellness. Provide Mental Health services to Adults & Children.

39 Stafford Street Patea 4545



raumanotrust@gmail.com  Contact by phone or email only

|  |  |
| --- | --- |
| (06) 273 6011  (027) 205 9660 | All services free of charge. Referral may apply. |

**Resolve Counselling**

FSD0023544 Last updated 29/03/2021

To deliver a quality, evidence-based counselling service to families that will address the mental health needs of their children and adolescents, and support the parents with the parenting issues they face.

1004 Plymouth Road Koru 4374 support@resolvecounselling.nz  By appointment. Thursday afternoons & Fridays.



|  |  |
| --- | --- |
| (021) 147 3674 http://www.resolvecounselling.nz      **S.T.A.R.T Taranaki** | Other times can be arranged.  Some charges may apply. No referral required. |
| FSD0019162 | Last updated 29/03/2021 |

We provide an extremely effective intervention for recidivist youth offenders. It is our unique three phase design and focus on building meaningful relationships between young people and positive role models which allows its young people to feel safe to share pieces of themselves without fear of ridicule.

START Taranaki has a holistic approach which looks at each client's skills and strengths then builds individualized plans with young people to make change that is meaningful and sustainable to them. The desired outcome is to equip the young people with the tools to function as an adult in society and contribute towards safer communities through this initiative to reduce crime.

START Taranaki is based in Kaponga on the southern slopes of Mount Taranaki. It is governed by a Board of Trustees.

3 Alamein Street Kaponga 4679



neville@starttaranaki.co.nz  Office hours: 8.30 - 4.00 Monday to Friday

|  |  |
| --- | --- |
| (06) 764 6225 http://www.starttaranaki.co.nz      **School's Out New Plymouth** | Some charges may apply. Referral may apply. |
| FSD0022233 | Last updated 26/03/2021 |

School’s Out caters for children between the ages of 5-13 years who are attending Primary or

Intermediate school. Our OSCAR approved daily, weekly and holiday programmes are tailored to

meet the needs, interests and abilities of the children in our care.

School's Out New Plymouth operates in a separate building on the Central School playing field.

Sessions run before school, after school and during every school holidays.

At School’s Out, we are committed to providing each child with a safe, positive, fun and happy environment in which to grow.

c/- Central School 33 Pendarves Street New Plymouth



newplymouth@schoolsout.co.nz  Monday-Friday (excluding Stat. holidays)

(021) 127 1818 Before school 7am-8:45am

https://schoolsout.co.nz/newplymouth/ After school 3pm-5:30pm Holiday programme 7am-5:30pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Seasons for Growth - New Plymouth**

FSD0006645 Last updated 02/11/2020

Seasons for Growth, New Plymouth provides a peer support programme for children and young people affected by grief around the loss of someone close to them.

BAF Office 566 Mangorei Rd New Plymouth RD 1



newplymouth@seasonsfg.org.nz  Daytime 9-5pm, calls may be taken by answer

(027) 703 3769 phone. https://www.wtanglican.nz/page/seasons- Some charges may apply. for-growth/ No referral required.

**South Taranaki Local Council Website**

FSD0017698 Last updated 03/07/2020

Find council services and information online by clicking on the website link.

updates@familyservices.govt.nz  Online

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| https://www.southtaranaki.com/ | All services free of charge. No referral required. |
| 108 |  |

**South Taranaki Whanau Centre**

FSD0005173 Last updated 01/02/2021

The centre provides Free empowerment courses like: Surviving Parenting, Self Esteem courses for Women and Teens(10-17) these courses are approved by the Ministry of Social Development.

These courses are designed around the awareness of Family Violence.

Other free courses we offer are: Free Grandparents raising Whanau; Free Positive Relationship; Free Raising Complex Kids (ADHD children); We provide support, advocacy to our clients and information to all Whanau.

56 Disraeli Street Hawera 4610



stwc@xtra.co.nz  Mondays 9am -2.30pm

|  |  |
| --- | --- |
| (06) 278 3260 (027) 239 9831 http://stwchawera.webs.com    **Classification : FVSS** | Tuesdays - Thursdays 9am - 4.30pm All services free of charge.  No referral required. |

**Space for you and your baby at Playcentre Aotearoa - Lower North**

**Region (Taranaki)**

FSD0023684 Last updated 12/10/2020

Space for you and your baby offers parenting support & early childhood education for new parents & their babies.

lowernorth.programmes@playcentre.org.n  / z Some charges may apply.

(027) 808 6799 No referral required. https://www.playcentre.org.nz/futuremembers/space-at-playcentre/

**St John Bosco OSCAR Programme**

FSD0022517 Last updated 23/09/2020

A service provided to families who require after school and school holiday care. Sessions run from 3:00p.m - 6:00p.m for after school care. Holiday Programmes run from 8:00a.m. - 5:00p.m.

21 Clinton Street Fitzroy New Plymouth 4312



afterschoolcare@sjb.school.nz  An after school care facility is provided on site

|  |  |  |
| --- | --- | --- |
| (06) 758 3073  (027) 227 2177 http://sjb.school.nz    **Classification : OSCAR** |  | from Monday to Friday, 3:00-5.30pm. Also a Holiday programme that runs during term breaks Monday to Friday from 8:00am - 5:30pm.  Some charges may apply. No referral required. |
| **St Joseph's School NP - OSCAR** | |
| FSD0021301 | | Last updated 22/03/2021 |

Provide OSCAR approved After School Care and Holiday Care for Children of the school and the wider community.

41A Calvert Road New Plymouth 4310



admin@stjosephsnp.school.nz  Oscar is open during term time 2.50pm until 5.30

(06) 758 0364 pm. School Holidays 7.45am until 5.30pm.

(06) 757 2644 Some charges may apply. http://www.stjosephsnp.school.nz No referral required.

**Classification : OSCAR**

**Stratford Local Council Website**

FSD0017701 Last updated 02/07/2020

Find council services and information online by clicking on the website link

updates@familyservices.govt.nz  Online http://www.stratford.govt.nz/ All services free of charge.

No referral required.

**Strengthening Families - Taranaki/New Plymouth**

FSD0007528 Last updated 08/12/2020

Strengthening Families is a way of providing better co-ordinated support for families/whanau by using an interagency case management approach. It aims to improve family health, educational attainments and reduce the incidence of persistent offending or abuse and neglect.

Barnardos NZ 186A Tukapa Street Westown New Plymouth 4310 ruth.dudley@barnardos.org.nz  Monday to Friday.



(06) 968 8532 8.30am - 3pm

(027) 279 5831 All services free of charge. http://www.strengtheningfamilies.govt.nz Referral may apply.

**Supporting Families Taranaki**

FSD0022145 Last updated 14/07/2020

A free support service for families and whanau supporting someone affected by mental illness. Our services are FREE; MOBILE; INDEPENDENT;CONFIDENTIAL. We are here to provide information about mental illness, and help family and whanau safely navigate their way through mental health services to get the help they need.

128 Devon Street East New Plymouth 4310



stephanie.mapley@sfnz.org.nz  9am - 5pm Monday to Friday

(06) 757 9300 All services free of charge. http://www.supportingfamilies.org.nz/ No referral required.

**Taranaki Multi-Ethnic Council**

FSD0005063 Last updated 27/01/2021

Building bridges of friendship, unity and diversity.

isaia\_s@hotmail.com  All services free of charge.

(021) 086 13561 No referral required.

https://www.facebook.com/taranakimultiet hnicextravaganza/

**Taranaki Plunket - Opunake Clinic**

FSD0016814 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

CoastalCare Health and Community Centre 26 Napier Street Opunake taranaki.admin@plunket.org.nz  Please call to make an appointment.



(06) 769 5453 ext 1 All services free of charge.

(0800) 933 922 No referral required. http://www.plunket.org.nz

**Taranaki Safe Families Trust**

FSD0016522 Last updated 27/04/2021

Family violence prevention collaborative consisting of 24 member agencies. Our mission is that all families in Taranaki will have safe, respectful and healthy relationships that are free from violence. We aim to: Raise awareness of family violence issues in the Taranaki region; Undertake education and promotional initiatives on the prevention of family violence; Increase the effectiveness of FV services by supporting collaboration; To assist with the strategic development and planning of FV initiatives.

10 Devon Street West New Plymouth 4310



tsft@xtra.co.nz  8.00am - 5.00pm

(06) 759 1492 x5 All services free of charge.

(027) 481 6833 No referral required. http://taranakisafefamilies.org.nz/

**Classification : FVSS**

**Taranaki Women's Refuge**

FSD0007665 Last updated 15/04/2021

Women's Refuges work to raise public awareness of violence against women and children, promoting the prevention and elimination of violence, and the rights of women and children to care and protection. For support, please ring our free Taranaki Crisis Line: 0800 827 973. In an emergency, please ring 111 and ask for the Police.

We also offer a voluntary service (ASPIRE) for men who wish to make change and live a life free from Domestic Violence. A male social worker will work one-on-one with male clients.

NB: Face-to-face (kanohi ki te kanohi) service is provided from Mokau in the north and south to Patea and along the coast.

Level 2, Kings Building 36 Devon Street West Central New Plymouth 4340 admin@taranakiwomensrefuge.co.nz  24 hours (Support Crisis phone line).



|  |  |
| --- | --- |
| (06) 769 5553 (0800) 827 973 http://www.womensrefuge.org.nz | Community Office: Mon-Friday 9am-3pm Some charges may apply.  Referral may apply. |

**TDHB - Health Social Work Service**

FSD0005113 Last updated 16/07/2020

Health Social work provides supportive social work across Taranaki District Health Board Services. Its direct concern is with the social and emotional implications connected with illness and its medical treatment and with any consequent adjustments in the live of partners, families and communities. Its concern are also Child Protection and the protection of vulnerable adults. It engages with patients, assessing needs and risks and provides various health social work interventions. Interventions can include short term brief counselling interventions, and appropriate active referrals to community supports.

Taranaki District Health Board - David Street New Plymouth



SocialWorkers-  8.00am - 4.30pm Monday - Friday PhysicalHealth@tdhb.org.nz Some charges may apply.

(06) 753 6139 Referral may apply.

**Te Ara Pae Trust**

FSD0006017 Last updated 14/02/2021

Te Ara Pae provides counselling, social work and advocacy services, and an anger change programme to South Taranaki families and whnau.

276 High Street Hawera 4610



info@tearapae.org.nz  Te Ara Pae is open Monday to Thursday - from

|  |  |
| --- | --- |
| (06) 278 6399    **Classification : FVSS, SHSS**    **Te Khui Maru Trust** | 9am to 3pm.  All services free of charge. Referral may apply. |
| FSD0024522 | Last updated 09/04/2021 |

Te Khui Maru Trust is committed to supporting positive outcomes for iwi relating to education, employment and the environment.

52 Molesworth Street New Plymouth 4310



admin@ngatimaru.co.nz  Monday - Friday: 830am - 5.00pm http://maru.nz All services free of charge.

Referral may apply.

**The Bishop's Action Foundation**

FSD0017067 Last updated 07/08/2020

The Bishop's Action Foundation aims to contribute to the spiritual, social, cultural, economic, and environmental well-being of the Taranaki region and can best be described as a catalyst for change supporting communities and organisations to develop projects and partnerships that address as yet unmet needs.

566 Mangorei Road RD1 New Plymouth 4371



ceo@bishopsactionfoundation.org.nz  8.30 - 5.00 Monday - Friday

(06) 759 1178 Some charges may apply. http://www.baf.org.nz/ No referral required.

**The Salvation Army - Central Taranaki**

FSD0002201 Last updated 22/03/2021

Worship, community and welfare services of The Salvation Army

- Cnr Fenton & Juliet Streets Stratford 4332



centraltaranaki.corps@salvationarmy.org.  Tuesday-Thursday 9.30am - 3.00pm nz Some charges may apply.

(06) 765 7969 No referral required.

https://www.salvationarmy.org.nz/centres/ nz/taranaki/stratford/central-taranakicorps

**The Salvation Army - Hawera**

FSD0002194 Last updated 17/04/2021

Worship, community and welfare services of The Salvation Army

19-23 Regent Street Hawera 4640



hawera.corps@salvationarmy.org.nz  By Phone, Food Bank Friday morning

(06) 278 8516 All services free of charge. http://salvationarmy.org.nz/centres/nz/tara No referral required. naki/hawera/

**The Salvation Army - New Plymouth**

FSD0005098 Last updated 19/04/2021

Worship, community and welfare services of The Salvation Army

Cnr Dawson & Powderham Streets 118 Powderham Street New Plymouth 4310 newplymouth\_corps@nzf.salvationarmy.o  10am - 2pm Monday to Friday. rg Some charges may apply.



(06) 758 9338 No referral required.

https://www.salvationarmy.org.nz/centres/ nz/taranaki/new-plymouth/new-plymouthcorps

**Tu Tama Wahine o Taranaki - Tangata Whenua Development and**

**Liberation Service**

FSD0005091 Last updated 01/09/2020

To provide Kaupapa Maori based whanau services, this includes: Whanau Support, family violence services, counselling, social work, education programmes, training and community development projects. Empowering whanau, hapu and iwi is the basis for our work. Our services facilitate opportunities for whanau to gain a better understanding of development and liberation from the effects of oppression and historical trauma in the context of their lives today.

62 Powderham Street New Plymouth 4310



reception@tutamawahine.org.nz  9am - 4.30pm Monday to Friday and by

(06) 758 5795 arrangement. http://www.tutamawahine.org.nz Some charges may apply.

Referral may apply.

**Classification : FVSS, THP**

**Tui Ora Ltd**

FSD0005120 Last updated 18/12/2020

Committed to enhancing health and wellbeing of Taranaki Maori through our provider network. Tui Ora is an integrated care organisation. Integration involves the principles of tikanga, quality, partnership, excellence.

36 Maratahu Street New Plymouth 4310



reception@tuiora.co.nz  8:30am - 5:00pm Monday to Friday.

(0508) 496 884 (Youth Service only) Some charges may apply.

(06) 759 4064 (Main reception) Referral may apply. http://www.tuiora.co.nz

**Classification : YS**

**Ttaki Youth Incorporated Trust**

FSD0021712 Last updated 01/09/2020

We provide youth and social services to children, young people and their families from a multipurpose youth facility located in Stratford, Taranaki.

Services include social work, domestic violence response, health services, advocacy, programmes and anti-bullying support.

The facility hosts office spaces, large recreation area, commercial-sized kitchen and the Lions Den Gym & Fitness Centre.

The organisation is focused on connecting young people with positive opportunities so they may reach their potential.

88 Juliet Street Stratford 4332



office@tutaki.org.nz  Monday 1.30pm - 5.00pm

|  |  |
| --- | --- |
| (06) 928 4517 http://www.tutaki.org.nz | Tuesday 10am - 5.00pm  Wednesday 10am - 5.00pm  Thursday 10am - 5.00pm  Friday 10am - 5.00pm All services free of charge.  No referral required. |

**Urenui & Districts Health Group**

FSD0004955 Last updated 21/12/2020

To provide support for the health and wellbeing of members of this community. Covers North Taranaki.

District nursing. Public Health Nursing & Medical First Response Team. Health promotion to our district. We also operate a GP Clinic on Tuesdays and Walk-In Nursing Clinic on Fridays.

Community Centre Complex (between hall and library 15A Takiroa Street Urenui 4375 urenuihc@xtra.co.nz  GP/nurse clinic 9.00am - 11.30am Tues; (06) 752 3283 District Nursing Mon - Sun on demand;



http://www.tdhb.org.nz Nursing Walk In Clinic 10.30am - 12.30pm Fri;

24hr answering machine checked Mon- Fri once a day

Some charges may apply. No referral required.

**Victim Support - Central Taranaki**

FSD0005107 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

|  |  |
| --- | --- |
| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

**Victim Support - New Plymouth**

FSD0005045 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

|  |  |
| --- | --- |
| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

**Victim Support - South Taranaki**

FSD0005057 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

|  |  |
| --- | --- |
| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

**Volunteering New Plymouth**

FSD0005008 Last updated 19/03/2021

Our Service is to promote and recognise the importance of volunteers and volunteering within the New Plymouth District community. We act as a preferred point of contact for the recruitment and training of volunteers in order to increase their efficiency, effectiveness and capacity and the promotion of good practice in volunteer management and the recognition of the contribution of volunteers to the community.

Devon Centre, Level 4 44 Liardet Street New Plymouth 4310



manager@volunteeringnewplymouth.nz  9am to 4pm Monday to Thursday

|  |  |  |
| --- | --- | --- |
| (06) 758 8986 (027) 541 0577 http://www.volunteeringnewplymouth.org. nz      **Waitara Foodbank - Pataka Kai** | 9am to 1pm. Friday  All services free of charge.  No referral required. |  |
| FSD0005079 |  | Last updated 01/09/2020 |

To work with the people of Waitara in New Zealand and surrounding districts in establishing and maintaining a foodbank and in providing emergency food parcels to those in need.

To promote positive attitudes of self-sufficiency in recipients of provision from the foodbank.

To encourage recipients to seek budgetary advice and other assistance to avoid reliance on the foodbank.

To encourage and stimulate community involvement in and support for the foodbank.

To collaborate with other like-minded community organisations to provide community meals.

 5 West Quay Waitara 4320

|  |  |
| --- | --- |
| kaipotaka@gmail.com      **Whakaahurangi Social Services** | Monday Wednesday and Friday 10-11am  Fill out a form and we will ring you to return to collect.  No walk-in requests.  Online form available  See Facebook page: Waitara Foodbank - Pataka  Kai  All services free of charge. No referral required. |
| FSD0005122 | Last updated 15/09/2020 |

Primarily a Social Service provider working with Families & Youth in Central Taranaki. We provide information, advocacy, mentoring and a drop-in center to support their needs. We initiates preventive projects in the community in accordance with local needs and priorities and provide services and group activities for the youth and their Families. We strive to develop and maintain support services in the community.

(Through Hall of Remembrance) 289A Broadway Stratford 4332



info@youthworks.org.nz  9.00am - 3.30pm Monday - Friday

(06) 765 0437 All services free of charge. http://www.youthworks.org.nz No referral required.

**Whnau Pakari**

FSD0023622 Last updated 10/08/2020

Is a support service for 4-16 year olds with weight issues and uses a team of health professionals to support the child/teen/whanau.

Its a collaboration between Sport Taranaki + Taranaki District Health Board.

Objectives of Whnau Pakari ?

To educate /empower whanau to take control of their own lives. To enable whanau to make healthy lifestyle changes that will be sustainable once they have moved on from the service.

* It is community based
* It is accessible to all – region-wide.
* It 'demedicalises' weight issues – but medical support/overview remains.
* It targets Maori and Pacific peoples but is open to all.
* It involves the whole whanau to support the child/teen.

Whnau Pakari team

* paediatrician
* Healthy Lifestyles Co-ordinator
* dietitian
* physical activity advisor
* psychologist

CACC, Taranaki District Health Board 118 Tukapa Street Westown New Plymouth 4310 whanaupakari@tdhb.org.nz  Mon - Fri



(027) 910 7253 9am-5pm

(06) 753 7777 extn 8729 All services free of charge. https://www.sporttaranaki.org.nz/health/w No referral required. hanau-pakari/

**Women's Centre - New Plymouth Inc**

FSD0005010 Last updated 18/02/2021

Women's Centre New Plymouth is a drop-in centre which provides support to women and children in the Taranaki region. We offer referral, information, support and advocacy services. The Centre is open weekdays 9.30 - 3pm. No appointment is necessary.

"So if you need someone to talk to come and see us."

Community House 32 Leach Street New Plymouth



npwomen@xtra.co.nz  9.30am - 3.00pm Monday - Friday

|  |  |
| --- | --- |
| (06) 758 4957 (022) 312 5336 http://www.wcnp.org.nz | No appointment necessary.  All services free of charge.  No referral required. |

**Work and Income - Taranaki Regional Office**

FSD0015270 Last updated 07/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

37 Dawson Street New Plymouth 4310 gail.bennett001@msd.govt.nz  All services free of charge.



(0800) 559 009 No referral required.

http://www.workandincome.govt.nz

**YMCA - Taranaki**

FSD0016102 Last updated 12/01/2021

YMCA Taranaki offers a range of services for children (0-14), families and community groups. Services include: Second chance learning (16 - 24), Early Childhood Education (0-5), Children's sport and recreation programmes (0-14), after school and holiday programmes (5 - 14), youth development (12 - 18), youth leadership (12 - 24), fitness centre (14 - 100), Climbing (5 - 100), and specialist Massage (babies to adult). Family events and family wellness programmes run on site.

83 Liardet Street New Plymouth 4030



mail@ymcataranaki.org.nz  8am - 6pm Monday, Tuesday, Wednesday &

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| (06) 758 3666 http://ymcataranaki.org.nz      **Young Peoples Trust - Taranaki** | Friday.  8am - 7.30pm Thursday.  8am - 4pm Saturday.  9am - 4pm Sunday.  All services free of charge. Referral may apply. |
| FSD0005038 | Last updated 17/01/2021 |

Missions Statement: to offer up to date information, advocacy, referrals, education, counselling and support, for the well being of young people and their families in a safe environment, from a young person's perspective.

98 Liardet Street New Plymouth 4310



inquiries@youngpeoplestrust.org.nz  8.30am - 4.30pm Monday - Friday

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| --- | --- |
| (06) 758 7182 (0800) 002 288 https://www.facebook.com/youngpeopletr ust/      **Your Place and Mine** | Koha/donation may apply. Referral may apply. |
| FSD0021297 | Last updated 16/04/2021 |

Introducing Your Place and Mine, a home away from home O.S.C.A.R programme. We are a Government subsidised Before School, After School, and Holiday Care for your children aged 5-13 years old. Pickups and drop offs to schools and sports available.

“Where kids can be kids within our busy modern world!“ R.I.S.E.: Respect, Independence, Self worth, Equality.

14 Reremoana Close Hawera 4610



info@criticaltech.nz  7:30 - 5:30 Monday to Friday

|  |  |
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| (06) 272 8580 (021) 1537030 http://www.criticaltechgroups.co.nz/ | Extra times available per arrangement Some charges may apply.  No referral required. |

**Classification : OSCAR**

# Family Violence

**Age Concern Taranaki Inc**

FSD0006667 Last updated 17/11/2020

Your local Age Concern is your first port of call when you and your family/whanau need: information, advice, referral and support.

33 Liardet Street New Plymouth 4310



info@ageconcerntaranaki.org.nz  Some charges may apply.

(06) 759 9196 No referral required.

(0800) 243 625 http://www.ageconcern.org.nz

**Classification : EARS**

**Barnardos - Taranaki**

FSD0006799 Last updated 21/03/2021

Barnardos provide a range of care, education and support services developed specifically for New Zealand children and their families. The services we provide reflect our commitment to ensuring that all children are able to receive the very best start to life.

186A Tukapa Street New Plymouth 4310



taranaki.amu@barnardos.org.nz  8 am - 4 pm Mon - Fri

(06) 753 3484 Some charges may apply.

(0800) 227 627 No referral required. http://www.barnardos.org.nz

**Child protection Team - Taranaki**

FSD0005106 Last updated 09/11/2020

Child protection Team - Taranaki. The child protection team attends to matters involving people under 17 years of age

 C/- Police Station 195 Powderham Street New Plymouth

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| --- | --- |
| debra.gower@police.govt.nz  (021) 191 4863  (021) 191 2640      **CoastalCare** | 24 hours 7 days leave a message or email as a these numbers are not available all the time - if necessary try 105 (Police non-emergency number) to get in touch.  All services free of charge. No referral required. |
| FSD0023051 | Last updated 16/11/2020 |

We provide a facility and structure that hosts modern health and social service delivery for the people of Coastal Taranaki and support people required to go out of the region to receive care.

See Services for a list of the services and organisations hosted.

26 Napier Opunake 4616



info@coastalcare.co.nz  Mon - Fri 8.30am - 5pm

|  |  |
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| (06) 761 8488  (021) 729 471 http://coastalcare.co.nz/ | Sat - 9am - 12 midday Pharmacy only Some charges may apply.  No referral required. |

**Kidsafe Taranaki Trust - Kidsafe**

FSD0005133 Last updated 16/09/2020

To reduce the numbers/severity of unintentional injuries to children in Taranaki.

54 Tukapa Street New Plymouth 4342



manager@npis.org.nz  8.30am - 4:30pm weekdays (027) 227 6277 Some charges may apply.

No referral required.

**Prisoners' Aid and Reintegration Societies - Taranaki**

FSD0007245 Last updated 31/07/2020

Provides practical assistance and information to prisoners, prisoner's families, and released prisoners. Focus on reintegration.

We interact with PARS groups throughout the country.

St Josephs Hall 163 Devon Street West New Plymouth



taranakipars@xtra.co.nz  Monday to Friday: 10am-3pm - Open hour to the

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| (06) 758 1361  (021) 056 6790 | public; accessible by phone or email throughout normal work hours.  All services free of charge.  No referral required. |

**South Taranaki Whanau Centre**

FSD0005173 Last updated 01/02/2021

The centre provides Free empowerment courses like: Surviving Parenting, Self Esteem courses for Women and Teens(10-17) these courses are approved by the Ministry of Social Development.

These courses are designed around the awareness of Family Violence.

Other free courses we offer are: Free Grandparents raising Whanau; Free Positive Relationship; Free Raising Complex Kids (ADHD children); We provide support, advocacy to our clients and information to all Whanau.

56 Disraeli Street Hawera 4610



stwc@xtra.co.nz  Mondays 9am -2.30pm

|  |  |
| --- | --- |
| (06) 278 3260 (027) 239 9831 http://stwchawera.webs.com    **Classification : FVSS**    **Taranaki Safe Families Trust** | Tuesdays - Thursdays 9am - 4.30pm All services free of charge. No referral required. |
| FSD0016522 | Last updated 27/04/2021 |

Family violence prevention collaborative consisting of 24 member agencies. Our mission is that all families in Taranaki will have safe, respectful and healthy relationships that are free from violence.

We aim to: Raise awareness of family violence issues in the Taranaki region; Undertake education and promotional initiatives on the prevention of family violence; Increase the effectiveness of FV services by supporting collaboration; To assist with the strategic development and planning of FV initiatives.

10 Devon Street West New Plymouth 4310



tsft@xtra.co.nz  8.00am - 5.00pm

(06) 759 1492 x5 All services free of charge.

(027) 481 6833 No referral required. http://taranakisafefamilies.org.nz/

**Classification : FVSS**

**Taranaki Women's Refuge**

FSD0007665 Last updated 15/04/2021

Women's Refuges work to raise public awareness of violence against women and children, promoting the prevention and elimination of violence, and the rights of women and children to care and protection. For support, please ring our free Taranaki Crisis Line: 0800 827 973. In an emergency, please ring 111 and ask for the Police.

We also offer a voluntary service (ASPIRE) for men who wish to make change and live a life free from Domestic Violence. A male social worker will work one-on-one with male clients.

NB: Face-to-face (kanohi ki te kanohi) service is provided from Mokau in the north and south to Patea and along the coast.

Level 2, Kings Building 36 Devon Street West Central New Plymouth 4340 admin@taranakiwomensrefuge.co.nz  24 hours (Support Crisis phone line).



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| (06) 769 5553 (0800) 827 973 http://www.womensrefuge.org.nz | Community Office: Mon-Friday 9am-3pm Some charges may apply.  Referral may apply. |

**TDHB - Health Social Work Service**

FSD0005113 Last updated 16/07/2020

Health Social work provides supportive social work across Taranaki District Health Board Services. Its direct concern is with the social and emotional implications connected with illness and its medical treatment and with any consequent adjustments in the live of partners, families and communities. Its concern are also Child Protection and the protection of vulnerable adults. It engages with patients, assessing needs and risks and provides various health social work interventions. Interventions can include short term brief counselling interventions, and appropriate active referrals to community supports.

Taranaki District Health Board - David Street New Plymouth



SocialWorkers-  8.00am - 4.30pm Monday - Friday PhysicalHealth@tdhb.org.nz Some charges may apply.

(06) 753 6139 Referral may apply.

**Te Ara Pae Trust**

FSD0006017 Last updated 14/02/2021

Te Ara Pae provides counselling, social work and advocacy services, and an anger change programme to South Taranaki families and whnau.

276 High Street Hawera 4610



info@tearapae.org.nz  Te Ara Pae is open Monday to Thursday - from

|  |  |
| --- | --- |
| (06) 278 6399    **Classification : FVSS, SHSS** | 9am to 3pm.  All services free of charge.  Referral may apply. |

**Tu Tama Wahine o Taranaki - Tangata Whenua Development and**

**Liberation Service**

FSD0005091 Last updated 01/09/2020

To provide Kaupapa Maori based whanau services, this includes: Whanau Support, family violence services, counselling, social work, education programmes, training and community development projects. Empowering whanau, hapu and iwi is the basis for our work. Our services facilitate opportunities for whanau to gain a better understanding of development and liberation from the effects of oppression and historical trauma in the context of their lives today.

62 Powderham Street New Plymouth 4310



reception@tutamawahine.org.nz  9am - 4.30pm Monday to Friday and by

(06) 758 5795 arrangement. http://www.tutamawahine.org.nz Some charges may apply.

Referral may apply.

**Classification : FVSS, THP**

**Victim Support - Central Taranaki**

FSD0005107 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

nationaloffice@victimsupport.org.nz

(0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz The Victim Support Service is available 24 hours, 7 days a week.

All services free of charge.

No referral required.

**Victim Support - New Plymouth**

FSD0005045 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

nationaloffice@victimsupport.org.nz  The Victim Support Service is available 24

(0800) VICTIM hours, 7 days a week.

(0800) 842 846 All services free of charge. http://www.victimsupport.org.nz No referral required.

**Victim Support - South Taranaki**

FSD0005057 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and

recognition of the effects of crime.

nationaloffice@victimsupport.org.nz 

(0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz The Victim Support Service is available 24 hours, 7 days a week.

All services free of charge. No referral required.

# Health

**Active Birth Taranaki**

FSD0005033 Last updated 15/02/2021

Mission statement:

By sharing our passion, experiences, resource and knowledge (which may challenge current paradigms), we will:

"inspire our community to celebrate childbirth as a safe, normal and positive life event and encourage women and their birthing partners to fully consider their options and make responsible childbirth choices.

62 Dorset Avenue New Plymouth 4310 info@activebirthtaranaki.org.nz  Anytime



(027) 266 2330 Koha/donation may apply. http://www.activebirthtaranaki.org.nz No referral required.

**Alzheimers Taranaki Inc**

FSD0006739 Last updated 21/01/2021

Alzheimers Taranaki provides support, advocacy, information and advice to people with dementia, their carers and families, through Field Workers, Support Groups, Memory Cafes, Day Programmes and Education Programmes.

Powderham Business Centre 117 Powderham Street New Plymouth 4310



office.alztaranaki@xtra.co.nz  Office open Mon- Fri 8.30am to 4pm although (06) 769 6916 occasionally unattended if we are at meetings.

(0800) 004 001 Some charges may apply. http://www.alzheimers.org.nz/taranaki/ Referral may apply.

**Arthritis New Zealand - Taranaki**

FSD0006757 Last updated 05/02/2021

Arthritis New Zealand is a positive, vibrant organisation committed to 'enabling a better quality of life' for people with arthritis through support services, education, self management programmes, lobbying, and research funding.

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| info@arthritis.org.nz (0800) 663 463 http://www.arthritis.org.nz | Some charges may apply. No referral required. |

**Cancer Society of NZ - Central Districts Division - Taranaki Centre**

FSD0004971 Last updated 03/05/2021

To provide information, care and support to people and their families affected by cancer (refer children/teenagers to child cancer or Canteen). Support and volunteer service, health promotion and education. Shuttle service.

TSB Cancer Support Centre 71 Lorna Street Westown New Plymouth 4310 enquiries.tar@cancercd.org.nz  9am - 3.30pm Monday to Friday



(06) 757 3006 All services free of charge. https://www.cancer.org.nz/about-us/find- No referral required. a-cancer-society-office-near-you/taranaki/

**Child and Adolescent Community Centre (THL)**

FSD0005027 Last updated 23/11/2020

We aim to provide a fully comprehensive service to enable the children and adolescents of

Taranaki to reach their optimum level of physical, mental, emotional and social development.

Taranaki Base Hospital 27A David Street Westown New Plymouth 4310



(06) 753 7790  8.00am - 5.00pm, Monday to Friday http://www.tdhb.org.nz All services free of charge.

Referral may apply.

**CoastalCare**

FSD0023051 Last updated 16/11/2020

We provide a facility and structure that hosts modern health and social service delivery for the people of Coastal Taranaki and support people required to go out of the region to receive care.

See Services for a list of the services and organisations hosted.

26 Napier Opunake 4616



info@coastalcare.co.nz  Mon - Fri 8.30am - 5pm

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| (06) 761 8488  (021) 729 471 http://coastalcare.co.nz/      **Diabetes NZ Taranaki** | Sat - 9am - 12 midday Pharmacy only Some charges may apply. No referral required. |
| FSD0007807 | Last updated 17/08/2020 |

Diabetes New Zealand provides information, education and support to people with or at risk of diabetes.

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| diabetesnztab@xtra.co.nz  (06) 755 2328 (027) 224 6722 http://www.diabetes.org.nz | Office Hours: Monday - Friday 10am to 4pm Visitors are welcome, but please phone first to see if the office is open.  Some charges may apply.  No referral required. |

**Epilepsy Association of New Zealand - Taranaki Branch**

FSD0007015 Last updated 03/12/2020

Epilepsy can affect anyone at anytime. Epilepsy New Zealand works to promote the welfare and interests of people, and their family/whanau, with epilepsy and to increase public awareness.

Community House 32 Leach Street New Plymouth 4310



taranaki@epilepsy.org.nz  Please phone 0800 EPILEPSY to arrange an

(06) 757 5644 appointment with your local Educator.

(0800) 37 45 37 (0800 EPILEPSY) All services free of charge. http://www.epilepsy.org.nz No referral required.

**Family Planning Clinic - New Plymouth**

FSD0007042 Last updated 18/08/2020

Family Planning works to promote a positive view of sexuality and to enable people to make informed choices about their sexual and reproductive health and well-being.

185 Powderham Street New Plymouth 4310



(06) 759 8269  Call us 8am to 6pm Monday to Friday, and 9am

http://www.familyplanning.org.nz to 1pm on Saturdays Some charges may apply. No referral required.

**HealthCare NZ - Hawera**

FSD0016012 Last updated 05/06/2020

Our specialist home support and nursing services will help you to stay as active and healthy as possible; able to enjoy the comfort and freedom that comes with living in your own home.

We offer a wide range of services designed to enable you to live your life the way you want to from the security of your own home. They include: personal care such as grooming, showering and dressing; home help such as housework; assistance with meal preparation, shopping, mobility; and many other areas in which you may need help; nursing care such as post-operative care, wound care, medication management and many other specialised nursing services.

Staying in your own home has never been easier!

60 Victoria Street Hawera



(0800) 622 011  Office hours; Monday to Friday

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| http://www.healthcarenz.co.nz | Some charges may apply. No referral required. |

**HealthCare NZ - New Plymouth**

FSD0006290 Last updated 10/07/2020

Our specialist home support and nursing services will help you to stay as active and healthy as possible; able to enjoy the comfort and freedom that comes with living in your own home.

We offer a wide range of services designed to enable you to live your life the way you want to from the security of your own home. They include:

* personal care such as grooming, showering and dressing
* home help such as housework; assistance with meal preparation, shopping, mobility; and manyother areas in which you may need help
* nursing care such as post-operative care, wound care, medication management and many otherspecialised nursing services

We also provide mental health and addictions services.

Staying in your own home has never been easier!

214 Devon Street East New Plymouth 4310



taranaki.office@healthcarenz.co.nz  Normal business hours

(06) 759 8046 After hours service 0800 000 119 http://www.healthcarenz.co.nz All services free of charge.

No referral required.

**Heart Foundation - Taranaki**

FSD0006473 Last updated 09/04/2021

To stop all people in New Zealand dying prematurely from heart disease and enable people with heart disease to live full lives.

Level 1, Kings Building 36 Devon Street West New Plymouth 4310



erinc@heartfoundation.org.nz  9am to 3pm Monday to Thursday

|  |  |
| --- | --- |
| (06) 769 5066 (027) 648 3948 http://www.heartfoundation.org.nz/ | We are often out working in the community, so we advise to ring first to make an appointment.  All services free of charge.  No referral required. |

**Heart Kids Taranaki**

FSD0004970 Last updated 19/04/2021

Heart Kids NZ provides practical and emotional support to heart kids and their families. From before birth, through surgery, rehabilitation and into the future, we understand how important it is to have a strong support network to fall back on. Our mission is to provide and facilitate the best support for children and adults with heart conditions and their families in Taranaki. We are an affiliated branch to Heart Kids NZ. 0800kidzhearts (0800 543 943). We are not affiliated with the Heart Foundation of New Zealand, we are a separate organisation with our own goals.

taranaki.fsw@heartnz.org.nz  9am - 5pm Monday to Friday (022) 139 3366 All services free of charge. https://heartkids.org.nz/ No referral required.

**Hospice Taranaki Inc**

FSD0008189 Last updated 04/02/2021

Specialist palliative care service for Taranaki. Offers inpatient and community care. Range of services provided including: medical care, nursing care, bereavement and counselling, social work, occupational and physiotherapy, day programme at hospice.

5 David Street Westown New Plymouth 4310



info@hospicetaranaki.org.nz  Te Rangimarie Hospice is open 24hrs/day 7 (06) 753 7830 days per week. Telephone advice is available

http://www.hospicetaranaki.org.nz 24hrs/7days per week

All services free of charge. Referral may apply.

**Kidsafe Taranaki Trust - Kidsafe**

FSD0005133 Last updated 16/09/2020

To reduce the numbers/severity of unintentional injuries to children in Taranaki.

54 Tukapa Street New Plymouth 4342



manager@npis.org.nz  8.30am - 4:30pm weekdays

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| (027) 227 6277 | Some charges may apply. No referral required. |
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**Life Education Trust - Taranaki**

FSD0005023 Last updated 16/04/2021

Two mobile classrooms and two educators reach every Primary and Intermediate school student in Taranaki with a positive health based message giving knowledge & skills that will keep them free from harmful substances.

137 Wairau Road Kaitake New Plymouth 4310 taranaki@lifeed.org.nz  Please feel free to contact us via email any time.



(021) 842 445 All services free of charge.

(027) 543 3019 Referral may apply. http://www.lifeeducation.org.nz/

**LinkPeople**

FSD0023215 Last updated 11/09/2020

To assist and navigate with consumers coming from secondary mental health services back into their communities and supporting their GP's.

Puriri House 220 Devon Street West New Plymouth 4340



info@linkpeople.co.nz  8.30am-5.00pm Monday-Friday

(06) 769 9160 All services free of charge.

(0800) 932 432 Referral may apply. http://www.linkpeople.co.nz

**New Plymouth Heart Support Group**

FSD0005094 Last updated 04/02/2021

To provide support and encouragement to all who have any form of heart disease or who have undergone cardio-thoracic surgery and their carers. Affiliated with National Heart Foundation.

 Summerset Mountain View 35 Fernbrook Drive Vogeltown New Plymouth 4310

(06) 753 9968 9.15am - second Wednesday of month,

(06) 758 3891 Summerset Mountain View

All services free of charge. Referral may apply.

**New Zealand Red Cross - Inglewood**

FSD0004994 Last updated 16/04/2021

Providing necessary services to residents of the district who need them and who are unable to provide them by other means.

10 Koromiko Street Inglewood



donreevenz@gmail.com  24/7

|  |  |
| --- | --- |
| (06) 756 8388 (0800) 733 276 https://www.redcross.org.nz | Meeting: 1:30pm, 3rd Wednesday of the month All services free of charge.  Referral may apply. |

**New Zealand Red Cross - Taranaki Service Centre**

FSD0004983 Last updated 30/07/2020

To Improve the lives of vulnerable people and enhance community resilience.

Red Cross - Taranaki Service Center 116 Gill Street New Plymouth New Plymouth newplymouth@redcross.org.nz  Office hours - Mon - Fri 9.00a.m. - 4.00p.m.



(027) 474 5318 Some charges may apply.

(0800) 733 276 (RED CROSS) Referral may apply. http://www.redcross.org.nz

**Ngati Ruanui Tahua Limited**

FSD0005031 Last updated 05/02/2021

The vision of Ruanui health centre is to provide professional health services and education which will lead to independent health lifestyles and well being of it's whanau, hapu and iwi members. Oranga Wairua-Spiritual Wellness, Uranga Hinengaro-Mental Wellness, Oranga Tinana-Physical Wellness, Oranga Whanau-Family Wellness.

41 Hunter Street Hawera 4610



admin.rhc@ngatiruanui.org  8.30am-5pm Monday to Friday

(06) 278 1310 Some charges may apply. https://www.facebook.com/ngatiruanuihea Referral may apply. lthcare/

**Parents Centre New Zealand Inc - South Taranaki**

FSD0007328 Last updated 14/09/2020

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

34 Fairfield Road Hawera



sth.taranaki@parentscentre.org.nz  Play Groups

|  |  |
| --- | --- |
| (027) 437 4926 http://www.parentscentre.org.nz      **Parkinson's - Taranaki** | Monday (Under 2's) 10 - 11.30am  Tuesday 9.30 - 11.30am  Friday 9.30 - 11.30am Some charges may apply. No referral required. |
| FSD0007382 | Last updated 25/03/2021 |

Parkinson’s New Zealand provides support, education and information for people with Parkinson’s and Parkinsonism conditions, including their family, carers and health professionals.

Our team of Parkinson’s Nurses and Educators can provide home visits for personalised sessions. Parkinson’s New Zealand also has support groups for members for sharing their coping strategies, experiences, and is a chance to establish social networks.

Programmes for people with Parkinson’s can include some of the following: exercise, physiotherapy, hydrotherapy, and art or music therapy sessions. info@parkinsons.org.nz Please make contact through our national office (0800) 473 4636 – Monday to Friday 8.30am – 5.00pm or via the http://www.parkinsons.org.nz referral form on our website www.parkinsons.org.nz.

Some charges may apply. No referral required.

**Plunket Taranaki - Area Office**

FSD0007438 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than ninety percent of New Zealand families choose to use Plunket to help them care for their young children.

Taranaki Plunket Hub 214 Devon Street West New Plymouth taranaki.admin@plunket.org.nz  8.30am - 3.30pm Monday to Friday.



(06) 769 5453 All services free of charge.

(0800) 933 922 No referral required. http://www.plunket.org.nz

**Plunket Taranaki - Bell Block Clinic**

FSD0016818 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

130 Parklands Avenue Bell Block 4312



taranaki.admin@plunket.org.nz  By appointment only (06) 769 5453 ex 1 All services free of charge.

(0800) 933 922 No referral required. http://www.plunket.org.nz

**Plunket Taranaki - Eltham Clinic**

FSD0016897 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

213 High Street Eltham 4310 taranaki.admin@plunket.org.nz  Please call for an appointment.



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| (06) 769 5453 ex 1 (0800) 933 922 http://www.plunket.org.nz | All services free of charge. No referral required. |

**Plunket Taranaki - Hawera Clinic**

FSD0016907 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

14 Wellington Street Hawera 4610



taranaki.admin@plunket.org.nz  By appointment only

|  |  |
| --- | --- |
| (06) 769 5453 ext 1 (0800) 933 922 http://www.plunket.org.nz | All services free of charge. No referral required. |

**Plunket Taranaki - Inglewood Clinic**

FSD0016772 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

 21 Rata Street Inglewood 4330

taranaki.admin@plunket.org.nz

(06) 769 5453 ext 1 (0800) 933 922 http://www.plunket.org.nz Please phone for an appointment.

All services free of charge. No referral required.

**Plunket Taranaki - Kaponga Clinic**

FSD0016898 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

56 Victoria Street Kaponga 4679



taranaki.admin@plunket.org.nz  Please call for appointment

|  |  |
| --- | --- |
| (06) 769 5453 ext 1 (0800) 933 922 http://www.plunket.org.nz | All services free of charge. No referral required. |

**Plunket Taranaki - Manaia Clinic**

FSD0016902 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

30 South Road Manaia 4612



taranaki.admin@plunket.org.nz  By appointment only

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| --- | --- |
| (06) 769 5453 ex 1 (0800) 933 922 http://www.plunket.org.nz | All services free of charge. No referral required. |

**Plunket Taranaki - New Plymouth Clinic**

FSD0016817 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

Level 1 214 Devon Street West New Plymouth 4310 taranaki.admin@plunket.org.nz  By appointment only (06) 769 5453 All services free of charge.



(0800) 933 922 No referral required. http://www.plunket.org.nz

**Plunket Taranaki - Okato Clinic**

FSD0023994 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

RNZ Plunket Trust, c/o St Pauls Hall 80 Carthew Street Okato



taranaki.admin@plunket.org.nz  by appointment only (06) 769 5453 All services free of charge.

(0800) 933 922 No referral required. http://www.plunket.org.nz

**Plunket Taranaki - Stratford Clinic**

FSD0002200 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

14 Seyton Street Stratford taranaki.admin@plunket.org.nz 



(06) 769 5453 (0800) 933 922 http://www.plunket.org.nz By appointment only

All services free of charge. No referral required.

**Plunket Taranaki - Urenui Clinic**

FSD0016822 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

Urenui Health Centre 13 Takiroa Street Urenui 4349



taranaki.admin@plunket.org.nz  Please phone for an appointment

(06) 769 5453 ext 1 All services free of charge.

(0800) 933 922 No referral required. http://www.plunket.org.nz

**Plunket Taranaki - Waitara Clinic**

FSD0016872 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

43 Queen Street Waitara 4320 taranaki.admin@plunket.org.nz  Please call for an appointment.



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| (06) 769 5453 ext 1 (0800) 933 922 http://www.plunket.org.nz | All services free of charge. No referral required. |

**Plunket Taranaki - Waverley Clinic**

FSD0023993 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

RNZ Plunket Trust, c/o Waverley School 5182 Gloag Street Waverley taranaki.admin@plunket.org.nz  By appointment only (06) 769 5453 All services free of charge.



(0800) 933 922 No referral required. http://www.plunket.org.nz

**Polio NZ Inc**

FSD0002183 Last updated 03/09/2020

We exist to provide support for everyone in New Zealand who had polio. This is primarily through education/information for those people, and also for their health professionals. We continue to work towards the establishment of a late-effects pf disability clinic in New Zealand that would house expertise about the late effects of polio. It would be a multidisciplinary clinic recognising the body of knowledge that has been amassed over the last thirty years about all of the effects of polio on the lives that are affected. We have access to an extensive library of research and information to help people manage their lives as the effects of aging combine with the damage from the polio virus.

We have a newsletter that is published 3 or 4 times a year, and a website that can direct people to further information. People can become members for a nominal amount (currently $10 a year) and this helps to provide resources for the governing Board to fulfill their objectives.

|  |  |
| --- | --- |
| president@polio.org.nz  (0800) 476 546 (0800) 4POLIO http://www.polio.org.nz | Any time by 0800 476546 phone number (calls through to private residence).  Some charges may apply.  No referral required. |

**Pregnancy Help Inc - Taranaki Branch**

FSD0007398 Last updated 09/11/2020

Pregnancy Help supports the well being of pregnant and recently pregnant women, parents, caregivers and and their families/whanau by providing information and practical support with care, concern and confidentiality.

 6 Romeo Street Stratford

taranaki@pregnancyhelp.org.nz (06) 765 5042 http://www.pregnancyhelp.org.nz

**Public Health Nurse Taranaki**

FSD0008113

9:00am - 3pm Tuesday and Thursday

10.00am-4pm Wednesday

All services free of charge. No referral required.

Last updated 14/01/2021

Public Health Nurses provide a community health service for children, young people and their families, to help address a wide range of health concerns.

CACC - Tukapa Street Westown New Plymouth 4342



(06) 753 6139nurses  8am - 4.30pm, Monday to Friday.

(06) 753 7790centre All services free of charge. http://tdhb.org.nz Referral may apply.

**Public Health Nurse Taranaki: Patea**

FSD0008117 Last updated 19/04/2021

Public Health Nurses provide a community health service for children, young people and their families, to help address a wide range of health concerns.

Patea Health Centre 1 Lincoln Street Patea



rochelle.jakeman@tdhb.org.nz  Monday to Thursday

(06) 273 8088 At your school or pre-school centre.

http://tdhb.org.nz All services free of charge.

Referral may apply.

**Public Health Nurse Taranaki: Waitara**

FSD0008114 Last updated 16/12/2020

Public Health Nurses provide a community health service for children, young people and their families, to help address a wide range of health concerns.

Waitara Health Centre 26 Grey Street Waitara 4320



gillian.boyce@tdhb.org.nz  8am - 4.30pm, Monday to Friday.

(027) 406 4822 All services free of charge. (027) 229 6322 Referral may apply.

**Public Health Nurses - Taranaki**

FSD0005121 Last updated 12/04/2021

Provides School based health care, before school checks, Immunisation programmes and parenting support.

Child & Adolescent Centre - Tukapa Street New Plymouth



(06) 753 6139  8:30am-5.00pm Monday to Friday. https://www.tdhb.org.nz/services/nursing/ All services free of charge. public\_health\_nursing.shtml Referral may apply.

**Public Health Nurses Taranaki: Hawera**

FSD0008118 Last updated 30/04/2021

Public Health Nurses provide a community health service for children, young people and their families, to help address a wide range of health concerns.

37 Hunter Street Hawera 4610



(06) 278 9939  Monday to Friday may vary

|  |  |
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| (06) 278 7109 http://tdhb.org.nz | At your school or pre-school centre You can leave a message at call All services free of charge.  Referral may apply. |

**Public Health Nurses Taranaki: Opunake**

FSD0008116 Last updated 16/11/2020

Public Health Nurses provide a community health service for children, young people and their families, to help address a wide range of health concerns.

CoastalCare 26 Napier Street Opunake 4616



info@coastalcare.co.nz  Monday to Friday

(06) 761 8488 At your school or pre-school centre http://tdhb.org.nz All services free of charge.

Referral may apply.

**Public Health Nurses Taranaki: Stratford**

FSD0008115 Last updated 30/06/2020

Public Health Nurses provide a community health service for children, young people and their families, to help address a wide range of health concerns.

Stratford Health Centre 8 Romeo Street Stratford 4332



(06) 753 6139  Monday to Friday

(06) 765 7189 Ask at your school or pre-school centre or via http://tdhb.org.nz our website referral form

All services free of charge. Referral may apply.

**Raumano Health Trust**

FSD0004972 Last updated 06/11/2020

Mission Statement: strive to be the leader of quality Maori Healthcare service. Objective:- oranga wairua - spiritual wellness, oranga hinengaro - mental wellness. Oranga tinana - physical wellness, oranga whanua - family wellness. Provide Mental Health services to Adults & Children.

39 Stafford Street Patea 4545



raumanotrust@gmail.com  Contact by phone or email only

|  |  |
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| (06) 273 6011  (027) 205 9660 | All services free of charge. Referral may apply. |

**Stroke Foundation Community Stroke Advisor - Taranaki**

FSD0004985 Last updated 20/04/2021

Encourage rehabilitation, independence and confidence

Provide information and education about Stroke in both awareness and prevention

Encourages Stroke survivors to join local community activities and support groups

Taranaki Disability Information Centre 28 Young Street New Plymouth 4301 taranaki@stroke.org.nz  Monday to Thursday 9 to 4



(06) 758 6880 All services free of charge.

(021) 962 367 No referral required. http://www.stroke.org.nz

**Taranaki District Health Board Resource Centre**

FSD0019566 Last updated 20/07/2020

Provide health education resources on the following topics:

* Breast Screening
* Child Health & Safety
* Communicable Disease
* Diabetes
* Education
* Elderly
* Environmental Health
* Family Violence
* Food Safety
* Hearing
* Immunisation
* Mental Health
* Newborn
* Nutrition & Physical Activity
* Oral Health
* Sexual Health
* Substance Misuse
* Women's Health & Pregnancy

Public Health Unit - Lvl 1, Barrett Building - Tukapa Street Westown New Plymouth 4310 resource.room@tdhb.org.nz  Monday to Friday: 8.00am - 4.00pm



(06) 753 7777 extn 8862 All services free of charge. http://www.tdhb.org.nz/services/public\_he No referral required. alth/health\_promotion.shtml

**Taranaki Multiple Sclerosis Society Incorporated**

FSD0005135 Last updated 26/01/2021

To provide information, advocacy and support services to people with multiple sclerosis in the Taranaki Region.

Backroom, Onuku-Taipari Domain Hall - Ngamotu Road Spotswood New Plymouth 4310 fieldworker@mstaranaki.co.nz  9am to 5pm - Monday to Friday



|  |  |
| --- | --- |
| (06) 751 2330 (fieldworker) (021) 985 285 http://www.mstaranaki.co.nz      **Taranaki Ostomy Society** | Freephone: 0800 725 3767 (landlines only) All services free of charge. No referral required. |
| FSD0005067 | Last updated 22/04/2021 |

To promote the welfare of Ostomates in Taranaki and elsewhere if need exists. To provide a communication link to and between Ostomates. To do such things that will, in the opinion of the committee, improve the well being of Ostomate members.

shelleymcdougall1951@gmail.com  Some charges may apply.

(0800) 111 432 Referral may apply. http://www.ostomytaranaki.org.nz

**Taranaki Plunket - Opunake Clinic**

FSD0016814 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

CoastalCare Health and Community Centre 26 Napier Street Opunake taranaki.admin@plunket.org.nz  Please call to make an appointment.



(06) 769 5453 ext 1 All services free of charge.

(0800) 933 922 No referral required. http://www.plunket.org.nz

**Taranaki Public Health Unit**

FSD0005046 Last updated 07/09/2020

To improve and protect the health status of people in Taranaki, with a particular focus on achieving health equity.

1st Floor, Barrett Building, Taranaki Base Hospita 118 Tukapa Street New Plymouth



(06) 753 7799  8am - 5pm, Monday to Friday. http://www.tdhb.org.nz All services free of charge.

No referral required.

**TDHB - Health Social Work Service**

FSD0005113 Last updated 16/07/2020

Health Social work provides supportive social work across Taranaki District Health Board Services. Its direct concern is with the social and emotional implications connected with illness and its medical treatment and with any consequent adjustments in the live of partners, families and communities. Its concern are also Child Protection and the protection of vulnerable adults. It engages with patients, assessing needs and risks and provides various health social work interventions. Interventions can include short term brief counselling interventions, and appropriate active referrals to community supports.

Taranaki District Health Board - David Street New Plymouth



SocialWorkers-  8.00am - 4.30pm Monday - Friday PhysicalHealth@tdhb.org.nz Some charges may apply.

(06) 753 6139 Referral may apply.

**Tui Ora Ltd**

FSD0005120 Last updated 18/12/2020

Committed to enhancing health and wellbeing of Taranaki Maori through our provider network. Tui Ora is an integrated care organisation. Integration involves the principles of tikanga, quality, partnership, excellence.

36 Maratahu Street New Plymouth 4310



reception@tuiora.co.nz  8:30am - 5:00pm Monday to Friday.

(0508) 496 884 (Youth Service only) Some charges may apply.

(06) 759 4064 (Main reception) Referral may apply. http://www.tuiora.co.nz

**Classification : YS**

**Urenui & Districts Health Group**

FSD0004955 Last updated 21/12/2020

To provide support for the health and wellbeing of members of this community. Covers North Taranaki.

District nursing. Public Health Nursing & Medical First Response Team. Health promotion to our district. We also operate a GP Clinic on Tuesdays and Walk-In Nursing Clinic on Fridays.

Community Centre Complex (between hall and library 15A Takiroa Street Urenui 4375 urenuihc@xtra.co.nz  GP/nurse clinic 9.00am - 11.30am Tues; (06) 752 3283 District Nursing Mon - Sun on demand;



http://www.tdhb.org.nz Nursing Walk In Clinic 10.30am - 12.30pm Fri;

24hr answering machine checked Mon- Fri once a day

Some charges may apply. No referral required.

**Whnau Pakari**

FSD0023622 Last updated 10/08/2020

Is a support service for 4-16 year olds with weight issues and uses a team of health professionals to support the child/teen/whanau.

Its a collaboration between Sport Taranaki + Taranaki District Health Board.

Objectives of Whnau Pakari ?

To educate /empower whanau to take control of their own lives. To enable whanau to make healthy lifestyle changes that will be sustainable once they have moved on from the service.

* It is community based
* It is accessible to all – region-wide.
* It 'demedicalises' weight issues – but medical support/overview remains.
* It targets Maori and Pacific peoples but is open to all.
* It involves the whole whanau to support the child/teen.

Whnau Pakari team

* paediatrician
* Healthy Lifestyles Co-ordinator
* dietitian
* physical activity advisor
* psychologist

CACC, Taranaki District Health Board 118 Tukapa Street Westown New Plymouth 4310 whanaupakari@tdhb.org.nz  Mon - Fri



(027) 910 7253 9am-5pm

(06) 753 7777 extn 8729 All services free of charge. https://www.sporttaranaki.org.nz/health/w No referral required. hanau-pakari/

# Legal / Civil Services

**Citizens Advice Bureau - Central Taranaki**

FSD0006904 Last updated 08/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

270 Broadway Stratford centraltaranaki@cab.org.nz  Mondays: closed.



|  |  |
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| (06) 765 5250 http://www.cab.org.nz | Tuesday to Friday 10am - 1pm All services free of charge.  No referral required. |

**Citizens Advice Bureau - Hawera**

FSD0006892 Last updated 08/04/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

22 Union Street Hawera



hawera@cab.org.nz  Mon - Fri 9.30am - 12.30pm Note we are only

|  |  |
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| (06) 278 3156 (0800) 367 222 http://www.cab.org.nz | open via phone, email and online chat All services free of charge.  No referral required. |

**Citizens Advice Bureau - New Plymouth**

FSD0006898 Last updated 01/10/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau.

The service can be accessed by phone, email or in person.

Community House 32 Leach Street New Plymouth



newplymouth@cab.org.nz  Mon - Fri 9.30am - 3.30pm.

(06) 758 9542 Legal Services Mon 7.15pm - 9pm (by (0800) 367 222 appointment only). http://www.cab.org.nz JP Services Mon 10am - 12.30pm.

All services free of charge. No referral required.

**Migrant Connections Taranaki**

FSD0021625 Last updated 28/09/2020

Migrant Connections Taranaki is a free service aimed at a broad migrant support which includes skilled and non-skilled migrants and their families.

Level 1, Vero Building 10 Devon Street East New Plymouth 4310 mctnz@xtra.co.nz  Monday-Friday (06) 759 0828 9.00am -3.00pm



http://www.migrantconnections.org.nz All services free of charge. Referral may apply.

**Classification : PACIFIC**

**Taranaki Community Law Trust**

FSD0005152 Last updated 20/08/2020

Provides free legal services, legal advice, legal assistance, legal information, legal representation, law related education.

 Level 1 Vero House 10-12 Devon Street East New Plymouth 4310

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| --- | --- |
| tcls@xtra.co.nz (0800) 529 878 (06) 759 1492 http://www.communitylaw.org.nz | 8.30am - 4pm Monday, Tuesday, Wednesday and Thursday  Closed daily between 12.00 - 1.00pm  8.30am - 12pm Friday All services free of charge.  No referral required. |

**Tenancy Services - New Plymouth**

FSD0006227 Last updated 18/03/2021

We offer advice and information for landlords and tenants who rent their homes. We administer the Residential Tenancies Act 1986. We receive and hold bonds until the end of a tenancy, we provide dispute resolution services, and we administer the State Housing Appeals Authority.

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| info@tenancy.govt.nz (0800) 836 262 (0800) TENANCY  https://www.tenancy.govt.nz/ | To visit us for personal assistance you MUST make an appointment by calling 0800 836 262 Some charges may apply.  No referral required. |

**Victim Support - Central Taranaki**

FSD0005107 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

nationaloffice@victimsupport.org.nz  The Victim Support Service is available 24

(0800) VICTIM hours, 7 days a week.

(0800) 842 846 All services free of charge. http://www.victimsupport.org.nz No referral required.

**Victim Support - New Plymouth**

FSD0005045 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

|  |  |
| --- | --- |
| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

**Victim Support - South Taranaki**

FSD0005057 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

|  |  |
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| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

# Mental Health

**Access Ability Taranaki**

FSD0015952 Last updated 27/07/2020

Access Ability undertakes Needs Assessment and service Coordination services for younger people (people up to the age of 65 years) on behalf of the Ministry of Health Following the needs assessment Access Ability will work with you and your family to help you to get access to the assistance you need if you are eligible for supports.

Level 1, Kings Building. 36 Devon Street West New Plymouth



contact@accessability.org.nz  8.30am - 5.00pm Mon - Fri (0800) 758 700 All services free of charge. http://www.accessability.org.nz No referral required.

**Active Intentions**

FSD0004949 Last updated 27/10/2020

To provide quality, effective counselling service. Also offering education, mediation and workplace interventions.

Powderham Business Centre 117 Powderham Street New Plymouth 4310 counsellor.sylvia@gmail.com  Monday- Friday, 9am - 5pm (excluding



|  |  |
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| (027) 600 0302 http://www.sylvia-huitsonactiveintentions.co.nz      **CoastalCare** | Wednesdays)  Some charges may apply. No referral required. |
| FSD0023051 | Last updated 16/11/2020 |

We provide a facility and structure that hosts modern health and social service delivery for the people of Coastal Taranaki and support people required to go out of the region to receive care.

See Services for a list of the services and organisations hosted.

26 Napier Opunake 4616 info@coastalcare.co.nz (06) 761 8488



(021) 729 471 http://coastalcare.co.nz/

**Hoiho Whakaora Tangata**

FSD0023153

Mon - Fri 8.30am - 5pm

Sat - 9am - 12 midday Pharmacy only Some charges may apply. No referral required.

Last updated 25/03/2021

To provide specialist support with Equine Assisted Counselling using EAGALA principles. Located in Taranaki we are proud to be a part of the development of horse assisted counselling and therapy in New Zealand.

|  |  |
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| hoihowhakaoratangata@gmail.com http://horseshelpingpeople.co.nz      **Hospice Taranaki Inc** | Please email to discuss.  Some charges may apply. No referral required. |
| FSD0008189 | Last updated 04/02/2021 |

Specialist palliative care service for Taranaki. Offers inpatient and community care. Range of services provided including: medical care, nursing care, bereavement and counselling, social work, occupational and physiotherapy, day programme at hospice.

5 David Street Westown New Plymouth 4310



info@hospicetaranaki.org.nz  Te Rangimarie Hospice is open 24hrs/day 7 (06) 753 7830 days per week. Telephone advice is available

http://www.hospicetaranaki.org.nz 24hrs/7days per week

All services free of charge. Referral may apply.

**LinkPeople**

FSD0023215 Last updated 11/09/2020

To assist and navigate with consumers coming from secondary mental health services back into their communities and supporting their GP's.

Puriri House 220 Devon Street West New Plymouth 4340



info@linkpeople.co.nz  8.30am-5.00pm Monday-Friday

|  |  |
| --- | --- |
| (06) 769 9160 (0800) 932 432 http://www.linkpeople.co.nz      **Manna Healing Centre** | All services free of charge. Referral may apply. |
| FSD0005073 | Last updated 20/11/2020 |

Short-term respite care (up to three weeks at a time) providing breaks for people needing time out. People come through Mental Health, drug and alcohol, church groups or word of mouth, We are Christian based.

134 Wairau Road RD 4 New Plymouth mannahealingcentre@gmail.com  Office Hours 8am - 8:30pm, Monday - Sunday.



|  |  |
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| (06) 752 7620 | Some charges may apply. No referral required. |

**Mental Health Services - Taranaki District Health Board**

FSD0005112 Last updated 21/01/2021

Taranaki DHB provide a range of specialist MH and Addiction Services throughout the Taranaki

Region. The Taranaki Mental Health and Addiction services consists of four distinct areas: Child &

Adolescent Mental Health, Adult Mental Health, Mental Health Services for the Elderly and Alcohol & Drug. All our staff are appropriately trained, qualified / supervised and professional and all of our services are free.

 Taranaki Base Hospital 23 David Street Westown New Plymouth 4310

(06) 753 7790  Community Staff 8.00am - 4.30pm

(06) 753 6139x 7699 https://www.tdhb.org.nz/services/mental\_ Monday - Friday Crisis Service - 24 hours - 7

health\_services.shtml days

All services free of charge. Referral may apply.

**Overeaters Anonymous - New Plymouth**

FSD0007760 Last updated 07/06/2020

OA is a fellowship of women and men who suffer from a compulsion with food. This includes overeating, binging, purging, restricting including bulimia and anorexia. We offer support from people who have recovered from living in the un-manageability of the eating patterns.

Taranaki Cathedral 37 Vivian Street New Plymouth 4310



123kloud9@gmail.com  Meets Friday at 10:30am - 11.30am (027) 2431718 All services free of charge.

(06) 756 8242 No referral required. http://www.oa.org

**Pathways Health Limited - Taranaki**

FSD0006195 Last updated 23/11/2020

Creating mental health and wellness opportunities that enable individuals to live their dreams.

220 Devon Street West New Plymouth



contactus@pathways.co.nz  Regional Office Open 9am to 4pm Monday to

(06) 757 2864 Friday. http://www.pathways.co.nz All services free of charge.

Referral may apply.

**Positively Psyched**

FSD0019082 Last updated 04/05/2021

Positively Psyched Psychologists, Patrick and Kaye, are solution and family focused professionals who have a range of collective experience.

1A Rimu Business Park 55 Rimu Street Strandon New Plymouth 4312 patrick@positivelypsyched.co.nz  Monday to Friday 9am to 5pm



(027) 553 5534 Some charges may apply.

(021) 027 17672 No referral required. http://positivelypsyched.co.nz

**Progress to Health - Taranaki**

FSD0005102 Last updated 01/03/2021

Progress to Health is a community based organisation providing individualised and group activities that enhance mental and physical wellbeing. These services are provided throughout Waikato, Taupo and Taranaki.

Our expertise is in mental wellbeing and as this is something that affects us all, we believe there is value in talking about how we might support you, your staff, your clients, your children and their families.

15 Dawson Street New Plymouth 4310 admin@progresstohealth.org.nz  8.30am - 5.00pm Monday to Friday.



(06) 757 5549 All services free of charge. http://www.progresstohealth.org.nz No referral required.

**Raumano Health Trust**

FSD0004972 Last updated 06/11/2020

Mission Statement: strive to be the leader of quality Maori Healthcare service. Objective:- oranga wairua - spiritual wellness, oranga hinengaro - mental wellness. Oranga tinana - physical wellness, oranga whanua - family wellness. Provide Mental Health services to Adults & Children.

39 Stafford Street Patea 4545 raumanotrust@gmail.com (06) 273 6011



(027) 205 9660

Contact by phone or email only All services free of charge. Referral may apply.

**Real Taranaki**

FSD0020803 Last updated 27/10/2020

Real Taranaki operates a short stay respite service in New Plymouth for young people experiencing difficult times in their lives. It is available on an as-needed basis for 16-20 year olds. Real has services available in several New Zealand regions and is steadily expanding around the country.

220 Devon Street West New Plymouth 4340



new.plymouth@real.org.nz  As needed

(06) 753 2080 All services free of charge. http://www.real.org.nz Referral may apply.

**Resolve Counselling**

FSD0023544 Last updated 29/03/2021

To deliver a quality, evidence-based counselling service to families that will address the mental health needs of their children and adolescents, and support the parents with the parenting issues they face.

1004 Plymouth Road Koru 4374 support@resolvecounselling.nz  By appointment. Thursday afternoons & Fridays.



|  |  |
| --- | --- |
| (021) 147 3674 http://www.resolvecounselling.nz      **S.T.A.R.T Taranaki** | Other times can be arranged.  Some charges may apply. No referral required. |
| FSD0019162 | Last updated 29/03/2021 |

We provide an extremely effective intervention for recidivist youth offenders. It is our unique three phase design and focus on building meaningful relationships between young people and positive role models which allows its young people to feel safe to share pieces of themselves without fear of ridicule.

START Taranaki has a holistic approach which looks at each client's skills and strengths then builds individualized plans with young people to make change that is meaningful and sustainable to them. The desired outcome is to equip the young people with the tools to function as an adult in society and contribute towards safer communities through this initiative to reduce crime.

START Taranaki is based in Kaponga on the southern slopes of Mount Taranaki. It is governed by a Board of Trustees.

3 Alamein Street Kaponga 4679



neville@starttaranaki.co.nz  Office hours: 8.30 - 4.00 Monday to Friday

|  |  |
| --- | --- |
| (06) 764 6225 http://www.starttaranaki.co.nz | Some charges may apply. Referral may apply. |

**Seasons for Growth - New Plymouth**

FSD0006645 Last updated 02/11/2020

Seasons for Growth, New Plymouth provides a peer support programme for children and young people affected by grief around the loss of someone close to them.

BAF Office 566 Mangorei Rd New Plymouth RD 1



newplymouth@seasonsfg.org.nz  Daytime 9-5pm, calls may be taken by answer

(027) 703 3769 phone. https://www.wtanglican.nz/page/seasons- Some charges may apply. for-growth/ No referral required.

**Supporting Families Taranaki**

FSD0022145 Last updated 14/07/2020

A free support service for families and whanau supporting someone affected by mental illness. Our services are FREE; MOBILE; INDEPENDENT;CONFIDENTIAL. We are here to provide information about mental illness, and help family and whanau safely navigate their way through mental health services to get the help they need.

 128 Devon Street East New Plymouth 4310

|  |  |
| --- | --- |
| stephanie.mapley@sfnz.org.nz  (06) 757 9300 http://www.supportingfamilies.org.nz/ | 9am - 5pm Monday to Friday All services free of charge.  No referral required. |

**Taranaki District Health Board Resource Centre**

FSD0019566 Last updated 20/07/2020

Provide health education resources on the following topics:

* Breast Screening
* Child Health & Safety
* Communicable Disease
* Diabetes
* Education
* Elderly
* Environmental Health
* Family Violence
* Food Safety
* Hearing
* Immunisation
* Mental Health
* Newborn
* Nutrition & Physical Activity
* Oral Health
* Sexual Health
* Substance Misuse
* Women's Health & Pregnancy

Public Health Unit - Lvl 1, Barrett Building - Tukapa Street Westown New Plymouth 4310 resource.room@tdhb.org.nz  Monday to Friday: 8.00am - 4.00pm



(06) 753 7777 extn 8862 All services free of charge. http://www.tdhb.org.nz/services/public\_he No referral required. alth/health\_promotion.shtml

**TDHB - Health Social Work Service**

FSD0005113 Last updated 16/07/2020

Health Social work provides supportive social work across Taranaki District Health Board Services. Its direct concern is with the social and emotional implications connected with illness and its medical treatment and with any consequent adjustments in the live of partners, families and communities. Its concern are also Child Protection and the protection of vulnerable adults. It engages with patients, assessing needs and risks and provides various health social work interventions. Interventions can include short term brief counselling interventions, and appropriate active referrals to community supports.

Taranaki District Health Board - David Street New Plymouth



SocialWorkers-  8.00am - 4.30pm Monday - Friday

|  |  |
| --- | --- |
| PhysicalHealth@tdhb.org.nz  (06) 753 6139      **Te Ara Pae Trust** | Some charges may apply. Referral may apply. |
| FSD0006017 | Last updated 14/02/2021 |

Te Ara Pae provides counselling, social work and advocacy services, and an anger change programme to South Taranaki families and whnau.

276 High Street Hawera 4610



info@tearapae.org.nz  Te Ara Pae is open Monday to Thursday - from

|  |  |
| --- | --- |
| (06) 278 6399    **Classification : FVSS, SHSS** | 9am to 3pm.  All services free of charge.  Referral may apply. |

**The Bishop's Action Foundation**

FSD0019787 Last updated 04/01/2021

Offers organisational capability mentoring. Please see service detail for more information.

566 Mangorei Road RD1 New Plymouth 4371



ceo@baf.org.nz  Mon - Fri 8.30 - 5.00

|  |  |
| --- | --- |
| (06) 759 1178 (027) 431 2277 https://www.baf.org.nz | Some charges may apply. Referral may apply. |

**Tui Ora Ltd**

FSD0005120 Last updated 18/12/2020

Committed to enhancing health and wellbeing of Taranaki Maori through our provider network. Tui Ora is an integrated care organisation. Integration involves the principles of tikanga, quality, partnership, excellence.

36 Maratahu Street New Plymouth 4310



reception@tuiora.co.nz  8:30am - 5:00pm Monday to Friday.

(0508) 496 884 (Youth Service only) Some charges may apply.

(06) 759 4064 (Main reception) Referral may apply. http://www.tuiora.co.nz

**Classification : YS**

# Older People

**Access Ability Taranaki**

FSD0015952 Last updated 27/07/2020

Access Ability undertakes Needs Assessment and service Coordination services for younger people (people up to the age of 65 years) on behalf of the Ministry of Health Following the needs assessment Access Ability will work with you and your family to help you to get access to the assistance you need if you are eligible for supports.

Level 1, Kings Building. 36 Devon Street West New Plymouth



contact@accessability.org.nz  8.30am - 5.00pm Mon - Fri (0800) 758 700 All services free of charge. http://www.accessability.org.nz No referral required.

**Age Concern Taranaki Inc**

FSD0006667 Last updated 17/11/2020

Your local Age Concern is your first port of call when you and your family/whanau need: information, advice, referral and support.

33 Liardet Street New Plymouth 4310



info@ageconcerntaranaki.org.nz  Some charges may apply.

(06) 759 9196 No referral required.

(0800) 243 625 http://www.ageconcern.org.nz

**Classification : EARS**

**Alzheimers Taranaki Inc**

FSD0006739 Last updated 21/01/2021

Alzheimers Taranaki provides support, advocacy, information and advice to people with dementia, their carers and families, through Field Workers, Support Groups, Memory Cafes, Day Programmes and Education Programmes.

Powderham Business Centre 117 Powderham Street New Plymouth 4310



office.alztaranaki@xtra.co.nz  Office open Mon- Fri 8.30am to 4pm although (06) 769 6916 occasionally unattended if we are at meetings.

(0800) 004 001 Some charges may apply. http://www.alzheimers.org.nz/taranaki/ Referral may apply.

**ASCOT @ Te Maru**

FSD0005064 Last updated 23/06/2020

An activity and companionship club for older adult members. Empower older adults to remain independent in their own homes and community.

ASCOT @ TEMARU 11 Nursery Place Westown New Plymouth 4310 ascot@tainuihome.co.nz  Office hours 8.30 am to 4 pm Monday to Friday.



(06) 753 6599 Some charges may apply.

Referral may apply.

**CCS Disability Action - North Taranaki Branch**

FSD0007635 Last updated 13/01/2021

CCS Disability Action is New Zealand's leading provider of support and services to people with physical disabilities. We are also a leading advocate for the rights of disabled people.

114 Vivian Street New Plymouth 4310



ronny.martin@ccsdisabilityaction.org.nz  8.30am - 4.00pm, Monday to Thursday and

(06) 758 5423 closed for lunch 12 -12.30pm. Hours for Friday

(0800) 227 225 are 8am - 2.00pm. http://www.ccsdisabilityaction.org.nz Some charges may apply. Referral may apply.

**CoastalCare**

FSD0023051 Last updated 16/11/2020

We provide a facility and structure that hosts modern health and social service delivery for the people of Coastal Taranaki and support people required to go out of the region to receive care.

See Services for a list of the services and organisations hosted.

26 Napier Opunake 4616



info@coastalcare.co.nz  Mon - Fri 8.30am - 5pm

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| --- | --- |
| (06) 761 8488  (021) 729 471 http://coastalcare.co.nz/      **Eltham Care Rest Home** | Sat - 9am - 12 midday Pharmacy only Some charges may apply. No referral required. |
| FSD0005090 | Last updated 15/06/2020 |

To enable residents whether able or disabled to live with dignity and pursue their own concept of a full and happy lifestyle. Our aim is to care for the whole person, providing for each individuals physical, mental, emotional, cultural and spiritual wellbeing.

54 Maata Road RD18 Eltham 4398 carly@elthamcare.co.nz  RN Manager on site Mon - Fri 8am - 5pm.



(06) 764 8330 Carers on Site 24/7

(021) 028 60682 RN clinical on site Mon - Fri https://www.facebook.com/elthamcare/?re Some charges may apply. f=bookmarks No referral required.

**Enliven Positive Ageing Services - Taranaki**

FSD0019249 Last updated 21/12/2020

Through our Enliven services we provide a full range of services that support people to maintain their independence and live fulfilling lives. This includes retirement villages as well as rest home, hospital and dementia care for older New Zealanders.

In Taranaki Enliven has Chalmers Home in New Plymouth.

 20 Octavius Place New Plymouth 4312

enliven@psc.org.nz (0508) 36 54 83 (06) 758 5190 https://enlivencentral.org.nz/

**Hospice Taranaki Inc**

FSD0008189

Office Monday-Friday 8.30am-5pm Some charges may apply. No referral required.

Last updated 04/02/2021

Specialist palliative care service for Taranaki. Offers inpatient and community care. Range of services provided including: medical care, nursing care, bereavement and counselling, social work, occupational and physiotherapy, day programme at hospice.

5 David Street Westown New Plymouth 4310



info@hospicetaranaki.org.nz  Te Rangimarie Hospice is open 24hrs/day 7 (06) 753 7830 days per week. Telephone advice is available

http://www.hospicetaranaki.org.nz 24hrs/7days per week

All services free of charge. Referral may apply.

**Ironside Vehicle Society (Inc)**

FSD0004998 Last updated 20/06/2020

Ironside provides specialised transport for the elderly, infirm and the physically disadvantaged in central and northern Taranaki. Services by appointment only.

20 Sunley Street Westown New Plymouth 4310



ironside@orcon.net.nz  Monday - Friday 8 am - 3 pm, evening by

(06) 753 6469 appointment only.

(027) 262 9420 Saturday & Sunday- by appt only

Some charges may apply. No referral required.

**Mininstry of Social Development - Stratford Service Centre**

FSD0007978 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

65-67 Miranda Street Stratford 4332



(0800) 559 009  8:30am-5:00pm Monday, Tuesday, Thursday,

|  |  |
| --- | --- |
| http://www.workandincome.govt.nz | Friday.  9:30am-5:00pm Wednesday.  All services free of charge.  No referral required. |

**Ministry of Social Development - Hawera Community Link**

FSD0007975 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Unit 1 15 Union Street Hawera



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

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| http://www.workandincome.govt.nz | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**Ministry of Social Development - New Plymouth Community Link**

FSD0007977 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Dawson House 160 Devon Street West New Plymouth 4310



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Ministry of Social Development - Waitara Service Centre**

FSD0007982 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

25 Queen Street Waitara



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

|  |  |
| --- | --- |
| http://www.workandincome.govt.nz | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**New Zealand Red Cross - Inglewood**

FSD0004994 Last updated 16/04/2021

Providing necessary services to residents of the district who need them and who are unable to provide them by other means.

10 Koromiko Street Inglewood



donreevenz@gmail.com  24/7

|  |  |
| --- | --- |
| (06) 756 8388 (0800) 733 276 https://www.redcross.org.nz | Meeting: 1:30pm, 3rd Wednesday of the month All services free of charge.  Referral may apply. |

**New Zealand Red Cross - Taranaki Service Centre**

FSD0004983 Last updated 30/07/2020

To Improve the lives of vulnerable people and enhance community resilience.

Red Cross - Taranaki Service Center 116 Gill Street New Plymouth New Plymouth newplymouth@redcross.org.nz  Office hours - Mon - Fri 9.00a.m. - 4.00p.m.



(027) 474 5318 Some charges may apply.

(0800) 733 276 (RED CROSS) Referral may apply. http://www.redcross.org.nz

**Omahanui Homecare Limited**

FSD0004976 Last updated 15/01/2021

Enabling older people and people with disabilities via our flexible services to enjoy their lives whilst living independently in their own home.

22 Waiwaka Terrace Strandon New Plymouth 4312



nicola@omahanui.co.nz  Office hours 8.30 am to 4.30 pm Monday to

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| --- | --- |
| (06) 759 7031  (06) 759 7032 http://www.omahanui.co.nz | Friday.  All services free of charge.  Referral may apply. |

**Patea Standby Charitable Trust**

FSD0005004 Last updated 22/03/2021

To provide transport to medical and non-medical appointments for members of our community that are disabled and are too old to drive. We also have out of town bus trips.

Patea Library 42 Egmont Street Patea 4520



sandyanddave@xtra.co.nz  Office Hours 9.00am - 12.00noon, Monday to

(06) 273 8329 Office Friday.

(06) 273 8325 After Hours Some charges may apply.

Referral may apply.

**Raumano Health Trust**

FSD0004972 Last updated 06/11/2020

Mission Statement: strive to be the leader of quality Maori Healthcare service. Objective:- oranga wairua - spiritual wellness, oranga hinengaro - mental wellness. Oranga tinana - physical wellness, oranga whanua - family wellness. Provide Mental Health services to Adults & Children.

39 Stafford Street Patea 4545



raumanotrust@gmail.com  Contact by phone or email only

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| --- | --- |
| (06) 273 6011  (027) 205 9660 | All services free of charge. Referral may apply. |

**Senior Citizens Friendship Club - Bell Block**

FSD0004959 Last updated 30/08/2020

To provide entertainment and friendship to people 55 years and over

1A Walmer Grove Bell Block New Plymouth 4312



barbara.b@actrix.co.nz  Anytime

(06) 755 2088 Some charges may apply.

No referral required.

**St Vincent de Paul - Hawera**

FSD0002187 Last updated 08/01/2021

Provide a service with sale of second hand clothing and other goods. To assist in practical ways in times of need.

243 High Street Hawera 4610



(06) 278 8266  9.30am -3.30pm, Monday to Friday

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| http://www.svdp.org.nz/ | All services free of charge. No referral required. |

**TDHB - Health Social Work Service**

FSD0005113 Last updated 16/07/2020

Health Social work provides supportive social work across Taranaki District Health Board Services. Its direct concern is with the social and emotional implications connected with illness and its medical treatment and with any consequent adjustments in the live of partners, families and communities. Its concern are also Child Protection and the protection of vulnerable adults. It engages with patients, assessing needs and risks and provides various health social work interventions. Interventions can include short term brief counselling interventions, and appropriate active referrals to community supports.

Taranaki District Health Board - David Street New Plymouth



SocialWorkers-  8.00am - 4.30pm Monday - Friday PhysicalHealth@tdhb.org.nz Some charges may apply.

(06) 753 6139 Referral may apply.

**The Salvation Army - Hawera**

FSD0002194 Last updated 17/04/2021

Worship, community and welfare services of The Salvation Army

19-23 Regent Street Hawera 4640



hawera.corps@salvationarmy.org.nz  By Phone, Food Bank Friday morning

(06) 278 8516 All services free of charge. http://salvationarmy.org.nz/centres/nz/tara No referral required.

naki/hawera/

**The Salvation Army - New Plymouth**

FSD0005098 Last updated 19/04/2021

Worship, community and welfare services of The Salvation Army

Cnr Dawson & Powderham Streets 118 Powderham Street New Plymouth 4310 newplymouth\_corps@nzf.salvationarmy.o  10am - 2pm Monday to Friday. rg Some charges may apply.



(06) 758 9338 No referral required.

https://www.salvationarmy.org.nz/centres/ nz/taranaki/new-plymouth/new-plymouthcorps

**Toucan Taranaki 2004 Ltd**

FSD0005117 Last updated 26/11/2020

To provide a homely environment for people with disabilities which recognises residents as individuals.

31 Centennial Drive Moturoa New Plymouth 4310



andrea@toucan.net.nz  Mon - Fri 8a.m. -5p.m.

(06) 757 4364 Some charges may apply. (027) 3559990 Referral may apply.

**Work and Income - Taranaki Regional Office**

FSD0015270 Last updated 07/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

37 Dawson Street New Plymouth 4310 gail.bennett001@msd.govt.nz  All services free of charge.



(0800) 559 009 No referral required.

http://www.workandincome.govt.nz

# Parents and Caregivers

**Active Birth Taranaki**

FSD0005033 Last updated 15/02/2021

Mission statement:

By sharing our passion, experiences, resource and knowledge (which may challenge current paradigms), we will:

"inspire our community to celebrate childbirth as a safe, normal and positive life event and encourage women and their birthing partners to fully consider their options and make responsible childbirth choices.

62 Dorset Avenue New Plymouth 4310 info@activebirthtaranaki.org.nz  Anytime



(027) 266 2330 Koha/donation may apply. http://www.activebirthtaranaki.org.nz No referral required.

**Barnardos - Taranaki**

FSD0006799 Last updated 21/03/2021

Barnardos provide a range of care, education and support services developed specifically for New Zealand children and their families. The services we provide reflect our commitment to ensuring that all children are able to receive the very best start to life.

186A Tukapa Street New Plymouth 4310



taranaki.amu@barnardos.org.nz  8 am - 4 pm Mon - Fri

(06) 753 3484 Some charges may apply.

(0800) 227 627 No referral required. http://www.barnardos.org.nz

**Bell Block Kelly Club Limited**

FSD0024149 Last updated 09/02/2021

After school club programme run at Bell Block school.

Kelly Club has been committed to providing the very best in before- and after-school programmes for busy families like yours.

We understand how hard it is to juggle the workday schedule, and the anxiety associated with finding safe, fun, high-quality care for your children. That’s why our programmes are developed in consultation with the school and the local community to feature a diverse mix of entertainment, education and relaxation. Your kids will feel right at home doing activities like cooking, crafts or games, as well as having time to do their homework and relax after a busy day of learning.

31 Bell Block Court Bell Block New Plymouth 4312



bellblock@kellyclub.co.nz  Monday to Friday 3.00pm to 5.30pm

(021) 158 3632 Some charges may apply. http://www.kellyclub.co.nz No referral required.

**Breastfeeding Support - La Leche League Taranaki**

FSD0005015 Last updated 01/05/2021

La Leche League (pronounced La Lay-chay) is a volunteer non-profit organisation which provides information and mother-to-mother support for women breastfeeding their babies or wanting to. We encourage whnau to contact us before their baby is born, as well as while they are breastfeeding.

Support is available through group meetings, coffee groups, phone, Facebook and email.

Disabled Citizens Craft Centre 82 Hine Street New Plymouth 4310



LLLTaranaki@gmail.com  Free monthly meetings are held on the 1st http://www.lalecheleague.org.nz Tuesday of every month 10am - 12noon at the

Disabled Citizens Craft Centre, koha is appreciated to help cover the room hire, whole wnnau welcome

Koha/donation may apply. No referral required.

**Cancer Society of NZ - Central Districts Division - Taranaki Centre**

FSD0004971 Last updated 03/05/2021

To provide information, care and support to people and their families affected by cancer (refer children/teenagers to child cancer or Canteen). Support and volunteer service, health promotion and education. Shuttle service.

TSB Cancer Support Centre 71 Lorna Street Westown New Plymouth 4310 enquiries.tar@cancercd.org.nz  9am - 3.30pm Monday to Friday



(06) 757 3006 All services free of charge. https://www.cancer.org.nz/about-us/find- No referral required. a-cancer-society-office-near-you/taranaki/

**Cherish Childcare**

FSD0023323 Last updated 07/09/2020

Safe, fun and familiar environment for your child where they can learn, make friends and have a great time all within the school grounds.

We are OSCAR approved and all our staff are police vetted and have experience in caring for school children, they have a passion to provide a positive environment so you can feel comfortable with the knowledge when the school bell has gone and children released from their class they will get quality care and aroha.

Our holiday programme caters for the wider community based in Bell Block at puketapu school.

Fun and exciting activity's are planned daily with plenty of time fro free choice and outside play.

Block f 15 Dillon Drive New Plymouth 4312



oscar@cherischildcare.co.nz  Before school care 7.15-8.30am

(06) 544 8758 After school care 3-6pm

http://cherishchildcare.co.nz Holiday programme 7.30am-5.30pm Some charges may apply. No referral required.

**Classification : OSCAR**

**CoastalCare**

FSD0023051 Last updated 16/11/2020

We provide a facility and structure that hosts modern health and social service delivery for the people of Coastal Taranaki and support people required to go out of the region to receive care.

See Services for a list of the services and organisations hosted.

 26 Napier Opunake 4616

info@coastalcare.co.nz (06) 761 8488

(021) 729 471 http://coastalcare.co.nz/

**Eltham Care Rest Home**

FSD0005090

Mon - Fri 8.30am - 5pm

Sat - 9am - 12 midday Pharmacy only Some charges may apply. No referral required.

Last updated 15/06/2020

To enable residents whether able or disabled to live with dignity and pursue their own concept of a full and happy lifestyle. Our aim is to care for the whole person, providing for each individuals physical, mental, emotional, cultural and spiritual wellbeing.

54 Maata Road RD18 Eltham 4398 carly@elthamcare.co.nz  RN Manager on site Mon - Fri 8am - 5pm.



(06) 764 8330 Carers on Site 24/7

(021) 028 60682 RN clinical on site Mon - Fri https://www.facebook.com/elthamcare/?re Some charges may apply. f=bookmarks No referral required.

**Enliven Positive Ageing Services - Taranaki**

FSD0019249 Last updated 21/12/2020

Through our Enliven services we provide a full range of services that support people to maintain their independence and live fulfilling lives. This includes retirement villages as well as rest home, hospital and dementia care for older New Zealanders.

In Taranaki Enliven has Chalmers Home in New Plymouth.

20 Octavius Place New Plymouth 4312



enliven@psc.org.nz  Office Monday-Friday 8.30am-5pm (0508) 36 54 83 Some charges may apply.

(06) 758 5190 No referral required. https://enlivencentral.org.nz/

**Families Overcoming Addiction**

FSD0023389 Last updated 17/11/2020

We provide support and information for people affected by a loved-one's alcohol and/or drug use.

familyaddictionhelpnz@gmail.com  Our group meets weekly, Monday evenings, 6pm (027) 335 0391 - 8.30pm, Ph: 0273550391 for venue and other

details.

All services free of charge. No referral required.

**Family Planning Clinic - New Plymouth**

FSD0007042 Last updated 18/08/2020

Family Planning works to promote a positive view of sexuality and to enable people to make informed choices about their sexual and reproductive health and well-being.

185 Powderham Street New Plymouth 4310



(06) 759 8269  Call us 8am to 6pm Monday to Friday, and 9am

http://www.familyplanning.org.nz to 1pm on Saturdays Some charges may apply. No referral required.

**Family Works Taranaki**

FSD0002175 Last updated 23/07/2020

Family Works is a family-focused social service agency. We support and empower children, teens, families, whnau and communities to thrive and reach their full potential. Our vision is for Aotearoa New Zealand to be the best place in the world to grow up – a place where children, families and whnau truly flourish.

Our services include social work, counselling for children, teens and adults, couples, and families, parenting advice and education, Family Dispute Resolution, and support for people who have experienced family violence. We provide these services throughout Taranaki including New Plymouth, Stratford, Waitara and Hawera.

 69 Corbett Road Bell Block New Plymouth 4310

|  |  |
| --- | --- |
| familyworks-taranaki@psc.org.nz  (06) 758 5037 http://www.familyworkscentral.org.nz      **GrowingKids** | Office Monday-Friday 8:30am-5pm Some charges may apply. No referral required. |
| FSD0023543 | Last updated 08/07/2020 |

Out of School Care (OSCAR) for primary age children (5-13), based at Inglewood Primary School.

Inglewood Primary School 33 Kelly Street Inglewood 4330



office@growingkids.co.nz  Monday-Friday 7am-8.30am (027) 543 0625 Monday-Friday 3pm-5.30pm http://growingkids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Inglewood Community Childcare Centre**

FSD0017992 Last updated 24/07/2020

The Centre offers quality yet affordable childcare for children aged 0-5, and runs an OSCAR approved before & after school programme, and holiday programme for children aged 5-13.

3 Rata St Inglewood 4330



inglewoodchildcare@xtra.co.nz  Weekdays 7:30am - 5:30pm

|  |  |
| --- | --- |
| (06) 756 8882  (06) 756 8810 http://www.inglewoodchildcare.co.nz    **Classification : OSCAR**    **Kelly Club Oakura** | Closed weekends, public and statutory holidays.  Some charges may apply. No referral required. |
| FSD0023138 | Last updated 30/06/2020 |

After School Care Kelly Club Oakura

Year 0 - 8

Our before and after care programme is focused around various activities including sports, cooking, art and crafts as well as our structured free time. These activities will be incorporated into themed subjects each week that give children the opportunity to extend their learning outside of the school classroom. We provide quality childcare in safe and fun surroundings.

38 Carthew Street Okato 4335 oakura@kellyclub.co.nz  After school club 3.00pm - 5.30pm.



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| (027) 874 5575 http://www.kellyclub.co.nz    **Classification : OSCAR** | Contact for info 9am - 5pm weekdays.  Some charges may apply.  No referral required. |

**Kiwi Clubhouse Learning Centre**

FSD0021476 Last updated 21/08/2020

Community based Childcare for children from 3 month - 5 years old.

OSCAR approved programmes - After School and Holiday programmes for children 5 years - 13 years old.

33 Manawapou Road Hawera 4610



admin@kiwiclubhouse.co.nz  Open at 7.15am close at 5.30pm

(06) 278 0810 Some charges may apply.

No referral required.

**Classification : OSCAR**

**Mininstry of Social Development - Stratford Service Centre**

FSD0007978 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family. 65-67 Miranda Street Stratford 4332



(0800) 559 009  8:30am-5:00pm Monday, Tuesday, Thursday,

|  |  |
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| http://www.workandincome.govt.nz | Friday.  9:30am-5:00pm Wednesday.  All services free of charge.  No referral required. |

**Ministry of Social Development - Hawera Community Link**

FSD0007975 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Unit 1 15 Union Street Hawera



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

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| http://www.workandincome.govt.nz | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**Ministry of Social Development - New Plymouth Community Link**

FSD0007977 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

 Dawson House 160 Devon Street West New Plymouth 4310

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| --- | --- |
| (0800) 559 009 http://www.workandincome.govt.nz | Monday, Tuesday, Thursday, Friday 8:30am 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**Ministry of Social Development - Waitara Service Centre**

FSD0007982 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

25 Queen Street Waitara



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

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| http://www.workandincome.govt.nz | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**MountainView Vineyard Church (Kidz.com)**

FSD0021937 Last updated 11/03/2021

We offer childcare to under 5's through Gr8Kidz Childcare Centre with kidz.com providing before and after school care and school holiday programme.

We are a contemporary church who seeks to serve our community.

159 Orlando Street Stratford 4332



office@mountainviewvineyard.org  Childcare available Monday to Friday 7.00am -

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| (06) 765 0401 (027) 222 9824 http://www.mountainviewvineyard.org | 5.30pm  Some charges may apply.  No referral required. |

**Classification : OSCAR**

**Ngati Ruanui Tahua Limited**

FSD0005031 Last updated 05/02/2021

The vision of Ruanui health centre is to provide professional health services and education which will lead to independent health lifestyles and well being of it's whanau, hapu and iwi members. Oranga Wairua-Spiritual Wellness, Uranga Hinengaro-Mental Wellness, Oranga Tinana-Physical Wellness, Oranga Whanau-Family Wellness.

41 Hunter Street Hawera 4610



admin.rhc@ngatiruanui.org  8.30am-5pm Monday to Friday

(06) 278 1310 Some charges may apply. https://www.facebook.com/ngatiruanuihea Referral may apply. lthcare/

**Open Home Foundation (OHF) - New Plymouth**

FSD0007288 Last updated 27/10/2020

Our Mission is to provide quality child centred family focused Christian social services. The Open Home Foundation is a Christian Child and Family Support Service that works within the provisions of the Children, Young Persons and Their Families Act (1989). We have 14 centres throughout NZ and we provide quality services for children, young people and their family/whanau.

212 Coronation Ave Welbourn New Plymouth



taranaki@ohf.org.nz  8.30am - 5pm Monday to Friday

(06) 758 9971 All services free of charge. http://www.ohf.org.nz/ Referral may apply.

**Oranga Tamariki-Ministry for Children, Hawera**

FSD0006968 Last updated 09/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

- Cnr Argyle and High Street Hawera 4610



contact@ot.govt.nz  +64 9 912 3820 (from outside New Zealand) (0508) 326 459 All services free of charge.

(0508) FAMILY No referral required. https://www.orangatamariki.govt.nz/

**Oranga Tamariki-Ministry for Children, New Plymouth**

FSD0006967 Last updated 13/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

Dawson House 160 Devon Street West New Plymouth 4310



contact@ot.govt.nz  If you're overseas:

(0508) 326 459 Call +64 9 912 3820

(0508) FAMILY All services free of charge. https://www.orangatamariki.govt.nz/ No referral required.

**Parents Centre New Zealand Inc - South Taranaki**

FSD0007328 Last updated 14/09/2020

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

34 Fairfield Road Hawera



sth.taranaki@parentscentre.org.nz  Play Groups

|  |  |
| --- | --- |
| (027) 437 4926  http://www.parentscentre.org.nz | Monday (Under 2's) 10 - 11.30am  Tuesday 9.30 - 11.30am  Friday 9.30 - 11.30am Some charges may apply.  No referral required. |

**Parents Centre New Zealand Inc - Stratford**

FSD0007327 Last updated 08/12/2020

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

109 Miranda Street Stratford 4332



stratford@parentscentre.org.nz  Playgroup for 0-6 years

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| --- | --- |
| (027) 419 0776 http://www.parentscentre.org.nz | every Tuesday and Thursday 9.30am - 12.00pm.  Some charges may apply.  No referral required. |

**Parents Centres New Zealand Inc - New Plymouth**

FSD0007326 Last updated 21/07/2020

Parents Centres New Zealand Inc offers a wide range of support networks for families, with a primary service being childbirth education.

Te Mete Cricket Pavillion - Mangorei Road Merrilands New Plymouth



parentscentre@hotmail.co.nz  Variable - see the website for course dates/times

(027) 4985997 Some charges may apply. http://www.parentscentre.org.nz/new- No referral required. plymouth

**Playball Taranaki**

FSD0024378 Last updated 17/09/2020

Playball Taranaki is a sport and movement program for children.

We run sport and movement sessions for children at ECE’s, Preschools and Primary schools throughout the Taranaki regions. We also run Holiday programs for children each school holidays at local Rugby clubrooms.

 472 Devon Street East Strandon New Plymouth 4312

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| --- | --- |
| coachmike@playball.co.nz  (027) 313 8588 http://www.playball.co.nz      **Plunket Taranaki** | We run Playball sessions each school day Monday to Friday from 9-4pm Some charges may apply. Referral may apply. |
| FSD0005850 | Last updated 28/07/2020 |

We are New Zealand's largest provider of support services for the development, health and wellbeing of children under 5. Plunket works together with families and communities, to ensure the best start for every child. Whnau whina - caring for families.

If you have any questions on any of the things above, we warmly welcome you to get in touch with us on 06 769 5453 ext 1!

214 Devon Street West New Plymouth 4310



taranaki.admin@plunket.org.nz  Taranaki Area Office: 9:00am-3:00pm Monday to

(06) 769 5453 Friday.

(0800) 933 922 http://www.plunket.org.nz All other clinics are open by appointment.

All services free of charge. No referral required.

**Plunket Taranaki - Area Office**

FSD0007438 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than ninety percent of New Zealand families choose to use Plunket to help them care for their young children.

Taranaki Plunket Hub 214 Devon Street West New Plymouth taranaki.admin@plunket.org.nz  8.30am - 3.30pm Monday to Friday.



(06) 769 5453 All services free of charge.

(0800) 933 922 No referral required. http://www.plunket.org.nz

**Plunket Taranaki - Bell Block Clinic**

FSD0016818 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

130 Parklands Avenue Bell Block 4312



taranaki.admin@plunket.org.nz  By appointment only (06) 769 5453 ex 1 All services free of charge.

(0800) 933 922 No referral required. http://www.plunket.org.nz

**Plunket Taranaki - Eltham Clinic**

FSD0016897 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

213 High Street Eltham 4310 taranaki.admin@plunket.org.nz  Please call for an appointment.



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| (06) 769 5453 ex 1 (0800) 933 922 http://www.plunket.org.nz | All services free of charge. No referral required. |

**Plunket Taranaki - Hawera Clinic**

FSD0016907 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

 14 Wellington Street Hawera 4610

taranaki.admin@plunket.org.nz 

(06) 769 5453 ext 1 (0800) 933 922 http://www.plunket.org.nz By appointment only

All services free of charge. No referral required.

**Plunket Taranaki - Inglewood Clinic**

FSD0016772 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

21 Rata Street Inglewood 4330 taranaki.admin@plunket.org.nz  Please phone for an appointment.



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| (06) 769 5453 ext 1 (0800) 933 922 http://www.plunket.org.nz | All services free of charge. No referral required. |

**Plunket Taranaki - Kaponga Clinic**

FSD0016898 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

56 Victoria Street Kaponga 4679



taranaki.admin@plunket.org.nz  Please call for appointment

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| (06) 769 5453 ext 1 (0800) 933 922 http://www.plunket.org.nz | All services free of charge. No referral required. |

**Plunket Taranaki - Manaia Clinic**

FSD0016902 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

30 South Road Manaia 4612



taranaki.admin@plunket.org.nz  By appointment only

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| (06) 769 5453 ex 1 (0800) 933 922 http://www.plunket.org.nz | All services free of charge. No referral required. |

**Plunket Taranaki - New Plymouth Clinic**

FSD0016817 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

Level 1 214 Devon Street West New Plymouth 4310 taranaki.admin@plunket.org.nz  By appointment only (06) 769 5453 All services free of charge.



(0800) 933 922 No referral required. http://www.plunket.org.nz

**Plunket Taranaki - Okato Clinic**

FSD0023994 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

RNZ Plunket Trust, c/o St Pauls Hall 80 Carthew Street Okato



taranaki.admin@plunket.org.nz  by appointment only (06) 769 5453 All services free of charge.

(0800) 933 922 No referral required. http://www.plunket.org.nz

**Plunket Taranaki - Stratford Clinic**

FSD0002200 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

14 Seyton Street Stratford



taranaki.admin@plunket.org.nz  By appointment only

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| (06) 769 5453 (0800) 933 922 http://www.plunket.org.nz | All services free of charge. No referral required. |

**Plunket Taranaki - Urenui Clinic**

FSD0016822 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

Urenui Health Centre 13 Takiroa Street Urenui 4349



taranaki.admin@plunket.org.nz  Please phone for an appointment

(06) 769 5453 ext 1 All services free of charge.

(0800) 933 922 No referral required. http://www.plunket.org.nz

**Plunket Taranaki - Waitara Clinic**

FSD0016872 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

43 Queen Street Waitara 4320 taranaki.admin@plunket.org.nz  Please call for an appointment.



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| (06) 769 5453 ext 1 (0800) 933 922 http://www.plunket.org.nz | All services free of charge. No referral required. |

**Plunket Taranaki - Waverley Clinic**

FSD0023993 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

RNZ Plunket Trust, c/o Waverley School 5182 Gloag Street Waverley taranaki.admin@plunket.org.nz  By appointment only (06) 769 5453 All services free of charge.



(0800) 933 922 No referral required. http://www.plunket.org.nz

**Pregnancy Help Inc - Taranaki Branch**

FSD0007398 Last updated 09/11/2020

Pregnancy Help supports the well being of pregnant and recently pregnant women, parents, caregivers and and their families/whanau by providing information and practical support with care, concern and confidentiality.

6 Romeo Street Stratford



taranaki@pregnancyhelp.org.nz  9:00am - 3pm Tuesday and Thursday

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| --- | --- |
| (06) 765 5042  http://www.pregnancyhelp.org.nz | 10.00am-4pm Wednesday  All services free of charge.  No referral required. |

**Resolve Counselling**

FSD0023544 Last updated 29/03/2021

To deliver a quality, evidence-based counselling service to families that will address the mental health needs of their children and adolescents, and support the parents with the parenting issues they face.

1004 Plymouth Road Koru 4374 support@resolvecounselling.nz  By appointment. Thursday afternoons & Fridays.



|  |  |
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| (021) 147 3674 http://www.resolvecounselling.nz      **School's Out New Plymouth** | Other times can be arranged.  Some charges may apply. No referral required. |
| FSD0022233 | Last updated 26/03/2021 |

School’s Out caters for children between the ages of 5-13 years who are attending Primary or Intermediate school. Our OSCAR approved daily, weekly and holiday programmes are tailored to meet the needs, interests and abilities of the children in our care.

School's Out New Plymouth operates in a separate building on the Central School playing field.

Sessions run before school, after school and during every school holidays.

At School’s Out, we are committed to providing each child with a safe, positive, fun and happy environment in which to grow.

c/- Central School 33 Pendarves Street New Plymouth



newplymouth@schoolsout.co.nz  Monday-Friday (excluding Stat. holidays)

(021) 127 1818 Before school 7am-8:45am

https://schoolsout.co.nz/newplymouth/ After school 3pm-5:30pm Holiday programme 7am-5:30pm Some charges may apply. No referral required.

**Classification : OSCAR**

**South Taranaki Whanau Centre**

FSD0005173 Last updated 01/02/2021

The centre provides Free empowerment courses like: Surviving Parenting, Self Esteem courses for Women and Teens(10-17) these courses are approved by the Ministry of Social Development.

These courses are designed around the awareness of Family Violence.

Other free courses we offer are: Free Grandparents raising Whanau; Free Positive Relationship; Free Raising Complex Kids (ADHD children); We provide support, advocacy to our clients and information to all Whanau.

56 Disraeli Street Hawera 4610



stwc@xtra.co.nz  Mondays 9am -2.30pm

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| --- | --- |
| (06) 278 3260 (027) 239 9831 http://stwchawera.webs.com    **Classification : FVSS** | Tuesdays - Thursdays 9am - 4.30pm All services free of charge.  No referral required. |

**Space for you and your baby at Playcentre Aotearoa - Lower North**

**Region (Taranaki)**

FSD0023684 Last updated 12/10/2020

Space for you and your baby offers parenting support & early childhood education for new parents & their babies.

lowernorth.programmes@playcentre.org.n  / z Some charges may apply.

(027) 808 6799 No referral required. https://www.playcentre.org.nz/futuremembers/space-at-playcentre/

**St John Bosco OSCAR Programme**

FSD0022517 Last updated 23/09/2020

A service provided to families who require after school and school holiday care. Sessions run from 3:00p.m - 6:00p.m for after school care. Holiday Programmes run from 8:00a.m. - 5:00p.m.

 21 Clinton Street Fitzroy New Plymouth 4312

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| --- | --- |
| afterschoolcare@sjb.school.nz  (06) 758 3073  (027) 227 2177 http://sjb.school.nz    **Classification : OSCAR** | An after school care facility is provided on site from Monday to Friday, 3:00-5.30pm. Also a Holiday programme that runs during term breaks Monday to Friday from 8:00am - 5:30pm.  Some charges may apply.  No referral required. |

**St Joseph's School NP - OSCAR**

FSD0021301 Last updated 22/03/2021

Provide OSCAR approved After School Care and Holiday Care for Children of the school and the wider community.

41A Calvert Road New Plymouth 4310



admin@stjosephsnp.school.nz  Oscar is open during term time 2.50pm until 5.30

(06) 758 0364 pm. School Holidays 7.45am until 5.30pm.

(06) 757 2644 Some charges may apply. http://www.stjosephsnp.school.nz No referral required.

**Classification : OSCAR**

**Supporting Families Taranaki**

FSD0022145 Last updated 14/07/2020

A free support service for families and whanau supporting someone affected by mental illness. Our services are FREE; MOBILE; INDEPENDENT;CONFIDENTIAL. We are here to provide information about mental illness, and help family and whanau safely navigate their way through mental health services to get the help they need.

128 Devon Street East New Plymouth 4310



stephanie.mapley@sfnz.org.nz  9am - 5pm Monday to Friday

(06) 757 9300 All services free of charge. http://www.supportingfamilies.org.nz/ No referral required.

**Taranaki District Health Board Resource Centre**

FSD0019566 Last updated 20/07/2020

Provide health education resources on the following topics:

* Breast Screening
* Child Health & Safety
* Communicable Disease
* Diabetes
* Education
* Elderly
* Environmental Health
* Family Violence
* Food Safety
* Hearing
* Immunisation
* Mental Health
* Newborn
* Nutrition & Physical Activity
* Oral Health
* Sexual Health
* Substance Misuse
* Women's Health & Pregnancy

Public Health Unit - Lvl 1, Barrett Building - Tukapa Street Westown New Plymouth 4310 resource.room@tdhb.org.nz  Monday to Friday: 8.00am - 4.00pm



(06) 753 7777 extn 8862 All services free of charge. http://www.tdhb.org.nz/services/public\_he No referral required. alth/health\_promotion.shtml

**Taranaki Plunket - Opunake Clinic**

FSD0016814 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

 CoastalCare Health and Community Centre 26 Napier Street Opunake

taranaki.admin@plunket.org.nz

(06) 769 5453 ext 1 (0800) 933 922 http://www.plunket.org.nz Please call to make an appointment.

All services free of charge. No referral required.

**TDHB - Health Social Work Service**

FSD0005113 Last updated 16/07/2020

Health Social work provides supportive social work across Taranaki District Health Board Services. Its direct concern is with the social and emotional implications connected with illness and its medical treatment and with any consequent adjustments in the live of partners, families and communities. Its concern are also Child Protection and the protection of vulnerable adults. It engages with patients, assessing needs and risks and provides various health social work interventions. Interventions can include short term brief counselling interventions, and appropriate active referrals to community supports.

Taranaki District Health Board - David Street New Plymouth



SocialWorkers-  8.00am - 4.30pm Monday - Friday PhysicalHealth@tdhb.org.nz Some charges may apply.

(06) 753 6139 Referral may apply.

**The Salvation Army - Hawera**

FSD0002194 Last updated 17/04/2021

Worship, community and welfare services of The Salvation Army

19-23 Regent Street Hawera 4640



hawera.corps@salvationarmy.org.nz  By Phone, Food Bank Friday morning

(06) 278 8516 All services free of charge. http://salvationarmy.org.nz/centres/nz/tara No referral required. naki/hawera/

**Tui Ora Ltd**

FSD0005120 Last updated 18/12/2020

Committed to enhancing health and wellbeing of Taranaki Maori through our provider network. Tui Ora is an integrated care organisation. Integration involves the principles of tikanga, quality, partnership, excellence.

36 Maratahu Street New Plymouth 4310



reception@tuiora.co.nz  8:30am - 5:00pm Monday to Friday.

(0508) 496 884 (Youth Service only) Some charges may apply.

(06) 759 4064 (Main reception) Referral may apply. http://www.tuiora.co.nz

**Classification : YS**

**Whakaahurangi Social Services**

FSD0005122 Last updated 15/09/2020

Primarily a Social Service provider working with Families & Youth in Central Taranaki. We provide information, advocacy, mentoring and a drop-in center to support their needs. We initiates preventive projects in the community in accordance with local needs and priorities and provide services and group activities for the youth and their Families. We strive to develop and maintain support services in the community.

(Through Hall of Remembrance) 289A Broadway Stratford 4332



info@youthworks.org.nz  9.00am - 3.30pm Monday - Friday

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| (06) 765 0437 http://www.youthworks.org.nz | All services free of charge. No referral required. |

**Women's Centre - New Plymouth Inc**

FSD0005010 Last updated 18/02/2021

Women's Centre New Plymouth is a drop-in centre which provides support to women and children in the Taranaki region. We offer referral, information, support and advocacy services. The Centre is open weekdays 9.30 - 3pm. No appointment is necessary.

"So if you need someone to talk to come and see us."

 Community House 32 Leach Street New Plymouth

|  |  |
| --- | --- |
| npwomen@xtra.co.nz  (06) 758 4957 (022) 312 5336 http://www.wcnp.org.nz | 9.30am - 3.00pm Monday - Friday No appointment necessary.  All services free of charge.  No referral required. |

**Work and Income - Taranaki Regional Office**

FSD0015270 Last updated 07/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

37 Dawson Street New Plymouth 4310 gail.bennett001@msd.govt.nz  All services free of charge.



(0800) 559 009 No referral required.

http://www.workandincome.govt.nz

**YMCA - Taranaki**

FSD0016102 Last updated 12/01/2021

YMCA Taranaki offers a range of services for children (0-14), families and community groups. Services include: Second chance learning (16 - 24), Early Childhood Education (0-5), Children's sport and recreation programmes (0-14), after school and holiday programmes (5 - 14), youth development (12 - 18), youth leadership (12 - 24), fitness centre (14 - 100), Climbing (5 - 100), and specialist Massage (babies to adult). Family events and family wellness programmes run on site.

 83 Liardet Street New Plymouth 4030

mail@ymcataranaki.org.nz (06) 758 3666 http://ymcataranaki.org.nz

**Your Place and Mine**

FSD0021297

8am - 6pm Monday, Tuesday, Wednesday & Friday.

8am - 7.30pm Thursday.

8am - 4pm Saturday.

9am - 4pm Sunday.

All services free of charge. Referral may apply.

Last updated 16/04/2021

Introducing Your Place and Mine, a home away from home O.S.C.A.R programme. We are a Government subsidised Before School, After School, and Holiday Care for your children aged 5-13 years old. Pickups and drop offs to schools and sports available.

“Where kids can be kids within our busy modern world!“ R.I.S.E.: Respect, Independence, Self worth, Equality.

14 Reremoana Close Hawera 4610



info@criticaltech.nz  7:30 - 5:30 Monday to Friday

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| (06) 272 8580 (021) 1537030 http://www.criticaltechgroups.co.nz/ | Extra times available per arrangement Some charges may apply.  No referral required. |

**Classification : OSCAR**

# Special Needs / Disability

**Access Ability Taranaki**

FSD0015952 Last updated 27/07/2020

Access Ability undertakes Needs Assessment and service Coordination services for younger people (people up to the age of 65 years) on behalf of the Ministry of Health Following the needs assessment Access Ability will work with you and your family to help you to get access to the assistance you need if you are eligible for supports.

Level 1, Kings Building. 36 Devon Street West New Plymouth



contact@accessability.org.nz  8.30am - 5.00pm Mon - Fri (0800) 758 700 All services free of charge. http://www.accessability.org.nz No referral required.

**Alzheimers Taranaki Inc**

FSD0006739 Last updated 21/01/2021

Alzheimers Taranaki provides support, advocacy, information and advice to people with dementia, their carers and families, through Field Workers, Support Groups, Memory Cafes, Day Programmes and Education Programmes.

Powderham Business Centre 117 Powderham Street New Plymouth 4310



office.alztaranaki@xtra.co.nz  Office open Mon- Fri 8.30am to 4pm although (06) 769 6916 occasionally unattended if we are at meetings.

(0800) 004 001 Some charges may apply. http://www.alzheimers.org.nz/taranaki/ Referral may apply.

**Association of Blind Citizens of New Zealand - Taranaki Branch**

FSD0006632 Last updated 20/07/2020

Founded in 1945, the Association of Blind Citizens of New Zealand Inc (Blind Citizens NZ) is New Zealand's leading blindness consumer organisation and one of the country's largest organisations of disabled consumers. Our aim is to heighten awareness of the rights of blind and vision impaired people and to remove the barriers that impact upon our ability to live in an accessible, equitable and inclusive society. Blind Citizens NZ ensures that we, blind and vision-impaired citizens, speak for ourselves with Government, service providers, and the community in general. We do this through communication, advocacy, and peer support. We strive to maintain and improve the quality of life for all blind New Zealanders.

3/49 Sackville Street Fitzroy New Plymouth 4312



garyjohn2@callplus.net.nz  Taranaki Branch is run by blind people

(06) 758 0001 themselves. The national office is open Monday http://www.abcnz.org.nz to Friday, 8.30am - 5pm. 0800-222-694

Some charges may apply. No referral required.

**Atawhai Industries**

FSD0005134 Last updated 08/04/2021

Supporting people with disabilities into employment and community participation. We look at all of the persons needs and provide a holistic approach.

Our focus is to help people reach their full potential and goals. Employment within the Trust is one option, but we encourage people to move into open employment when an opportunity arises. The Trust has a number of businesses; Forestry, Horticulture/Arbour Service, Packaging & mail outs, Light Engineering, Bread distribution, Supported Independent Living, C.P., Supported Employment.

We do not use Minimum Wage Exemption Permits when employing people within our businesses, people are paid at least the minimum wage or well above.

We will do whatever it takes to help people live a life of their choosing, reach their goals and be as independent as possible.

The Trust is always looking for business opportunities which are financially viable and create employment. Work is a big part of everyone's lives, WORK IS OUR FOCUS.

38g McLean St Fitzroy New Plymouth 4341



gm@atawhai.co.nz  Monday - Friday 7.45am - 4.15pm

(06) 758 0397 All services free of charge. http://www.atawhai.co.nz No referral required.

**Autism New Zealand - Taranaki Branch**

FSD0006160 Last updated 18/08/2020

Provides information and support to people with autism spectrum disorder, their families and caregivers; works to raise awareness in the community and provides information to interested professionals and the general public.

Provides some group and individual support by way of Lego Group and Talkabout programme

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| taranaki@autismnz.org.nz  (06) 769 5958 (0800) 288 476 http://www.autismnz.org.nz      **Barrett Homes Trust** | Monday - Friday 10am-2pm  We currently have no office in Taranaki; however, the outreach coordinator can meet you at your place of choice.  All services free of charge. No referral required. |
| FSD0005116 | Last updated 29/03/2021 |

To provide long term accommodation for young physically disabled persons - under the age of 65.

terriheyes@gmail.com  Anytime with message service available.

(06) 755 4374 Some charges may apply. (021) 775 827 No referral required.

**Blind & Low Vision NZ - New Plymouth**

FSD0006450 Last updated 22/04/2021

The Blind Foundation empowers blind and partially sighted members by giving them the training, tools, and tips they need to deal with blindness and achieve their goals.

129-131 Vivian Street New Plymouth 4310



GeneralEnquiries@blindfoundation.org.nz  9am-Noon, Monday to Friday.

(06) 759 1169 All services free of charge.

(0800) 24 33 33 Referral may apply. http://blindfoundation.org.nz/

**CCS Disability Action - North Taranaki Branch**

FSD0007635 Last updated 13/01/2021

CCS Disability Action is New Zealand's leading provider of support and services to people with physical disabilities. We are also a leading advocate for the rights of disabled people.

114 Vivian Street New Plymouth 4310



ronny.martin@ccsdisabilityaction.org.nz  8.30am - 4.00pm, Monday to Thursday and

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| --- | --- |
| (06) 758 5423 (0800) 227 225 http://www.ccsdisabilityaction.org.nz      **CCS Disability Action Taranaki** | closed for lunch 12 -12.30pm. Hours for Friday are 8am - 2.00pm.  Some charges may apply. Referral may apply. |
| FSD0007634 | Last updated 13/01/2021 |

CCS Disability Action is New Zealand's leading provider of support and services to people with physical disabilities. We are also a leading advocate for the rights of disabled people.

114 Vivian Street New Plymouth 4340



ronny.martin@ccsdisabilityaction.org.nz  Hawera Office open 10am to 2pm Monday to

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| --- | --- |
| (06) 7585 423  (0800) 227 2255 http://www.ccsdisabilityaction.org.nz      **Choices NZ - Taranaki** | Friday  New Plymouth Office open 8.30am to 4.00pm Monday to Thursday (Closed for lunch 12-12.30) On Fridays hours are 8.30am to 2.00pm.  All services free of charge. No referral required. |
| FSD0024081 | Last updated 21/10/2020 |

At Choices NZ, we are dedicated to ensuring people with disabilities and health needs enjoy fulfilling and independent lives.

Choices NZ is all about choosing the assistance you want and the flexibility to control and change that assistance when you want to.

We can assist you to:

* Achieve greater independence
* Develop your social networks to connect with individuals and groups with common interests
* Access community services
* Live independently and help choose the best living situation for you
* Gain employment
* Experience new challenges or pursue new interests

Our Life Coaches and Facilitators are experienced and qualified, and our specialist clinical staff provide expert advice – evaluating and supporting staff to deliver comprehensive and carefullydesigned services.

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| --- | --- |
| Jaana.Miller@choicesnz.org.nz  (022) 010 5404 (0800) 723 154 http://www.choicesnz.org.nz/      **CoastalCare** | Weekdays 8:30am - 5pm  All services free of charge. Referral may apply. |
| FSD0023051 | Last updated 16/11/2020 |

We provide a facility and structure that hosts modern health and social service delivery for the people of Coastal Taranaki and support people required to go out of the region to receive care.

See Services for a list of the services and organisations hosted.

26 Napier Opunake 4616



info@coastalcare.co.nz  Mon - Fri 8.30am - 5pm

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| --- | --- |
| (06) 761 8488  (021) 729 471 http://coastalcare.co.nz/ | Sat - 9am - 12 midday Pharmacy only Some charges may apply.  No referral required. |

**Community Connections/Te Hapori Awhina Tangata - Taranaki, New**

**Plymouth**

FSD0024123 Last updated 13/10/2020

We are a community based disability service offering support to disabled people to live in and to connect with their own community. We have a strong commitment to a person-centred approach so people can live the life they choose. We help people to set their own goals and then offer support so that these goals can become reality.

28 Young Street New Plymouth 4310



hannah.watson@ccslt.org.nz  Monday - Friday 9am-5pm

|  |  |
| --- | --- |
| (021) 730187 (021) 730 187 http://www.ccslt.org.nz      **Deaf Aotearoa - Taranaki** | Some charges may apply. Referral may apply. |
| FSD0006941 | Last updated 03/02/2021 |

Deaf Aotearoa is a Deaf-led, not-for-profit organisation that focuses on promoting Awareness of,

Access to and Advancement of New Zealand Sign Language - to help strengthen the rights of Deaf people and give them the confidence to be an active part of society. As the only nationwide provider of services to Deaf people, it provides information on a range of services for Deaf and works with businesses and organisations to provide information and resources on life for Deaf New Zealanders and NZSL.

28 Young Street New Plymouth national@deaf.org.nz  Office open for enquiries and appointments:



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| (0800) 332 322 http://www.deaf.org.nz/ | Mon to Wed 9:00am to 4:00pm  Office open for appointment only: Thur and Fri All services free of charge.  No referral required. |

**Disabled Citizens Society (Taranaki) Inc**

FSD0004961 Last updated 28/10/2020

To provide and maintain clubrooms for rental by disabled, craft and community groups.

 83 Hine Street New Plymouth

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| --- | --- |
| j.hainsworth@xtra.co.nz  (06) 753 2668 | Available for rental at any time Some charges may apply.  No referral required. |

**Epilepsy Association of New Zealand - Taranaki Branch**

FSD0007015 Last updated 03/12/2020

Epilepsy can affect anyone at anytime. Epilepsy New Zealand works to promote the welfare and interests of people, and their family/whanau, with epilepsy and to increase public awareness.

Community House 32 Leach Street New Plymouth 4310



taranaki@epilepsy.org.nz  Please phone 0800 EPILEPSY to arrange an

(06) 757 5644 appointment with your local Educator.

(0800) 37 45 37 (0800 EPILEPSY) All services free of charge. http://www.epilepsy.org.nz No referral required.

**HealthCare NZ - Hawera**

FSD0016012 Last updated 05/06/2020

Our specialist home support and nursing services will help you to stay as active and healthy as possible; able to enjoy the comfort and freedom that comes with living in your own home.

We offer a wide range of services designed to enable you to live your life the way you want to from the security of your own home. They include: personal care such as grooming, showering and dressing; home help such as housework; assistance with meal preparation, shopping, mobility; and many other areas in which you may need help; nursing care such as post-operative care, wound care, medication management and many other specialised nursing services.

Staying in your own home has never been easier!

60 Victoria Street Hawera



(0800) 622 011  Office hours; Monday to Friday http://www.healthcarenz.co.nz Some charges may apply.

No referral required.

**HealthCare NZ - New Plymouth**

FSD0006290 Last updated 10/07/2020

Our specialist home support and nursing services will help you to stay as active and healthy as possible; able to enjoy the comfort and freedom that comes with living in your own home.

We offer a wide range of services designed to enable you to live your life the way you want to from the security of your own home. They include:

* personal care such as grooming, showering and dressing
* home help such as housework; assistance with meal preparation, shopping, mobility; and manyother areas in which you may need help
* nursing care such as post-operative care, wound care, medication management and many otherspecialised nursing services

We also provide mental health and addictions services.

Staying in your own home has never been easier!

214 Devon Street East New Plymouth 4310



taranaki.office@healthcarenz.co.nz  Normal business hours

(06) 759 8046 After hours service 0800 000 119 http://www.healthcarenz.co.nz All services free of charge.

No referral required.

**IDEA Services - Supported Living**

FSD0005150 Last updated 03/07/2020

Aims to provide a range of community-based support services to assist people to pursue their goals and maximise their independence. To remove barriers to full participation by people with

disabilities, either physical or intellectual.

28 Vivian Street New Plymouth 4310 north.taranaki@idea.org.nz (06) 759 8970 http://www.ihc.org.nz



9am - 5pm, Mon - Fri

All services free of charge. Referral may apply.

**IDEA Services - Taranaki**

FSD0007186 Last updated 06/04/2021

IDEA Services provides support for people with intellectual disabilities so they can live, learn, work and enjoy life as part of the community. We provide vocational and day services, accommodation services, supported employment and supported living.

28 Vivian Street New Plymouth 4310



north.taranaki@idea.org.nz  all hours

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| --- | --- |
| (06) 759 8970 http://www.idea.org.nz      **Ironside Vehicle Society (Inc)** | Some charges may apply. Referral may apply. |
| FSD0004998 | Last updated 20/06/2020 |

Ironside provides specialised transport for the elderly, infirm and the physically disadvantaged in central and northern Taranaki. Services by appointment only.

20 Sunley Street Westown New Plymouth 4310



ironside@orcon.net.nz  Monday - Friday 8 am - 3 pm, evening by

(06) 753 6469 appointment only.

(027) 262 9420 Saturday & Sunday- by appt only

Some charges may apply. No referral required.

**Life Skills Taranaki - Oranga Punenga O Taranaki**

FSD0005070 Last updated 11/02/2021

To develop and enhance the independence and wellbeing of people with disabilities.

8 Manadon Spotswood New Plymouth 4310 life.skills-np@xtra.co.nz  8.30am - 3.30pm Monday to Friday.



(06) 751 0188 All services free of charge.

(06) 751 0184 Referral may apply.

http://facebook.com/LifeskillsTaranaki

**Mininstry of Social Development - Stratford Service Centre**

FSD0007978 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

65-67 Miranda Street Stratford 4332



(0800) 559 009  8:30am-5:00pm Monday, Tuesday, Thursday,

|  |  |
| --- | --- |
| http://www.workandincome.govt.nz | Friday.  9:30am-5:00pm Wednesday.  All services free of charge.  No referral required. |

**Ministry of Social Development - Hawera Community Link**

FSD0007975 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Unit 1 15 Union Street Hawera



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Ministry of Social Development - New Plymouth Community Link**

FSD0007977 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Dawson House 160 Devon Street West New Plymouth 4310



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Ministry of Social Development - Waitara Service Centre**

FSD0007982 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

25 Queen Street Waitara



(0800) 559 009 http://www.workandincome.govt.nz

Monday, Tuesday, Thursday, Friday 8:30am 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**New Zealand Red Cross - Taranaki Service Centre**

FSD0004983 Last updated 30/07/2020

To Improve the lives of vulnerable people and enhance community resilience.

Red Cross - Taranaki Service Center 116 Gill Street New Plymouth New Plymouth newplymouth@redcross.org.nz  Office hours - Mon - Fri 9.00a.m. - 4.00p.m.



(027) 474 5318 Some charges may apply.

(0800) 733 276 (RED CROSS) Referral may apply. http://www.redcross.org.nz

**ParaFed Taranaki**

FSD0019707 Last updated 22/09/2020

To provide opportunities and encourage all people with physical disabilities to participate in life to the full in the areas of sport and recreation.

Yarrow Stadium - Maratahu Street New Plymouth



info@parafedtaranaki.co.nz  Monday - Friday 9am - 5pm (027) 602 9500 All services free of charge.

(027) 632 2911 No referral required. http://www.parafedtaranaki.co.nz/

**Parkinson's - Taranaki**

FSD0007382 Last updated 25/03/2021

Parkinson’s New Zealand provides support, education and information for people with Parkinson’s and Parkinsonism conditions, including their family, carers and health professionals.

Our team of Parkinson’s Nurses and Educators can provide home visits for personalised sessions. Parkinson’s New Zealand also has support groups for members for sharing their coping strategies, experiences, and is a chance to establish social networks.

Programmes for people with Parkinson’s can include some of the following: exercise, physiotherapy, hydrotherapy, and art or music therapy sessions.

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| info@parkinsons.org.nz (0800) 473 4636 http://www.parkinsons.org.nz      **Polio NZ Inc** | Please make contact through our national office – Monday to Friday 8.30am – 5.00pm or via the referral form on our website www.parkinsons.org.nz.  Some charges may apply. No referral required. |
| FSD0002183 | Last updated 03/09/2020 |

We exist to provide support for everyone in New Zealand who had polio. This is primarily through education/information for those people, and also for their health professionals. We continue to work towards the establishment of a late-effects pf disability clinic in New Zealand that would house expertise about the late effects of polio. It would be a multidisciplinary clinic recognising the body of knowledge that has been amassed over the last thirty years about all of the effects of polio on the lives that are affected. We have access to an extensive library of research and information to help people manage their lives as the effects of aging combine with the damage from the polio virus.

We have a newsletter that is published 3 or 4 times a year, and a website that can direct people to further information. People can become members for a nominal amount (currently $10 a year) and this helps to provide resources for the governing Board to fulfill their objectives.

president@polio.org.nz  Any time by 0800 476546 phone number (calls (0800) 476 546 through to private residence).

(0800) 4POLIO Some charges may apply. http://www.polio.org.nz No referral required.

**Progress to Health - Taranaki**

FSD0005102 Last updated 01/03/2021

Progress to Health is a community based organisation providing individualised and group activities that enhance mental and physical wellbeing. These services are provided throughout Waikato, Taupo and Taranaki.

Our expertise is in mental wellbeing and as this is something that affects us all, we believe there is value in talking about how we might support you, your staff, your clients, your children and their families.

15 Dawson Street New Plymouth 4310 admin@progresstohealth.org.nz  8.30am - 5.00pm Monday to Friday.



(06) 757 5549 All services free of charge. http://www.progresstohealth.org.nz No referral required.

**Riding for the Disabled Association - Hawera**

FSD0005017 Last updated 14/07/2020

Gives disabled people confidence, independence and well-being through therapeutic horse riding and horse care.

Egmont A&P Showgrounds 6 Burnside Avenue Hawera 4610



hawerarda@gmail.com  10.00am - 2.00pm Wednesdays (027) 476 8495 Some charges may apply. http://www.rda.org.nz No referral required.

**Riding for the Disabled Association - New Plymouth**

FSD0005093 Last updated 24/10/2020

The RDA Mission is:

Confidence, independence and well being for people with disabilities through therapeutic horse riding and horse care.

RDA Stables - Barrett Domain 1 Alba Street Whalers Gate New Plymouth 4310



newplymouthrda@gmail.com  Riding times: Monday, Tuesday, Wednesday (06) 751 3601 and Thursday 8.30am to 1.00 pm - during http://www.rda.org.nz school terms. Stables are at Barret Reserve,

Alba Street, New Plymouth (off Poplar Grove).

Some charges may apply. Referral may apply.

**SPELD NZ Inc - Taranaki Local Liaison Group**

FSD0007476 Last updated 01/09/2020

SPELD NZ Inc offers one-on-one diagnostic assessment and specialised tuition for people with specific learning disabilities, including dyslexia. It also offers information, support, advice and training.

central@speld.org.nz  Office administration open Monday to Friday,

(0800) 773 536 9.00am - 3.00pm. http://www.speld.org.nz Some charges may apply.

No referral required.

**Supporting Families Taranaki**

FSD0022145 Last updated 14/07/2020

A free support service for families and whanau supporting someone affected by mental illness. Our services are FREE; MOBILE; INDEPENDENT;CONFIDENTIAL. We are here to provide information about mental illness, and help family and whanau safely navigate their way through mental health services to get the help they need.

128 Devon Street East New Plymouth 4310



stephanie.mapley@sfnz.org.nz  9am - 5pm Monday to Friday

(06) 757 9300 All services free of charge. http://www.supportingfamilies.org.nz/ No referral required.

**Taranaki APEPSI Trust**

FSD0005175 Last updated 18/01/2021

A charitable trust, established by disability and elderly support groups in the community to support those same groups. Aims are to guide, strengthen and facilitate. APEPSI is working on Advocacy, Promotion, Education, Prevention, Support and Information services for those organisations in the community working with the disabled and elderly in the Taranaki community.

apepsisecretary@hotmail.com  Hours: 9.30am - 4.00pm weekdays

(027) 231 1826 Some charges may apply.

Referral may apply.

**Taranaki Disabilities Information Centre Trust**

FSD0002205 Last updated 06/04/2021

Generic disability information and resources available.

28 Young Street New Plymouth 4310



info@taranakidic.org.nz  9.00am - 5.00pm Monday to Friday

(0800) 693 342 Some charges may apply. http://nzfdic.org.nz No referral required.

**Taranaki District Health Board Resource Centre**

FSD0019566 Last updated 20/07/2020

Provide health education resources on the following topics:

* Breast Screening
* Child Health & Safety
* Communicable Disease
* Diabetes
* Education
* Elderly
* Environmental Health
* Family Violence
* Food Safety
* Hearing
* Immunisation
* Mental Health
* Newborn
* Nutrition & Physical Activity
* Oral Health
* Sexual Health
* Substance Misuse
* Women's Health & Pregnancy

 Public Health Unit - Lvl 1, Barrett Building - Tukapa Street Westown New Plymouth 4310 resource.room@tdhb.org.nz  Monday to Friday: 8.00am - 4.00pm

(06) 753 7777 extn 8862 All services free of charge. http://www.tdhb.org.nz/services/public\_he No referral required. alth/health\_promotion.shtml

**The Personal Advocacy and Safeguarding Adults Trust - Taranaki**

FSD0006614 Last updated 17/08/2020

The Personal Advocacy and Safeguarding Adults Trust provides a range of safeguarding services and supports for people with care and support needs. These services include Supported Decision Making support and training, short term advocacy and life long advocacy, discretionary trust administration and a coordinated inter-agency response for Adults at Risk.

The Trust offers parents and other interested persons an opportunity to invest in peace of mind for the future through membership and enrollment. The Trust also extends support to people not enrolled in the Trust.

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| taranaki@pasat.org.nz  (022) 088 7503 (06) 391 1728 http://www.PASAT.org.nz      **Toucan Taranaki 2004 Ltd** | Monday - Friday, 9:00am to 4.30pm Some charges may apply. No referral required. |
| FSD0005117 | Last updated 26/11/2020 |

To provide a homely environment for people with disabilities which recognises residents as individuals.

31 Centennial Drive Moturoa New Plymouth 4310



andrea@toucan.net.nz  Mon - Fri 8a.m. -5p.m.

(06) 757 4364 Some charges may apply. (027) 3559990 Referral may apply.

**Urenui & Districts Health Group**

FSD0004955 Last updated 21/12/2020

To provide support for the health and wellbeing of members of this community. Covers North Taranaki.

District nursing. Public Health Nursing & Medical First Response Team. Health promotion to our district. We also operate a GP Clinic on Tuesdays and Walk-In Nursing Clinic on Fridays.

Community Centre Complex (between hall and library 15A Takiroa Street Urenui 4375 urenuihc@xtra.co.nz  GP/nurse clinic 9.00am - 11.30am Tues; (06) 752 3283 District Nursing Mon - Sun on demand;



http://www.tdhb.org.nz Nursing Walk In Clinic 10.30am - 12.30pm Fri;

24hr answering machine checked Mon- Fri once a day

Some charges may apply. No referral required.

**Work and Income - Taranaki Regional Office**

FSD0015270 Last updated 07/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

37 Dawson Street New Plymouth 4310 gail.bennett001@msd.govt.nz  All services free of charge.



(0800) 559 009 No referral required.

http://www.workandincome.govt.nz

**Workbridge Inc (Taranaki)**

FSD0007863 Last updated 10/02/2021

Workbridge is a specialist employment service that gives employers access to a wide talent pool of people with a disability, injury or illness.

119 Devon Street East New Plymouth 4310



taranaki@workbridge.co.nz  Monday to Friday

(0508) 858 858 8.30am to 5pm

http://www.workbridge.co.nz All services free of charge.

No referral required.

# Youth Services

**Access Ability Taranaki**

FSD0015952 Last updated 27/07/2020

Access Ability undertakes Needs Assessment and service Coordination services for younger people (people up to the age of 65 years) on behalf of the Ministry of Health Following the needs assessment Access Ability will work with you and your family to help you to get access to the assistance you need if you are eligible for supports.

Level 1, Kings Building. 36 Devon Street West New Plymouth



contact@accessability.org.nz  8.30am - 5.00pm Mon - Fri (0800) 758 700 All services free of charge. http://www.accessability.org.nz No referral required.

**Activity Centre - Taranaki**

FSD0004957 Last updated 17/01/2021

Our goal is to return students to mainstream schooling as soon as possible. Students referred by secondary schools for using inappropriate behaviours - usually at-risk youth.

334 Frankley Road Ferndale New Plymouth



taractivity@xtra.co.nz  9am - 3pm, Monday to Friday during school

(06) 753 5179 term.

Some charges may apply. Referral may apply.

**Arthritis New Zealand - Taranaki**

FSD0006757 Last updated 05/02/2021

Arthritis New Zealand is a positive, vibrant organisation committed to 'enabling a better quality of life' for people with arthritis through support services, education, self management programmes, lobbying, and research funding.

|  |  |
| --- | --- |
| info@arthritis.org.nz (0800) 663 463 http://www.arthritis.org.nz      **Barnardos - Taranaki** | Some charges may apply. No referral required. |
| FSD0006799 | Last updated 21/03/2021 |

Barnardos provide a range of care, education and support services developed specifically for New Zealand children and their families. The services we provide reflect our commitment to ensuring that all children are able to receive the very best start to life.

186A Tukapa Street New Plymouth 4310



taranaki.amu@barnardos.org.nz  8 am - 4 pm Mon - Fri

(06) 753 3484 Some charges may apply.

(0800) 227 627 No referral required. http://www.barnardos.org.nz

**Big Brothers Big Sisters of Taranaki**

FSD0015241 Last updated 26/08/2020

Community based youth mentoring programme.

C/- NP Police 95 Powderham Street New Plymouth 4340 taranaki@bigbrothersbigsisters.org.nz  Day time business hours



(06) 759 8854 All services free of charge.

(027) 260 8851 No referral required.

http://www.bigbrothersbigsisters.org.nz

**CCS Disability Action - North Taranaki Branch**

FSD0007635 Last updated 13/01/2021

CCS Disability Action is New Zealand's leading provider of support and services to people with physical disabilities. We are also a leading advocate for the rights of disabled people.

114 Vivian Street New Plymouth 4310 ronny.martin@ccsdisabilityaction.org.nz 



(06) 758 5423 (0800) 227 225 http://www.ccsdisabilityaction.org.nz

**CCS Disability Action Taranaki**

FSD0007634

8.30am - 4.00pm, Monday to Thursday and closed for lunch 12 -12.30pm. Hours for Friday are 8am - 2.00pm.

Some charges may apply. Referral may apply.

Last updated 13/01/2021

CCS Disability Action is New Zealand's leading provider of support and services to people with physical disabilities. We are also a leading advocate for the rights of disabled people.

114 Vivian Street New Plymouth 4340



ronny.martin@ccsdisabilityaction.org.nz  Hawera Office open 10am to 2pm Monday to

|  |  |
| --- | --- |
| (06) 7585 423  (0800) 227 2255 http://www.ccsdisabilityaction.org.nz | Friday  New Plymouth Office open 8.30am to 4.00pm Monday to Thursday (Closed for lunch 12-12.30) On Fridays hours are 8.30am to 2.00pm.  All services free of charge.  No referral required. |

**Child and Adolescent Community Centre (THL)**

FSD0005027 Last updated 23/11/2020

We aim to provide a fully comprehensive service to enable the children and adolescents of

Taranaki to reach their optimum level of physical, mental, emotional and social development.

Taranaki Base Hospital 27A David Street Westown New Plymouth 4310



(06) 753 7790  8.00am - 5.00pm, Monday to Friday http://www.tdhb.org.nz All services free of charge.

Referral may apply.

**Choices NZ - Taranaki**

FSD0024081 Last updated 21/10/2020

At Choices NZ, we are dedicated to ensuring people with disabilities and health needs enjoy fulfilling and independent lives.

Choices NZ is all about choosing the assistance you want and the flexibility to control and change that assistance when you want to.

We can assist you to:

* Achieve greater independence
* Develop your social networks to connect with individuals and groups with common interests
* Access community services
* Live independently and help choose the best living situation for you
* Gain employment
* Experience new challenges or pursue new interests

Our Life Coaches and Facilitators are experienced and qualified, and our specialist clinical staff provide expert advice – evaluating and supporting staff to deliver comprehensive and carefullydesigned services.

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| --- | --- |
| Jaana.Miller@choicesnz.org.nz  (022) 010 5404 (0800) 723 154 http://www.choicesnz.org.nz/ | Weekdays 8:30am - 5pm  All services free of charge.  Referral may apply. |

**Citizens Advice Bureau - Central Taranaki**

FSD0006904 Last updated 08/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

270 Broadway Stratford



centraltaranaki@cab.org.nz  Mondays: closed.

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| (06) 765 5250 http://www.cab.org.nz | Tuesday to Friday 10am - 1pm All services free of charge.  No referral required. |

**Citizens Advice Bureau - Hawera**

FSD0006892 Last updated 08/04/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

22 Union Street Hawera



hawera@cab.org.nz  Mon - Fri 9.30am - 12.30pm Note we are only

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| (06) 278 3156 (0800) 367 222 http://www.cab.org.nz | open via phone, email and online chat All services free of charge.  No referral required. |

**Citizens Advice Bureau - New Plymouth**

FSD0006898 Last updated 01/10/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau.

The service can be accessed by phone, email or in person.

Community House 32 Leach Street New Plymouth newplymouth@cab.org.nz  Mon - Fri 9.30am - 3.30pm.



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| (06) 758 9542 (0800) 367 222 http://www.cab.org.nz | Legal Services Mon 7.15pm - 9pm (by appointment only).  JP Services Mon 10am - 12.30pm.  All services free of charge.  No referral required. |

**CoastalCare**

FSD0023051 Last updated 16/11/2020

We provide a facility and structure that hosts modern health and social service delivery for the people of Coastal Taranaki and support people required to go out of the region to receive care.

See Services for a list of the services and organisations hosted.

26 Napier Opunake 4616



info@coastalcare.co.nz  Mon - Fri 8.30am - 5pm

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| (06) 761 8488  (021) 729 471 http://coastalcare.co.nz/ | Sat - 9am - 12 midday Pharmacy only Some charges may apply.  No referral required. |

**Community Connections/Te Hapori Awhina Tangata - Taranaki, New**

**Plymouth**

FSD0024123 Last updated 13/10/2020

We are a community based disability service offering support to disabled people to live in and to connect with their own community. We have a strong commitment to a person-centred approach so people can live the life they choose. We help people to set their own goals and then offer support so that these goals can become reality.

28 Young Street New Plymouth 4310



hannah.watson@ccslt.org.nz  Monday - Friday 9am-5pm

(021) 730187 Some charges may apply.

(021) 730 187 Referral may apply. http://www.ccslt.org.nz

**Educare Training**

FSD0004963 Last updated 15/03/2021

Educare Training provide free training programmes that are perfect for people who are passionate about helping others and are interested in pursuing a career in teaching.

The programmes presents a comprehensive introduction to early childhood education, inclusive practice and teacher aide training and will prepare you for work supporting the learning and development of children in early childhood settings, students in schools and people with impairments within the community.

Gain the New Zealand certificates in: Education Support & Care level 3, Education Support level 4, Early Childhood & Care levels 3 & 4, Study & Career Preparation level 3 & 4 and NCEA levels 1, 2 & 3 all for free.

13 Dawson Street New Plymouth 4310 info@educaretraining.ac.nz  Monday to Thursday 8.30 am to 5.00 pm.



(06) 758 4115 All services free of charge.

(027) 660 8058 No referral required. http://educaretraining.ac.nz

**Family Planning Clinic - New Plymouth**

FSD0007042 Last updated 18/08/2020

Family Planning works to promote a positive view of sexuality and to enable people to make informed choices about their sexual and reproductive health and well-being.

185 Powderham Street New Plymouth 4310



(06) 759 8269  Call us 8am to 6pm Monday to Friday, and 9am

http://www.familyplanning.org.nz to 1pm on Saturdays Some charges may apply. No referral required.

**Family Works Taranaki**

FSD0002175 Last updated 23/07/2020

Family Works is a family-focused social service agency. We support and empower children, teens, families, whnau and communities to thrive and reach their full potential. Our vision is for Aotearoa New Zealand to be the best place in the world to grow up – a place where children, families and whnau truly flourish.

Our services include social work, counselling for children, teens and adults, couples, and families, parenting advice and education, Family Dispute Resolution, and support for people who have experienced family violence. We provide these services throughout Taranaki including New Plymouth, Stratford, Waitara and Hawera.

 69 Corbett Road Bell Block New Plymouth 4310

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| familyworks-taranaki@psc.org.nz  (06) 758 5037 http://www.familyworkscentral.org.nz      **Feats** | Office Monday-Friday 8:30am-5pm Some charges may apply. No referral required. |
| FSD0005104 | Last updated 21/12/2020 |

Feats is committed to helping you find your strengths and skills, with zero fee training programmes. Whether you’re looking for an education alternative, a change in direction or the opportunity to upskill; we’re here to set you up for success.

6 Princes Street Hawera 4610



admin@feats.ac.nz  8.00am 5.00pm Monday - Friday

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| (06) 758 7110 (0800) 505 479 http://www.feats.ac.nz    **Classification : PACIFIC** | All services free of charge. Referral may apply. |

**Hawera Budget Advisory Service**

FSD0004956 Last updated 23/06/2020

To work with individuals and families to build on their financial capability, and future proof themselves by learning skills and goal settings. We also advocate on behalf of clients to help them reduce debt and ensure they are getting their correct entitlements

46 Union Street Hawera



info@hawerabudget.co.nz  9.30am - 2.30pm Mon- Thur plus other times by

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| --- | --- |
| (06) 278 8448  (0800) 333 048    **Classification : BFC** | appointment, including evenings All services free of charge.  No referral required. |

**Hoiho Whakaora Tangata**

FSD0023153 Last updated 25/03/2021

To provide specialist support with Equine Assisted Counselling using EAGALA principles. Located in Taranaki we are proud to be a part of the development of horse assisted counselling and therapy in New Zealand.

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| hoihowhakaoratangata@gmail.com http://horseshelpingpeople.co.nz | Please email to discuss.  Some charges may apply.  No referral required. |

**Life Education Trust - Taranaki**

FSD0005023 Last updated 16/04/2021

Two mobile classrooms and two educators reach every Primary and Intermediate school student in Taranaki with a positive health based message giving knowledge & skills that will keep them free from harmful substances.

137 Wairau Road Kaitake New Plymouth 4310 taranaki@lifeed.org.nz  Please feel free to contact us via email any time.



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| (021) 842 445 (027) 543 3019 http://www.lifeeducation.org.nz/ | All services free of charge. Referral may apply. |

**Mental Health Services - Taranaki District Health Board**

FSD0005112 Last updated 21/01/2021

Taranaki DHB provide a range of specialist MH and Addiction Services throughout the Taranaki

Region. The Taranaki Mental Health and Addiction services consists of four distinct areas: Child &

Adolescent Mental Health, Adult Mental Health, Mental Health Services for the Elderly and Alcohol & Drug. All our staff are appropriately trained, qualified / supervised and professional and all of our services are free.

 Taranaki Base Hospital 23 David Street Westown New Plymouth 4310

(06) 753 7790  Community Staff 8.00am - 4.30pm

(06) 753 6139x 7699 https://www.tdhb.org.nz/services/mental\_ Monday - Friday Crisis Service - 24 hours - 7

health\_services.shtml days

All services free of charge. Referral may apply.

**Migrant Connections Taranaki**

FSD0021625 Last updated 28/09/2020

Migrant Connections Taranaki is a free service aimed at a broad migrant support which includes skilled and non-skilled migrants and their families.

Level 1, Vero Building 10 Devon Street East New Plymouth 4310 mctnz@xtra.co.nz  Monday-Friday (06) 759 0828 9.00am -3.00pm



http://www.migrantconnections.org.nz All services free of charge. Referral may apply.

**Classification : PACIFIC**

**Mininstry of Social Development - Stratford Service Centre**

FSD0007978 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

65-67 Miranda Street Stratford 4332



(0800) 559 009 http://www.workandincome.govt.nz 8:30am-5:00pm Monday, Tuesday, Thursday, Friday.

9:30am-5:00pm Wednesday.

All services free of charge. No referral required.

**Ministry of Education, Learning Support, Taranaki, Whanganui,**

**Manawatu**

FSD0006556 Last updated 09/10/2020

We work with others to ensure children with additional learning needs have the opportunity to learn alongside their peers.

Level 1, Dawson House 37 Dawson Street New Plymouth 4310 enquiries.whanganui@education.govt.nz  Monday to Friday 8am to 5pm



(0800) 333 032 All services free of charge. https://www.education.govt.nz/school/stud Referral may apply. ent-support/special-education/

**Ministry of Social Development - Hawera Community Link**

FSD0007975 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Unit 1 15 Union Street Hawera



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

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| http://www.workandincome.govt.nz | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**Ministry of Social Development - New Plymouth Community Link**

FSD0007977 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Dawson House 160 Devon Street West New Plymouth 4310



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Ministry of Social Development - Waitara Service Centre**

FSD0007982 Last updated 30/07/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

25 Queen Street Waitara



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

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| http://www.workandincome.govt.nz | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**New Plymouth Budget Advisory Service**

FSD0005062 Last updated 25/09/2020

All services offered are free:

1. One on one financial/budget mentoring – Experienced, skilled mentors available in NewPlymouth, Waitara, Bell Block, Oakura & Inglewood.
2. Total Money Management – A type of budgeting assistance where the client assigns all or partof their income to the budgeting service to pay bills/debts on their behalf.
3. Nga Tangata Micro Finance loans – The Trust offers small, safe, fair loans to qualifyingapplicants. No interest or fees are charged on the loans, conditions apply. 4. Money Mates (Managing your money courses) – Financial literacy program

Please do not hesitate to contact us if you would like to hear more.

We help individuals and families develop good money management skills through advocacy support information and advice. Our educational and awareness programmes aim to inform people of was to avoid a financial crisis.

Community House 32 Leach Street New Plymouth



office@npbudget.co.nz  9.00am - 5.00pm Monday to Friday. other times

(06) 758 5996 available by appointment (027) 319 4358 Koha/donation may apply. https://www.facebook.com/newplymouthb No referral required. udgetadvisoryservice/

**Classification : BFC**

**Ngati Ruanui Tahua Limited**

FSD0005031 Last updated 05/02/2021

The vision of Ruanui health centre is to provide professional health services and education which will lead to independent health lifestyles and well being of it's whanau, hapu and iwi members. Oranga Wairua-Spiritual Wellness, Uranga Hinengaro-Mental Wellness, Oranga Tinana-Physical Wellness, Oranga Whanau-Family Wellness.

41 Hunter Street Hawera 4610



admin.rhc@ngatiruanui.org  8.30am-5pm Monday to Friday

(06) 278 1310 Some charges may apply. https://www.facebook.com/ngatiruanuihea Referral may apply. lthcare/

**Northpoint Baptist Church - Youth Group**

FSD0004945 Last updated 19/03/2021

To equip young people with values and life skills that will enable them to make informed decisions throughout their lives. Also to provide an environment that is fun, exciting, challenging and safe.

116 Mangati Road Bell Block New Plymouth



info@northpoint.org.nz  Office manned Tuesday to Friday from 9.00 am

(06) 755 2374 to 3.00 pm. http://www.northpoint.org.nz Some charges may apply.

Referral may apply.

**Open Home Foundation (OHF) - New Plymouth**

FSD0007288 Last updated 27/10/2020

Our Mission is to provide quality child centred family focused Christian social services. The Open Home Foundation is a Christian Child and Family Support Service that works within the provisions of the Children, Young Persons and Their Families Act (1989). We have 14 centres throughout NZ and we provide quality services for children, young people and their family/whanau.

212 Coronation Ave Welbourn New Plymouth



taranaki@ohf.org.nz  8.30am - 5pm Monday to Friday

(06) 758 9971 All services free of charge. http://www.ohf.org.nz/ Referral may apply.

**Oranga Tamariki-Ministry for Children, Hawera**

FSD0006968 Last updated 09/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

- Cnr Argyle and High Street Hawera 4610



contact@ot.govt.nz  +64 9 912 3820 (from outside New Zealand) (0508) 326 459 All services free of charge.

(0508) FAMILY No referral required. https://www.orangatamariki.govt.nz/

**Oranga Tamariki-Ministry for Children, New Plymouth**

FSD0006967 Last updated 13/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

Dawson House 160 Devon Street West New Plymouth 4310



contact@ot.govt.nz  If you're overseas:

(0508) 326 459 Call +64 9 912 3820

(0508) FAMILY All services free of charge. https://www.orangatamariki.govt.nz/ No referral required.

**ParaFed Taranaki**

FSD0019707 Last updated 22/09/2020

To provide opportunities and encourage all people with physical disabilities to participate in life to the full in the areas of sport and recreation.

Yarrow Stadium - Maratahu Street New Plymouth



info@parafedtaranaki.co.nz  Monday - Friday 9am - 5pm (027) 602 9500 All services free of charge.

(027) 632 2911 No referral required. http://www.parafedtaranaki.co.nz/

**Plunket Taranaki**

FSD0005850 Last updated 28/07/2020

We are New Zealand's largest provider of support services for the development, health and wellbeing of children under 5. Plunket works together with families and communities, to ensure the best start for every child. Whnau whina - caring for families.

If you have any questions on any of the things above, we warmly welcome you to get in touch with us on 06 769 5453 ext 1!

214 Devon Street West New Plymouth 4310



taranaki.admin@plunket.org.nz  Taranaki Area Office: 9:00am-3:00pm Monday to

(06) 769 5453 Friday.

(0800) 933 922 http://www.plunket.org.nz All other clinics are open by appointment.

All services free of charge. No referral required.

**Plunket Taranaki - Area Office**

FSD0007438 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than ninety percent of New Zealand families choose to use Plunket to help them care for their young children.

Taranaki Plunket Hub 214 Devon Street West New Plymouth taranaki.admin@plunket.org.nz  8.30am - 3.30pm Monday to Friday.



(06) 769 5453 All services free of charge.

(0800) 933 922 No referral required. http://www.plunket.org.nz

**Plunket Taranaki - Bell Block Clinic**

FSD0016818 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

130 Parklands Avenue Bell Block 4312



taranaki.admin@plunket.org.nz  By appointment only (06) 769 5453 ex 1 All services free of charge.

(0800) 933 922 No referral required. http://www.plunket.org.nz

**Plunket Taranaki - Eltham Clinic**

FSD0016897 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

213 High Street Eltham 4310 taranaki.admin@plunket.org.nz  Please call for an appointment.



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| (06) 769 5453 ex 1 (0800) 933 922 http://www.plunket.org.nz | All services free of charge. No referral required. |

**Plunket Taranaki - Hawera Clinic**

FSD0016907 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

14 Wellington Street Hawera 4610



taranaki.admin@plunket.org.nz  By appointment only

|  |  |
| --- | --- |
| (06) 769 5453 ext 1 (0800) 933 922 http://www.plunket.org.nz | All services free of charge. No referral required. |

**Plunket Taranaki - Inglewood Clinic**

FSD0016772 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

 21 Rata Street Inglewood 4330

taranaki.admin@plunket.org.nz 

(06) 769 5453 ext 1 (0800) 933 922 http://www.plunket.org.nz Please phone for an appointment.

All services free of charge. No referral required.

**Plunket Taranaki - Kaponga Clinic**

FSD0016898 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

56 Victoria Street Kaponga 4679



taranaki.admin@plunket.org.nz  Please call for appointment

|  |  |
| --- | --- |
| (06) 769 5453 ext 1 (0800) 933 922 http://www.plunket.org.nz | All services free of charge. No referral required. |

**Plunket Taranaki - Manaia Clinic**

FSD0016902 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

30 South Road Manaia 4612



taranaki.admin@plunket.org.nz  By appointment only

|  |  |
| --- | --- |
| (06) 769 5453 ex 1 (0800) 933 922 http://www.plunket.org.nz | All services free of charge. No referral required. |

**Plunket Taranaki - New Plymouth Clinic**

FSD0016817 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

Level 1 214 Devon Street West New Plymouth 4310 taranaki.admin@plunket.org.nz  By appointment only (06) 769 5453 All services free of charge.



(0800) 933 922 No referral required. http://www.plunket.org.nz

**Plunket Taranaki - Okato Clinic**

FSD0023994 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

RNZ Plunket Trust, c/o St Pauls Hall 80 Carthew Street Okato



taranaki.admin@plunket.org.nz  by appointment only (06) 769 5453 All services free of charge.

(0800) 933 922 No referral required. http://www.plunket.org.nz

**Plunket Taranaki - Stratford Clinic**

FSD0002200 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

14 Seyton Street Stratford taranaki.admin@plunket.org.nz 



(06) 769 5453 (0800) 933 922 http://www.plunket.org.nz By appointment only

All services free of charge. No referral required.

**Plunket Taranaki - Urenui Clinic**

FSD0016822 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

Urenui Health Centre 13 Takiroa Street Urenui 4349



taranaki.admin@plunket.org.nz  Please phone for an appointment

(06) 769 5453 ext 1 All services free of charge.

(0800) 933 922 No referral required. http://www.plunket.org.nz

**Plunket Taranaki - Waitara Clinic**

FSD0016872 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

43 Queen Street Waitara 4320 taranaki.admin@plunket.org.nz  Please call for an appointment.



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| --- | --- |
| (06) 769 5453 ext 1 (0800) 933 922 http://www.plunket.org.nz | All services free of charge. No referral required. |

**Plunket Taranaki - Waverley Clinic**

FSD0023993 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

RNZ Plunket Trust, c/o Waverley School 5182 Gloag Street Waverley taranaki.admin@plunket.org.nz  By appointment only (06) 769 5453 All services free of charge.



(0800) 933 922 No referral required. http://www.plunket.org.nz

**Public Health Nurse Taranaki**

FSD0008113 Last updated 14/01/2021

Public Health Nurses provide a community health service for children, young people and their families, to help address a wide range of health concerns.

CACC - Tukapa Street Westown New Plymouth 4342



(06) 753 6139nurses  8am - 4.30pm, Monday to Friday.

(06) 753 7790centre All services free of charge. http://tdhb.org.nz Referral may apply.

**Public Health Nurse Taranaki: Patea**

FSD0008117 Last updated 19/04/2021

Public Health Nurses provide a community health service for children, young people and their families, to help address a wide range of health concerns.

Patea Health Centre 1 Lincoln Street Patea



rochelle.jakeman@tdhb.org.nz  Monday to Thursday

(06) 273 8088 At your school or pre-school centre.

http://tdhb.org.nz All services free of charge.

Referral may apply.

**Public Health Nurse Taranaki: Waitara**

FSD0008114 Last updated 16/12/2020

Public Health Nurses provide a community health service for children, young people and their families, to help address a wide range of health concerns.

Waitara Health Centre 26 Grey Street Waitara 4320



gillian.boyce@tdhb.org.nz  8am - 4.30pm, Monday to Friday.

(027) 406 4822 All services free of charge. (027) 229 6322 Referral may apply.

**Public Health Nurses - Taranaki**

FSD0005121 Last updated 12/04/2021

Provides School based health care, before school checks, Immunisation programmes and parenting support.

Child & Adolescent Centre - Tukapa Street New Plymouth



(06) 753 6139  8:30am-5.00pm Monday to Friday. https://www.tdhb.org.nz/services/nursing/ All services free of charge. public\_health\_nursing.shtml Referral may apply.

**Public Health Nurses Taranaki: Hawera**

FSD0008118 Last updated 30/04/2021

Public Health Nurses provide a community health service for children, young people and their families, to help address a wide range of health concerns.

37 Hunter Street Hawera 4610



(06) 278 9939  Monday to Friday may vary

|  |  |
| --- | --- |
| (06) 278 7109 http://tdhb.org.nz | At your school or pre-school centre You can leave a message at call All services free of charge.  Referral may apply. |

**Public Health Nurses Taranaki: Opunake**

FSD0008116 Last updated 16/11/2020

Public Health Nurses provide a community health service for children, young people and their families, to help address a wide range of health concerns.

CoastalCare 26 Napier Street Opunake 4616



info@coastalcare.co.nz  Monday to Friday

|  |  |
| --- | --- |
| (06) 761 8488 http://tdhb.org.nz | At your school or pre-school centre All services free of charge.  Referral may apply. |

**Public Health Nurses Taranaki: Stratford**

FSD0008115 Last updated 30/06/2020

Public Health Nurses provide a community health service for children, young people and their families, to help address a wide range of health concerns.

Stratford Health Centre 8 Romeo Street Stratford 4332



(06) 753 6139  Monday to Friday

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| --- | --- |
| (06) 765 7189 http://tdhb.org.nz      **Real Taranaki** | Ask at your school or pre-school centre or via our website referral form All services free of charge. Referral may apply. |
| FSD0020803 | Last updated 27/10/2020 |

Real Taranaki operates a short stay respite service in New Plymouth for young people experiencing difficult times in their lives. It is available on an as-needed basis for 16-20 year olds. Real has services available in several New Zealand regions and is steadily expanding around the country.

220 Devon Street West New Plymouth 4340



new.plymouth@real.org.nz  As needed

|  |  |
| --- | --- |
| (06) 753 2080 http://www.real.org.nz | All services free of charge. Referral may apply. |

**Resolve Counselling**

FSD0023544 Last updated 29/03/2021

To deliver a quality, evidence-based counselling service to families that will address the mental health needs of their children and adolescents, and support the parents with the parenting issues they face.

1004 Plymouth Road Koru 4374 support@resolvecounselling.nz  By appointment. Thursday afternoons & Fridays.



|  |  |
| --- | --- |
| (021) 147 3674 http://www.resolvecounselling.nz      **S.T.A.R.T Taranaki** | Other times can be arranged.  Some charges may apply. No referral required. |
| FSD0019162 | Last updated 29/03/2021 |

We provide an extremely effective intervention for recidivist youth offenders. It is our unique three phase design and focus on building meaningful relationships between young people and positive role models which allows its young people to feel safe to share pieces of themselves without fear of ridicule.

START Taranaki has a holistic approach which looks at each client's skills and strengths then builds individualized plans with young people to make change that is meaningful and sustainable to them. The desired outcome is to equip the young people with the tools to function as an adult in society and contribute towards safer communities through this initiative to reduce crime.

START Taranaki is based in Kaponga on the southern slopes of Mount Taranaki. It is governed by a Board of Trustees.

3 Alamein Street Kaponga 4679



neville@starttaranaki.co.nz  Office hours: 8.30 - 4.00 Monday to Friday

|  |  |
| --- | --- |
| (06) 764 6225  http://www.starttaranaki.co.nz | Some charges may apply. Referral may apply. |

**Seasons for Growth - New Plymouth**

FSD0006645 Last updated 02/11/2020

Seasons for Growth, New Plymouth provides a peer support programme for children and young people affected by grief around the loss of someone close to them.

BAF Office 566 Mangorei Rd New Plymouth RD 1



newplymouth@seasonsfg.org.nz  Daytime 9-5pm, calls may be taken by answer

(027) 703 3769 phone. https://www.wtanglican.nz/page/seasons- Some charges may apply. for-growth/ No referral required.

**South Taranaki Whanau Centre**

FSD0005173 Last updated 01/02/2021

The centre provides Free empowerment courses like: Surviving Parenting, Self Esteem courses for Women and Teens(10-17) these courses are approved by the Ministry of Social Development.

These courses are designed around the awareness of Family Violence.

Other free courses we offer are: Free Grandparents raising Whanau; Free Positive Relationship; Free Raising Complex Kids (ADHD children); We provide support, advocacy to our clients and information to all Whanau.

56 Disraeli Street Hawera 4610



stwc@xtra.co.nz  Mondays 9am -2.30pm

|  |  |
| --- | --- |
| (06) 278 3260 (027) 239 9831 http://stwchawera.webs.com    **Classification : FVSS** | Tuesdays - Thursdays 9am - 4.30pm All services free of charge.  No referral required. |

**SPELD NZ Inc - Taranaki Local Liaison Group**

FSD0007476 Last updated 01/09/2020

SPELD NZ Inc offers one-on-one diagnostic assessment and specialised tuition for people with specific learning disabilities, including dyslexia. It also offers information, support, advice and training.

central@speld.org.nz  Office administration open Monday to Friday,

(0800) 773 536 9.00am - 3.00pm. http://www.speld.org.nz Some charges may apply.

No referral required.

**Supporting Families Taranaki**

FSD0022145 Last updated 14/07/2020

A free support service for families and whanau supporting someone affected by mental illness. Our services are FREE; MOBILE; INDEPENDENT;CONFIDENTIAL. We are here to provide information about mental illness, and help family and whanau safely navigate their way through mental health services to get the help they need.

128 Devon Street East New Plymouth 4310



stephanie.mapley@sfnz.org.nz  9am - 5pm Monday to Friday

(06) 757 9300 All services free of charge. http://www.supportingfamilies.org.nz/ No referral required.

**Sustainable Taranaki**

FSD0021601 Last updated 14/12/2020

Sustainable Taranaki was established in 1992 and has a rich history of implementing programmes in youth development, sustainability, conservation & community development.

Our vision: Sustainable Taranaki Communities.

Our purpose: To provide environmental education that equips Taranaki communities to be resilient and healthy.

110 Devon Street West New Plymouth 4310 info@sustainabletaranaki.org.nz  Contactable anytime via email.



http://www.sustainabletaranaki.org.nz All services free of charge. Referral may apply.

**Taranaki Community Law Trust**

FSD0005152 Last updated 20/08/2020

Provides free legal services, legal advice, legal assistance, legal information, legal representation, law related education.

Level 1 Vero House 10-12 Devon Street East New Plymouth 4310



tcls@xtra.co.nz  8.30am - 4pm Monday, Tuesday, Wednesday

|  |  |
| --- | --- |
| (0800) 529 878 (06) 759 1492 http://www.communitylaw.org.nz | and Thursday  Closed daily between 12.00 - 1.00pm  8.30am - 12pm Friday All services free of charge.  No referral required. |

**Taranaki Plunket - Opunake Clinic**

FSD0016814 Last updated 28/07/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than 90 percent of New Zealand families choose to use Plunket to help them care for their young children.

CoastalCare Health and Community Centre 26 Napier Street Opunake taranaki.admin@plunket.org.nz  Please call to make an appointment.



(06) 769 5453 ext 1 All services free of charge.

(0800) 933 922 No referral required. http://www.plunket.org.nz

**Taranaki Women's Refuge**

FSD0007665 Last updated 15/04/2021

Women's Refuges work to raise public awareness of violence against women and children, promoting the prevention and elimination of violence, and the rights of women and children to care and protection. For support, please ring our free Taranaki Crisis Line: 0800 827 973. In an emergency, please ring 111 and ask for the Police.

We also offer a voluntary service (ASPIRE) for men who wish to make change and live a life free from Domestic Violence. A male social worker will work one-on-one with male clients.

NB: Face-to-face (kanohi ki te kanohi) service is provided from Mokau in the north and south to Patea and along the coast.

Level 2, Kings Building 36 Devon Street West Central New Plymouth 4340 admin@taranakiwomensrefuge.co.nz  24 hours (Support Crisis phone line).



|  |  |
| --- | --- |
| (06) 769 5553 (0800) 827 973 http://www.womensrefuge.org.nz      **Te Ara Pae Trust** | Community Office: Mon-Friday 9am-3pm Some charges may apply. Referral may apply. |
| FSD0006017 | Last updated 14/02/2021 |

Te Ara Pae provides counselling, social work and advocacy services, and an anger change programme to South Taranaki families and whnau.

276 High Street Hawera 4610



info@tearapae.org.nz  Te Ara Pae is open Monday to Thursday - from

|  |  |
| --- | --- |
| (06) 278 6399    **Classification : FVSS, SHSS**    **Te Khui Maru Trust** | 9am to 3pm.  All services free of charge. Referral may apply. |
| FSD0024522 | Last updated 09/04/2021 |

Te Khui Maru Trust is committed to supporting positive outcomes for iwi relating to education, employment and the environment.

52 Molesworth Street New Plymouth 4310



admin@ngatimaru.co.nz  Monday - Friday: 830am - 5.00pm http://maru.nz All services free of charge.

Referral may apply.

**Tenancy Services - New Plymouth**

FSD0006227 Last updated 18/03/2021

We offer advice and information for landlords and tenants who rent their homes. We administer the Residential Tenancies Act 1986. We receive and hold bonds until the end of a tenancy, we provide dispute resolution services, and we administer the State Housing Appeals Authority.

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| --- | --- |
| info@tenancy.govt.nz (0800) 836 262 (0800) TENANCY  https://www.tenancy.govt.nz/ | To visit us for personal assistance you MUST make an appointment by calling 0800 836 262 Some charges may apply.  No referral required. |

**The Bishop's Action Foundation**

FSD0017067 Last updated 07/08/2020

The Bishop's Action Foundation aims to contribute to the spiritual, social, cultural, economic, and environmental well-being of the Taranaki region and can best be described as a catalyst for change supporting communities and organisations to develop projects and partnerships that address as yet unmet needs.

566 Mangorei Road RD1 New Plymouth 4371



ceo@bishopsactionfoundation.org.nz  8.30 - 5.00 Monday - Friday

(06) 759 1178 Some charges may apply. http://www.baf.org.nz/ No referral required.

**The Salvation Army - Hawera**

FSD0002194 Last updated 17/04/2021

Worship, community and welfare services of The Salvation Army

19-23 Regent Street Hawera 4640



hawera.corps@salvationarmy.org.nz  By Phone, Food Bank Friday morning

(06) 278 8516 All services free of charge. http://salvationarmy.org.nz/centres/nz/tara No referral required. naki/hawera/

**The Salvation Army - New Plymouth**

FSD0005098 Last updated 19/04/2021

Worship, community and welfare services of The Salvation Army

Cnr Dawson & Powderham Streets 118 Powderham Street New Plymouth 4310 newplymouth\_corps@nzf.salvationarmy.o  10am - 2pm Monday to Friday. rg Some charges may apply.



(06) 758 9338 No referral required.

https://www.salvationarmy.org.nz/centres/ nz/taranaki/new-plymouth/new-plymouthcorps

**Toucan Taranaki 2004 Ltd**

FSD0005117 Last updated 26/11/2020

To provide a homely environment for people with disabilities which recognises residents as individuals.

31 Centennial Drive Moturoa New Plymouth 4310



andrea@toucan.net.nz  Mon - Fri 8a.m. -5p.m.

(06) 757 4364 Some charges may apply. (027) 3559990 Referral may apply.

**Tu Tama Wahine o Taranaki - Tangata Whenua Development and**

**Liberation Service**

FSD0005091 Last updated 01/09/2020

To provide Kaupapa Maori based whanau services, this includes: Whanau Support, family violence services, counselling, social work, education programmes, training and community development projects. Empowering whanau, hapu and iwi is the basis for our work. Our services facilitate opportunities for whanau to gain a better understanding of development and liberation from the effects of oppression and historical trauma in the context of their lives today.

 62 Powderham Street New Plymouth 4310

reception@tutamawahine.org.nz (06) 758 5795 http://www.tutamawahine.org.nz

**Classification : FVSS, THP**

**Tui Ora Ltd**

FSD0005120

9am - 4.30pm Monday to Friday and by arrangement.

Some charges may apply. Referral may apply.

Last updated 18/12/2020

Committed to enhancing health and wellbeing of Taranaki Maori through our provider network. Tui Ora is an integrated care organisation. Integration involves the principles of tikanga, quality, partnership, excellence.

36 Maratahu Street New Plymouth 4310



reception@tuiora.co.nz  8:30am - 5:00pm Monday to Friday.

(0508) 496 884 (Youth Service only) Some charges may apply.

(06) 759 4064 (Main reception) Referral may apply. http://www.tuiora.co.nz

**Classification : YS**

**Ttaki Youth Incorporated Trust**

FSD0021712 Last updated 01/09/2020

We provide youth and social services to children, young people and their families from a multipurpose youth facility located in Stratford, Taranaki.

Services include social work, domestic violence response, health services, advocacy, programmes and anti-bullying support.

The facility hosts office spaces, large recreation area, commercial-sized kitchen and the Lions Den Gym & Fitness Centre.

The organisation is focused on connecting young people with positive opportunities so they may reach their potential.

 88 Juliet Street Stratford 4332

|  |  |
| --- | --- |
| office@tutaki.org.nz (06) 928 4517 http://www.tutaki.org.nz | Monday 1.30pm - 5.00pm  Tuesday 10am - 5.00pm  Wednesday 10am - 5.00pm  Thursday 10am - 5.00pm  Friday 10am - 5.00pm All services free of charge.  No referral required. |

**U-Turn Community Training Services**

FSD0024243 Last updated 29/04/2021

To accept referrals from MSD for participants to achieve sustainable employment. The service offered includes:

Updating of CV particulars - Assist with job applications e.g. interview skills, cover letters etc Counselling to alleviate barriers to employment, and make referrals to agencies for specific life issues.

37 Dawson Street New Plymouth 4310



dani.uturn@gmail.com  5 days per week 8am to 5pm except statutory

(021) 199 6346 holidays

(09) 406 0192 All services free of charge.

Referral may apply.

**Victim Support - Central Taranaki**

FSD0005107 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

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| --- | --- |
| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

**Victim Support - New Plymouth**

FSD0005045 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

|  |  |
| --- | --- |
| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

**Victim Support - South Taranaki**

FSD0005057 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

|  |  |
| --- | --- |
| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

**Whakaahurangi Social Services**

FSD0005122 Last updated 15/09/2020

Primarily a Social Service provider working with Families & Youth in Central Taranaki. We provide information, advocacy, mentoring and a drop-in center to support their needs. We initiates preventive projects in the community in accordance with local needs and priorities and provide services and group activities for the youth and their Families. We strive to develop and maintain support services in the community.

(Through Hall of Remembrance) 289A Broadway Stratford 4332



info@youthworks.org.nz  9.00am - 3.30pm Monday - Friday

(06) 765 0437 All services free of charge. http://www.youthworks.org.nz No referral required.

**Whnau Pakari**

FSD0023622 Last updated 10/08/2020

Is a support service for 4-16 year olds with weight issues and uses a team of health professionals to support the child/teen/whanau.

Its a collaboration between Sport Taranaki + Taranaki District Health Board.

Objectives of Whnau Pakari ?

To educate /empower whanau to take control of their own lives. To enable whanau to make healthy lifestyle changes that will be sustainable once they have moved on from the service.

* It is community based
* It is accessible to all – region-wide.
* It 'demedicalises' weight issues – but medical support/overview remains.
* It targets Maori and Pacific peoples but is open to all.
* It involves the whole whanau to support the child/teen.

Whnau Pakari team

* paediatrician
* Healthy Lifestyles Co-ordinator
* dietitian
* physical activity advisor
* psychologist

CACC, Taranaki District Health Board 118 Tukapa Street Westown New Plymouth 4310 whanaupakari@tdhb.org.nz  Mon - Fri



(027) 910 7253 9am-5pm

(06) 753 7777 extn 8729 All services free of charge. https://www.sporttaranaki.org.nz/health/w No referral required. hanau-pakari/

**Work and Income - Taranaki Regional Office**

FSD0015270 Last updated 07/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

37 Dawson Street New Plymouth 4310 gail.bennett001@msd.govt.nz  All services free of charge.



(0800) 559 009 No referral required.

http://www.workandincome.govt.nz

**YMCA - Taranaki**

FSD0016102 Last updated 12/01/2021

YMCA Taranaki offers a range of services for children (0-14), families and community groups. Services include: Second chance learning (16 - 24), Early Childhood Education (0-5), Children's sport and recreation programmes (0-14), after school and holiday programmes (5 - 14), youth development (12 - 18), youth leadership (12 - 24), fitness centre (14 - 100), Climbing (5 - 100), and specialist Massage (babies to adult). Family events and family wellness programmes run on site.

83 Liardet Street New Plymouth 4030



mail@ymcataranaki.org.nz  8am - 6pm Monday, Tuesday, Wednesday &

|  |  |
| --- | --- |
| (06) 758 3666 http://ymcataranaki.org.nz      **Young Peoples Trust - Taranaki** | Friday.  8am - 7.30pm Thursday.  8am - 4pm Saturday.  9am - 4pm Sunday.  All services free of charge. Referral may apply. |
| FSD0005038 | Last updated 17/01/2021 |

Missions Statement: to offer up to date information, advocacy, referrals, education, counselling and support, for the well being of young people and their families in a safe environment, from a young person's perspective.

98 Liardet Street New Plymouth 4310 inquiries@youngpeoplestrust.org.nz 



(06) 758 7182

(0800) 002 288

8.30am - 4.30pm Monday - Friday Koha/donation may apply. Referral may apply.

https://www.facebook.com/youngpeopletr ust/

# National Helplines

**Alcohol Drug Helpline**

FSD0003840 Last updated 28/08/2020

The Alcohol Drug Helpline offers confidential information, insight and support on any problem, issue or query people may have about their own or someone else's drinking or drug use.

We offer brief interventions which allow someone to anonymously identify their level of use, consider the pros and cons of continuing to use, and the reasons they would like to change. We offer referrals to treatment services. The person making contact is then offered a selection of options in an affirming confidential manner.

We work with concerned others and support families/whanau to stay well when their loved ones are struggling with an alcohol or other drug problem.

info@alcoholdrughelp.org.nz  24 hours/ 7 days/ 365 days a year (0800) 787 797  All services free of charge.

(Free TXT) 8681 No referral required. http://www.alcoholdrughelp.org.nz

**Body Positive Inc.**

FSD0000152 Last updated 04/03/2021

Body Positive Inc. is a group founded by and run for people with HIV/AIDS. We welcome all people living with HIV and AIDS in New Zealand.

Body Positive Inc. breaks down isolation and builds a sense of community while advocating on behalf of HIV+ people on a national level.

Unit 1 3 Poynton Terrace Auckland 1010



office@bodypositive.org.nz  Mon-Fri 10am-5pm (0800) HIV LINE (448 5463)  All services free of charge.

(09) 309 3989 No referral required. http://www.bodypositive.org.nz

**Child Cancer Foundation - National Contact**

FSD0007609 Last updated 11/03/2021

Promoting services of excellence and consistency for children and young people with cancer and their families.

Free phone 0800 4 CHILD (0800 4 24453). We offer family support and coordination services throughout New Zealand

The Family Place 76 Grafton Road Grafton Auckland 1030 akl.familyplace@childcancer.org.nz  8.30am - 5.00pm, Monday to Friday.



(0800) 4 CHILD (0800 424 453)  All services free of charge.

(09) 366 1270 No referral required. http://www.childcancer.org.nz

**Continence New Zealand**

FSD0001723 Last updated 14/10/2020

Continence New Zealand aims and ideals are to work towards the promotion and expansion of continence issues providing information and support for people experiencing continence problems and the professionals working with them.

PO Box 254 Waiuku 2341



info@continence.org.nz  8.30am-5pm (0800) 650 659  All services free of charge. http://www.continence.org.nz No referral required.

**Depression Helpline**

FSD0017387 Last updated 28/08/2020

The Depression Helpline 0800 111 757 and text 1737 - callers can talk through emotional and psychological issues with counsellors and via the national depression initiatives:

* www.depression.org.nz – helping people find a way through depression
* The Lowdown - www.thelowdown.co.nz and text 5626 – support to help young people recogniseand understand depression or anxiety
* The Journal @ depression.org.nz - an online programme to help people learn skills to tackle

depression.

PO Box 105346 Auckland 1010



(0800) 111 757  (Free TXT) 4202 http://www.depression.org.nz

All support is available 24 hours a day, seven days a week, 365 days a year.

All services free of charge. No referral required.

**Elder Abuse Response Service**

FSD0023052 Last updated 30/04/2021

A 24/7 freephone helpline service that connects callers to information and/or support services in relation to elder abuse.

|  |  |
| --- | --- |
| support@elderabuse.nz  (0800) 32 668 65(EA NOT OK)    **Classification : EARS, FVSS**    **Ezispeak** | Freephone service available 24/7.  Text 5032 or email support@elderabuse.nz All services free of charge. No referral required. |
| FSD0024013 | Last updated 31/08/2020 |

Ezispeak is a telephone based interpreting service which offers clients of the participating agencies free interpreting in over 180 different languages.

Level 16 157 Lambton Quay Te Aro Wellington 6011



(0800) 453 771   Call us Monday to Friday: 8.00am to 6.00pm http://www.ezispeak.nz/ All services free of charge.

No referral required.

**Family Court**

FSD0022756 Last updated 14/10/2020

The Family Court deals with lots of issues, from making orders for children not yet born right through to older people who are in need of care and protection. Providing families with help doesn't always involve actually going to court. There are many advice and support services that the Court will provide or recommend to you first, depending on the nature of your problem.

(0800) 224 733   Call between 8:30am and 5:00pm Monday to (0800) AGREE Friday. Otherwise, go to the website to find your http://justice.govt.nz/family/contact-us/ local district court.

Some charges may apply. No referral required.

**Family Violence Information Line**

FSD0015122 Last updated 16/04/2021

A Family Violence Information Line that provides information about services that can help you if you are experiencing or witnessing violence, or want to change your own behaviour. The line provides self-help information and connects people to services where appropriate. It is available seven days a week, from 9am to 11pm, with an after-hours message redirecting callers in the case of an emergency.

|  |  |
| --- | --- |
| areyouok@msd.govt.nz (0800) 456 450 http://www.areyouok.org.nz    **Classification : FVSS**    **Gambling Helpline** | Available seven days a week, from 9am to 11pm, with an after-hours message redirecting callers in the case of an emergency.  All services free of charge. No referral required. |
| FSD0003595 | Last updated 31/08/2020 |

Worried about your gambling? Or somone else's? Call 0800 654 655 or text 8006 for support or information 24 x 7. Calls and texts are free.

info@gamblinghelpline.co.nz  Available 24/7 (0800) 654 655  All services free of charge.

(Free TXT) 8006 No referral required. http://www.gamblinghelpline.co.nz

**Classification : PACIFIC**

**Healthline**

FSD0000029 Last updated 28/08/2020

Healthline is a free telephone health information service 24 hours/ 7 days a week. Phone 0800 611 116 to talk to a registered nurse for health advice. Calls are free – including from a mobile phone. Interpreters available.

|  |  |
| --- | --- |
| (0800) 611 116 http://www.healthline.govt.nz      **Hey Bro Helpline** | 24 hours a day, seven days a week.  All services free of charge. No referral required. |
| FSD0023413 | Last updated 18/01/2021 |

Providing 24/7 helpline support for men who feel they’re going to harm a loved one or whanau member

161 Pages Road Aranui Christchurch



(0800) 439 276   All services free of charge. https://www.hewakatapu.org.nz/services/0 No referral required. 800-hey-bro

**Immigration New Zealand**

FSD0006147 Last updated 29/01/2021

Immigration New Zealand (INZ) is part of the Ministry of Business, Innovation and Employment.

Immigration New Zealand aims to bring the best people to New Zealand to enhance New Zealand’s social and economic outcomes. We directly support labour market growth by attracting the best people to New Zealand and supporting them into the workforce so they become long-term contributors. We also contribute to key export industries.

The role of Immigration New Zealand includes:

deciding visa applications attracting migrant skills and labour matching migrant skills with employer needs managing border security with regard to the movement of people supporting migrant settlement and retention implementing the Government’s refugee quota programme enforcing compliance with immigration law and policy.

2 Amersham Way Manukau Auckland 2104



(0508) 558 855   To phone from outside of New Zealand +64 9 http://www.immigration.govt.nz 914 4100

You can also send us an online query from the website.

Some charges may apply. No referral required.

**Kidsline**

FSD0003474 Last updated 22/12/2020

Kidsline is a free, nationwide telephone counselling serivce for children up to 18. Our service is free and confidential. Contacting Kidsline is easy. We are available 24/7 - call us on 0800 kidsline.

If you would like to speak with one of our Buddies call the same number between 4pm-9pm weekdays from your home phone or mobile phone.

Remember: It helps to talk.

95 Great South Road Greenlane Auckland City



(0800) 543 754   We are a 24/7 service. Callers can talk to a http://www.kidsline.org.nz trained Kidsline Buddy between 4 - 9pm weekdays.

All services free of charge. Referral may apply.

**LifeLine New Zealand**

FSD0003381 Last updated 12/01/2021

LifeLine is here to listen to the unheard, to empower the caller to retake control of their situation, making callers aware of options rather than offering advice.

(0800) 543 354   24 hours a day, seven days a week.

(Free TXT) 4357 All services free of charge. http://www.lifeline.org.nz No referral required.

**MoneyTalks**

FSD0023449 Last updated 18/01/2021

MoneyTalks is a helpline to provide free financial and budgeting advice to individuals, family and whnau

Level 6 330 Lambton Quay Wellington 6146



help@moneytalks.co.nz  Monday to Friday 8am to 8pm (0800) 345 123  Saturday 9am to 4pm

http://www.moneytalks.co.nz Sunday 10am to 2pm

All services free of charge. No referral required.

**National Collective Of Independent Women's Refuges**

FSD0005514 Last updated 26/01/2021

For support, please ring our Crisis Line: 0800 REFUGE (0800 733 843). In an emergency, please ring 111. Women's Refuges work to raise public awareness of violence against women and children, promoting the prevention and elimination of violence, and the rights of women and children to care and protection.

 Ground Floor 275 Cuba Street Wellington 6141

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| info@refuge.org.nz  (0800) 733 843 (04) 802 5078 http://www.womensrefuge.org.nz    **Classification : FVSS** | 9.00 am - 5.00pm Monday - Friday (09) 8025078  National Office  24/7 Crisis line 0800 733 843 All services free of charge.  No referral required. |

**Nationwide Health & Disability Advocacy Service**

FSD0001042 Last updated 01/02/2021

Free support or guidance with resolving your concerns about a Health or Disability Service.

advocacy@advocacy.org.nz  Monday to Friday or 24 hours via website (0800) 555 050  www.advocacy.org.nz for complaint form or https://www.advocacy.org.nz/ LiveChat messages

All services free of charge. No referral required.

**Oranga Tamariki-Ministry for Children**

FSD0004110 Last updated 10/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

The Aurora Centre 56 The Terrace Wellington



contact@ot.govt.nz  24/7

(0508) FAMILY  After hours: from 5pm – 8 am Monday to Friday, (0508) 326 459 weekends and public holidays, social workers https://www.orangatamariki.govt.nz/ will only assess emergency situations. But we encourage you to call if you're unsure.

All services free of charge. No referral required.

**OUTLine New Zealand Incorporated**

FSD0003347 Last updated 19/10/2020

OUTLine is a national service that helps LGBTIQ+ New Zealanders (and their friends and whnau) to access support, information and a sense of community. We currently provide a free peer support phone line, a transgender peer support service for trans and non-binary people in Auckland, and specialist face-to-face and video counselling exploring gender and sexuality for LGBTIQ+ people across Aotearoa.

OUTLineNZ (Nationwide), Level 2 31 Hargreaves Street Auckland 1011



info@outline.org.nz  Every Day: 6 pm - 9 pm (messages can be left

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| (0800) 688 5463 / OUTLINE  (09) 281 3409 http://www.outline.org.nz/      **Parent Help Inc.** | outside of these hours) Some charges may apply. Referral may apply. |
| FSD0003082 | Last updated 16/06/2020 |

Supporting parents and families to raise their children in a positive environment in order to prevent child abuse.

We help parents build resilient and positive families/whnau through our free parenting Helpline 0800 568 856, affordable parenting courses and counselling.

Level 4 175 Victoria Street Wellington 6011



info@parenthelp.org.nz  Helpline 0800 568 856 - 9am-9pm, 7 days a

(0800) 568 856  week.

(04) 802 5767

http://www.parenthelp.org.nz For office and counselling service Monday to

Friday, 9am - 5pm

Some charges may apply. No referral required.

**PlunketLine**

FSD0002324 Last updated 19/03/2021

A toll free telephone support service staffed by specially trained Plunket Nurses is available to respond to caregivers' concerns on child health and parenting (0-5 years).

(0800) 933 922   24 hours a day, 7 days a week http://www.plunket.org.nz All services free of charge.

No referral required.

**Problem Gambling Foundation of New Zealand**

FSD0000673 Last updated 01/04/2021

The Problem Gambling Foundation's mission is building healthy communities together, free from gambling harm.

128 Khyber Pass Road Grafton Auckland



help@pgfnz.org.nz  8.30am to 5.00pm phone contact (0800) 664 262  All services free of charge.

(09) 368 1520 No referral required. http://www.pgf.nz

**Rural Support Trust**

FSD0023593 Last updated 13/08/2020

Rural People Helping Rural People

Are times a bit tough? How about talking to someone who really understands the pressures of rural life?

We are local rural people that know from experience that severe weather, finances, relationships, and work pressures can all mount up.

Contact us any time. Call 0800 RURAL HELP - for a confidential chat about you, your business, the weather, your finances; or a neighbour, partner, friend, family member, or worker.

Our support is FREE and private. And if you need more than a chat, we can point you in the right direction.

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| (0800) 787 254 http://rural-support.org.nz      **Safe to talk helpline** | call us anytime.  All services free of charge. No referral required. |
| FSD0023298 | Last updated 20/04/2021 |

A 24/7 freephone helpline service that connects callers to information and/or support services in relation to sexual harm.

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| support@safetotalk.nz  (0800) 044 334 (Free TXT) 4344 http://www.safetotalk.nz    **Classification : SHSS**    **Samaritans** | 24 hours/7 days a week online chats  All services free of charge. No referral required. |
| FSD0004140 | Last updated 07/01/2021 |

A voluntary 24/7 telephone service providing a listening ear to those who need someone to talk to. We offer sympathetic, caring and confidential support to callers who may be experiencing a wide range of mental health issues, including such things as anxiety, loneliness, relationship difficulties, financial problems or suicidal thoughts.

Basement of St Paul's Cathedral 45 Molesworth Street Thorndon Wellington marketing-wellington@samaritans.org.nz  24/7 365 days of the year.



(0800) 726 666  All services free of charge.

(04) 473 9739 No referral required. http://www.samaritans.org.nz

**Seniorline**

FSD0003889 Last updated 05/01/2021

Seniorline is contracted by all NZ DHBs as a telephone information service to assist older people to navigate the health system. Information includes how to get help to stay at home and support services for caregivers. Seniorline also advise on the process for entry to rest home, dementia or hospital care, funding and the services that should be provided.

Ground Floor Building 17 Greenlane Clinical Centre Greenlane Auckland



seniorline@adhb.govt.nz  8.00am - 4.00pm Monday to Friday (0800) 725 463  All services free of charge.

(09) 375 4395 No referral required. http://www.seniorline.org.nz

**Settling into New Zealand - 0508 558 855**

FSD0021008 Last updated 15/02/2021

Are you a new migrant? Do you need help to live, work or settle successfully in New Zealand? Ring the Immigration New Zealand’s contact centre on 0508 558 855 and press ‘2’ or email newmigrantinfo@mbie.govt.nz.

newmigrantinfo@mbie.govt.nz  From overseas or mobile: +64 9 914 4100 (0508) 558 855  All services free of charge. http://www.newzealandnow.govt.nz/ No referral required.

**Shakti Asian Women's Centre**

FSD0007645 Last updated 27/01/2021

This organisation provides a 24-hour national crisis call service (0800 SHAKTI) for ethnic women in domestic violence, drop in centres for women, outreach, case work, advocacy, counselling, legal referral, interpreting, life skills programmes, domestic violence intervention and awareness training for communities and lobbying for legislation change.

3 Cardwell Street Onehunga Auckland



scc@shakti.org.nzDrop In Centre 9am to 4pm

(0800) 742 584 SHAKTI (24 hr crisis) All services free of charge. http://shaktiinternational.org/ No referral required.

**Shine (Safer Homes In New Zealand Everyday)**

FSD0003515 Last updated 18/09/2020

Shine (Safer Homes In New Zealand Everyday) is making homes violence free. Shine offers a free national Helpline, frontline services for adult and child victims of domestic abuse and for men who've used violence, as well as training programmes, the DVFREE workplace programme, and Shine in School programme.

Ground Floor 409 New North Road Kingsland Auckland 1021



enquiries@2shine.org.nz  Helpline (0508 744 633) is answered 9am -

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| (0508) 744 633 (09) 815 4601 http://www.2shine.org.nz | 11pm, 7 days a week . Our office hours are  8.30am - 5.00pm weekdays. Some charges may apply.  Referral may apply. |

**SIDS and Kids New Zealand Incorporated**

FSD0015107 Last updated 30/06/2020

Established to provide services for families and communities who have been affected by SIDS (Cot Death), SIDS New Zealand Incorporated is a national organisation of parents, families and friends of children who have died suddenly and/or unexpectedly of any cause including SIDS.

info@sids.org.nz  24 Hours

(0800) 164 455  All services free of charge. http://www.sidsandkids.org.nz No referral required.

**Skylight Trust**

FSD0003787 Last updated 30/04/2021

Skylight supports children, young people, adults, and families/whnau who are facing any kind of tough life situation. We specialise in providing counselling support services and information around grief, loss and trauma. We aim to provide the right help, at the right time, in the right way.

 Level 3 5-7 Vivian Street Te Aro Wellington 6011

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| info@skylight.org.nz  (0800) 299 100 (04) 939 6767 http://www.skylight.org.nz      **Student Rights Service** | Monday - Friday 8.30am - 5pm. Messages can be left on the answerphone.  Some charges may apply. No referral required. |
| FSD0002323 | Last updated 27/07/2020 |

We provide parents and caregivers with knowledge about their own and their children's legal rights and obligations within the state and integrated school system.

PO Box 24005 Wellington 6142



info@wclc.org.nz  Available Monday to Friday with caller asked to

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| (0800) 499 488 (04) 499 2928 http://www.studentrights.nz | leave a message and they will be contacted.  All services free of charge.  No referral required. |

**Suicide Crisis Helpline, 0508 TAUTOKO**

FSD0021157 Last updated 14/09/2020

0508 TAUTOKO is Lifeline Aotearoa's suicide crisis helpline. Operated by highly trained and experienced telephone counsellors who have undergone advanced suicide prevention training, 0508 TAUTOKO is a free, nationwide service available 12 noon until 12 midnight, 7 days a week for those in distress, or for those who may be concerned about the wellbeing of family, whanau or friends.

info@lifeline.org.nz  Free, nationwide service available 24 hours, 7

(0508) 82 88 65  days a week

(0508) TAUTOKO All services free of charge. https://www.lifeline.org.nz/services/suicide No referral required. -crisis-helpline

**Utilities Disputes Ltd**

FSD0023339 Last updated 22/01/2021

Utilities Disputes offers a free service for resolving complaints about electricity, gas, and water, and disputes about access to shared property for fibre installations.

Freepost 192682 PO Box 5785 Wellington 6140



info@utilitiesdisputes.co.nz  8.30 am - 5.00 pm Weekdays or leave a

(0800) 22 33 40  voicemail

http://www.utilitiesdisputes.co.nz/ All services free of charge. No referral required.

**Victim Support**

FSD0002001 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

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| nationaloffice@victimsupport.org.nz  (0800) 842 846 (04) 474 8862 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

**Victims of Crime Information Line**

FSD0015207 Last updated 26/01/2021

A national free phone line that provides information for people affected by crime about their rights and what support services are available.

19 Aitken Street Wellington



victimscentre@justice.govt.nz  Call 24/7

(0800) 650 654 

(0800) 842 846 Victims Information Line - 0800 650 654

http://www.victimsinfo.govt.nz Victim support 0800 VICTIM (842 846)

All services free of charge. No referral required.

**Warmlines (select to access regional helpline numbers)**

FSD0023002 Last updated 03/07/2020

National helpline supporting people accessing Mental Health Services that is delivered under regional coverage by three organisations.

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| (0800) Regional numbers https://www.mentalhealth.org.nz/gethelp/in-crisis/helplines/      **What's Up (0800 WHAT'S UP)** | South Island 03 379 8415/0800 899 276 (1pm to midnight, 7 nights)  Wellington 0800 200 207 (7pm–1am, Tuesday to  Sunday)  Auckland Central 0508 927 654 or 0508 WARMLINE (8pm to midnight, 7 nights) All services free of charge. No referral required. |
| FSD0015942 | Last updated 09/07/2020 |

What's Up is a free, national telephone counselling service for New Zealanders aged 5 to 18 years. The service operates seven days a week and is open Monday to Friday 12.00pm-11.00pm Saturday and Sunday 3pm -11pm. Online chat is open 3pm-10pm every day. Paid, fully trained and closely supervised professional counsellors answer the telephones.

Barnardos WhatsUp PO Box 24153 Royal OAk Auckland 1345



info@whatsup.co.nz  The helpline is available between 12pm and

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| (0800) 942 87 87 (0800) WHATSUP  http://www.whatsup.co.nz      **Youthline** | 11pm Mon - Fri, 3pm - 11pm Sat - Sun open everyday of the year. Online chat 3.00pm -  10.00pm  WhatsUp is unable to offer counselling by email.  All services free of charge. No referral required. |
| FSD0006531 | Last updated 18/02/2021 |

Youthline offers access to a wide range of youth development and support services.

Youthline is at the forefront in developing and providing youth and family services and we offer and can link young people to a comprehensive range of clinical services.

Youthline House 13 Maidstone Street Ponsonby Auckland 1021



supportcentre@youthline.co.nz  Office open Monday to Friday 9am-5pm. Youth

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| (0800) 37 66 33 (09) 376 6645 http://www.youthline.co.nz | Help Line 24 hours a day, 7 days a week.  Free TXT 234  Some charges may apply.  No referral required. |